

Résultats 10 km d'Avranches (50)

Dimanche 29 mars 2026

Résultats téléchargés sur www.normandiecoursdepied.com

Résultats 10 km				
1	31'04" (31'03")	DECLOSMESNIL AURELIEN	Ac Avranches	SEM/99
2	31'25" (31'23")	CAILLERE OLIVIER	S/I Ca Nord Ouest Mayennais	M2M/78
3	31'42" (31'41")	BIOT MICKAEL	Saint Malo Sports Loisirs	M0M/87
4	31'50" (31'48")	DESQUIREZ LUCAS	S/I Stade Nantais Ac	SEM/97
5	31'58" (31'56")	LORANDEL ANDY	S/I Al Saint Marc Le Blanc	ESM/06
6	32'02" (32'00")	BOITTIN ADRIEN	Aco Sourdeval	SEM/98
7	32'33" (32'32")	JOUENNE LUCIEN	Ac Avranches	SEM/99
8	32'33" (32'32")	JULIEN ETIENNE	Saint Malo Sports Loisirs	M1M/82
9	32'40" (32'38")	BEAUCE LEO	S/I Al Saint Marc Le Blanc	SEM/94
10	32'40" (32'40")	PIERRE AMAURY		SEM/93
11	32'43" (32'43")	TEXIER FABIEN	Saint Malo Sports Loisirs	M2M/80
12	32'48" (32'47")	BONNARD GUILLAUME	Renault Avranches	M0M/88
13	33'07" (33'06")	GABORIT DAMIEN		M0M/91
14	33'07" (33'04")	STEVENINI RAPHAEL		SEM/97
15	33'25" (33'22")	COUANON JACKY	S/I La Vigilante De Fougères	M1M/86
16	33'31" (33'31")	DUCLOUET ANTHONY	Saint Malo Sports Loisirs	M0M/88
17	33'36" (33'33")	BION CLEMENT	S/I Asptt Rennes	SEM/00
18	33'40" (33'38")	BOUTELOUP PAUL	Mapama Diagnostic	SEM/96
19	33'47" (33'47")	ARL LOIC	Ac Avranches	CAM/10
20	33'50" (33'47")	BATTAIS ALBAN	Ac Avranches	ESM/04
21	34'02" (33'59")	PRIME CEDRICK	S/I La Vigilante De Fougères	M1M/85
22	34'05" (34'02")	SAMSON FLAVIEN		M0M/91
23	34'07" (34'05")	BESNARD ROMAIN	Gdm Saint James	M1M/83
24	34'08" (34'06")	HELLEUX SEBASTIEN	Ac Avranches	M2M/79
25	34'14" (34'09")	TIREL DORIAN	Courir En Baie Pontorson	SEM/02
26	34'16" (34'12")	GIROT BALTHAZAR	S/I Pace En Courant	ESM/04
27	34'23" (34'21")	GUERIN CAMILLE	Canoe Club Avranches	SEM/97
28	34'24" (34'23")	AUBIN MATHIAS	Laval Triathlon Club	SEM/94
29	34'24" (34'24")	RUAULT SAMUEL	Granville Ac	M3M/76
30	34'28" (34'26")	OSOUF BENJAMIN		M0M/91
31	34'29" (34'26")	CHEREL CORENTIN	S/I La Vigilante De Fougères	SEM/93
32	34'30" (34'23")	CHEVALIER ROMAIN	S/I Ca Nord Ouest Mayennais	ESM/04
33	34'32" (34'29")	LECLERC DOMINIQUE	Joggeurs De Ducey	M3M/76

34	34'34" (34'31")	CHAUVIN SULLIVAN	Ac Avranches	M1M/82
35	34'38" (34'37")	TINGUELY EMILE	Trail Beer And Sex	SEM/94
36	34'39" (34'32")	NICOLAY JULIEN	S/l Ca Nord Ouest Mayennais	SEM/02
37	34'43" (34'41")	MISERETTE MANON	Usm Vire	ESF/04
38	34'43" (34'43")	LOUVEL NOAH	S/l La Vigilante De Fougères	SEM/02
39	34'50" (34'43")	BOURON-LEGRAND JOAQUIM	S/l Asptt Rennes	JUM/07
40	34'51" (34'47")	AMYOT GAETAN	Usc Mezidon Athletisme	SEM/99
41	34'54" (34'51")	HARDY DAVID	Gdm Saint James	M3M/74
42	34'55" (34'50")	BESNARD ENZO	Gdm Saint James	SEM/02
43	34'56" (34'56")	LAMBERT ALEXIS	S/l La Vigilante De Fougères	JUM/07
44	34'58" (34'55")	HARDEL HIPPOLYTE		ESM/05
45	35'02" (34'59")	LEVILLAIN WILLIAM	Usm Vire	M0M/89
46	35'09" (35'07")	FUSCO ERWAN	S/l La Vigilante De Fougères	M0M/88
47	35'10" (35'07")	GUERIN FLORIAN	S/l La Vigilante De Fougères	SEM/94
48	35'10" (35'08")	LECHARPENTIER QUENTIN	Gdm Saint James	SEM/95
49	35'11" (35'06")	CHENAIS DAMIEN	Us Liffre	M0M/90
50	35'12" (35'09")	YARD PIERRE		M0M/88
51	35'24" (35'21")	LANDEMAINE PASCAL		M0M/90
52	35'31" (35'28")	GARDAN JULIEN		M1M/86
53	35'34" (35'31")	RIBOT EMRYS	Es Falaisienne	ESM/06
54	35'37" (35'34")	LEBOISSETIER ANTHONY	Joggers De Ducey	M2M/80
55	35'46" (35'42")	VILOCET KEVIN	Cpb Rennes	SEM/00
56	35'46" (35'42")	COURTEILLE BENOIT	Joggeurs Du Val De See	M1M/85
57	35'49" (35'47")	JOURDAN JULES	Joggeurs De Ducey	SEM/03
58	35'54" (35'49")	HARMANCIJ GABIN	S/l Pace En Courant	ESM/05
59	35'57" (35'56")	LEFORT ADRIEN	Joggeurs Du Val De See	M0M/91
60	36'00" (35'56")	TRUCA LUDOVIC	Andel	SEM/94
61	36'00" (35'56")	DESPAS REGIS	Gdm Saint James	M2M/80
62	36'01" (35'58")	SEITE SIMON		SEM/03
63	36'04" (36'00")	ISLAND LUDOVIC	S/l La Vigilante De Fougères	M2M/80
64	36'04" (36'01")	GOYER SEBASTIEN	Saint Malo Sports Loisirs	M0M/87
65	36'08" (36'06")	DOSSARD ,444		SEM/
66	36'11" (36'05")	REFFRAY THEO	Cpb Rennes	SEM/00
67	36'14" (36'07")	VILLERBU JEROME	Us Liffre	M0M/87
68	36'24" (36'22")	JOURDAN LOUIS	Joggeurs De Ducey	SEM/00
69	36'31" (36'24")	PICQUET PIERRE	Trail En Baie	M1M/86
70	36'35" (36'30")	LE DUR SIMON		CAM/10
71	36'35" (36'27")	MARIE-ANGELIQUE JORDANE		SEM/93
72	36'36" (36'35")	DAGRON ETIENNE	Aco Sourdeval	M1M/86
73	36'40" (36'37")	MARTIN OLIVIER	Joggeurs De Ducey	M1M/85
74	36'41" (36'36")	LIBERT JEAN-ARNAUD	S/l La Vigilante De Fougères	M2M/80
75	36'41" (36'39")	MURIEL PHILIPPE	Gdm Saint James	M2M/78
76	36'49" (36'46")	GAUTIER QUENTIN	S/l Ca Mayenne	SEM/94
77	36'52" (36'45")	HUBERT VALENTIN		SEM/94

78	36'58" (36'54")	RUNETTE CYRILLE		M1M/83
79	37'02" (36'55")	BALLU GAETAN	S/l Stade Lavallois	M3M/76
80	37'02" (36'58")	SERGENT HUGO		SEM/01
81	37'04" (37'04")	LAISNEY ALEXANDRE	Tc Val	SEM/92
82	37'07" (36'59")	SAUDRAIS ALBIN		ESM/04
83	37'07" (37'05")	LELIEVRE ETIENNE	Aco Sourdeval	M0M/90
84	37'08" (37'02")	HEMON JOSEPH	Ac Avranches	CAM/09
85	37'08" (37'03")	HEBERT ALEXANDRE		M0M/89
86	37'08" (37'06")	HAMEL ELONA	Aco Sourdeval	ESF/05
87	37'10" (37'06")	GALLON FABIEN	S/l La Vigilante De Fougères	SEM/94
88	37'15" (37'11")	CROCHER JEREMY	Joggeurs De Ducey	M1M/86
89	37'18" (37'13")	ARDISSON SALOME	S/l Pace En Courant	SEF/00
90	37'19" (37'17")	CORBIN SEBASTIEN	S/l Al Saint Marc Le Blanc	M2M/78
91	37'19" (37'10")	MONTAIGNE YOANN	Smtc	SEM/96
92	37'26" (37'24")	DESGUE PIERRE		SEM/99
93	37'27" (37'25")	COURTOIS GUILLAUME	Ac Avranches	M1M/86
94	37'30" (37'28")	TOUCHET JEREMY		SEM/93
95	37'31" (37'22")	PRINS ANTOINE		SEM/92
96	37'31" (37'23")	BARBOT TRISTAN		SEM/93
97	37'44" (37'40")	BESNIER TONY	S/l Ca Nord Ouest Mayennais	M1M/84
98	37'46" (37'40")	TETARD GUILLAUME		SEM/98
99	37'47" (37'39")	LANGLOIS ANTHONY		M3M/76
100	37'49" (37'47")	VETOIS ALEXANDRA	Avenir Mortain	M1F/86
101	37'50" (37'45")	SIMONET SAMUEL	Us Liffre	M2M/78
102	37'52" (37'50")	BESSIERE MARIE		SEF/03
103	37'55" (37'48")	BAGLIN ADRIEN	S/l Ca Mayenne	M0M/90
104	37'57" (37'47")	DURAND PIERRE	Saint Malo Sports Loisirs	SEM/95
105	38'00" (37'48")	BARRABE YANNIS		SEM/02
106	38'04" (37'59")	MUSELET AGATHE	Bruz Athletisme	M0F/88
107	38'09" (37'58")	MINERBE-LEVAVASSEUR ALICIA	Avenir Mortain	SEF/99
108	38'15" (38'08")	MICHEL ROMAIN		SEM/93
109	38'18" (38'09")	RENOUF GILDAS	Tc Val	M1M/85
110	38'21" (38'10")	PAIN UGO	Gdm Saint James	ESM/04
111	38'23" (38'15")	HOURMAN GUSTAVE		SEM/02
112	38'23" (38'13")	LAMBERT EWEN	R3p / Intersport Avranches	ESM/05
113	38'27" (38'21")	NORMAND FREDERIC		SEM/93
114	38'29" (38'23")	LEJAMTEL FRANCOIS	Trail En Baie	M0M/87
115	38'31" (38'25")	BOCHER HUGO	Caen Tri	SEM/00
116	38'31" (38'31")	LEBRANCHU FABIEN		SEM/93
117	38'34" (38'31")	PERRAY LOUISON		SEM/02
118	38'38" (38'31")	LEMAITRE MAXIME	S/l Ca Mayenne	M1M/83
119	38'38" (38'25")	GOUHIER ARNAUD		M1M/82
120	38'44" (38'40")	RIVIERE MATTEO		SEM/01
121	38'50" (38'45")	CLOUARD REMI		M4M/68

122	38'53" (38'49")	LOUISE OLIVIER	S/I Stade Saint Lo	ESM/06
123	38'54" (38'49")	FIXOT JEAN-CLAUDE	Athletic Pont Rean	M5M/66
124	38'54" (38'47")	LEROUX BENOIT		ESM/06
125	38'54" (38'36")	JAMMES ANTOINE	Doublet Sas	SEM/95
126	38'57" (38'29")	LAISNE SAVINIEN		SEM/93
127	38'58" (38'47")	GAUTIER OTYLIA	S/I Ca Mayenne	JUF/08
128	39'00" (38'54")	NAYL CAPUCINE	S/I Pace En Courant	ESF/06
129	39'00" (38'56")	MARTEL CLEMENT	Saint Malo Sports Loisirs	SEM/95
130	39'06" (39'04")	BONDIS CEDRIC	Ac Avranches	M1M/85
131	39'14" (39'10")	BARBEDETTE MATHYS	Rcg	SEM/00
132	39'14" (39'10")	LEMESLE SYLVAIN	Joggeur De Ducey	M1M/86
133	39'17" (39'06")	CARO JOEL		M2M/81
134	39'17" (38'59")	HAMEL TIMOTHEE		SEM/92
135	39'19" (39'15")	AVENEL VINCENT	Aco Sourdeval	M2M/81
136	39'24" (39'18")	LENORMAND ROMAIN		SEM/95
137	39'26" (39'18")	LEPRINCE SERGE	Saint Malo Sports Loisirs	M6M/60
138	39'28" (39'27")	YVES FRANCOIS	Granville Triathlon	SEM/03
139	39'30" (39'21")	PERONNE MAXENCE		SEM/03
140	39'30" (39'24")	AUBERT KEVIN	Cpb Rennes	M0M/91
141	39'36" (39'31")	LAIZE ANTHONY	Aco Sourdeval	M1M/84
142	39'42" (39'38")	MARIN FLORIAN	S/I La Vigilante De Fougères	M0M/91
143	39'43" (39'39")	COIRE JEAN-FRANCOIS	Joggeurs Du Val De See	M0M/88
144	39'45" (39'42")	CLOUARD ROMAIN		SEM/95
145	39'47" (39'40")	TALNEAU DAVID		M3M/73
146	39'47" (39'42")	LECONTE ALBAN	Triathlon Club Des 3 Provinces	M2M/80
147	39'47" (39'43")	RONCERAY MAXIME	Aco Sourdeval	M2M/81
148	39'49" (39'22")	BERNIER PIERRE		ESM/05
149	39'49" (39'47")	LEMAITRE JOHAN	Caen Athletic Club*	CAM/09
150	39'55" (39'49")	LEVAVASSEUR VINCENT		M1M/83
151	39'55" (39'43")	FREULON SEBASTIEN		M2M/80
152	39'57" (39'46")	MARCAULT CAROLINE	Courses Nature De Laignelet	M1F/86
153	39'57" (39'57")	MASSON BENOIT	Aco Sourdeval	M2M/78
154	40'00" (39'52")	LELIEVRE AZELINE		ESF/04
155	40'04" (39'59")	BRASSART ELOUAN	Es Falaisienne	ESM/06
156	40'07" (40'07")	ROBINE MATHIEU		M2M/80
157	40'08" (39'58")	BADIER TRISTAN	Avenir Mortain	SEM/98
158	40'09" (40'00")	COUDRIN MAXIME		SEM/97
159	40'13" (40'01")	DESFAUDAIS FLORENT	Granville Ac	M2M/80
160	40'15" (40'11")	FILLATRE ANTONY	Joggeurs Du Val De See	M2M/77
161	40'17" (40'11")	PICOT AURELIA	S/I Asptt Rennes	SEF/00
162	40'18" (40'08")	GALLON THOMAS		SEM/00
163	40'18" (40'13")	PICOT NICOLAS	S/I Asptt Rennes	SEM/99
164	40'21" (40'15")	MERHAND MATHIEU		M1M/85
165	40'22" (40'14")	MAUCON NICOLAS		M1M/86

166	40'22" (40'14")	REBOURS CHRISTOPHE		M2M/78
167	40'28" (40'28")	TOLLERON POCAS FIGUE LUCAS		CAM/10
168	40'33" (40'29")	GOGER MARTIN	S/I Stade Saint Lo	CAM/09
169	40'36" (40'20")	GERVOT HUGO		ESM/04
170	40'38" (40'33")	LEVEQUE KEVIN	Joggeurs Du Val De See	SEM/93
171	40'41" (40'35")	ALEXANDRE MATHIEU		SEM/99
172	40'43" (40'39")	ROUX JEAN-PIERRE	Saint Malo Sports Loisirs	M5M/63
173	40'44" (40'44")	BESNARD ERWAN		SEM/94
174	40'44" (40'36")	LECANU ERIC	Run Et Rando Percy Villedieu	M4M/69
175	40'45" (40'39")	MISERETTE JUSTINE	Usm Vire	JUF/07
176	40'55" (40'45")	BABONNEAU CEDRIC		M0M/88
177	40'56" (40'53")	GUESNET LUCAS	Ac Avranches	CAM/10
178	41'05" (40'55")	ALLAIN JOACHIM		M1M/83
179	41'13" (41'05")	MAILLARD ALAIN	Les Joggeurs Du Val De See	M3M/72
180	41'16" (41'11")	BURNOUF MELVIN	Aco Sourdeval	SEM/03
181	41'19" (41'11")	LEGENDRE SAM		ESM/05
182	41'19" (41'00")	LEMONNIER KEVAN	Doublet Sas	SEM/92
183	41'19" (41'13")	BOUVIER JEANNE	S/I La Vigilante De Fougères	M0F/88
184	41'21" (41'16")	LERENDU ELODIE	S/I C. D Athletisme Conde Torgni	M2F/80
185	41'23" (41'17")	BOITTIN FREDDY		M0M/91
186	41'29" (41'29")	BROUILLARD JEREMY	Gdm Saint James	M1M/86
187	41'41" (41'31")	BEAULIEU ADRIEN	Gdm Saint James	M2M/80
188	41'50" (41'50")	AXCELL BENJAMIN		CAM/09
189	41'50" (41'43")	BOUGON MAXENCE		ESM/05
190	41'57" (41'46")	LE JANNOU FLAVIE	Entente Athletique Saint Malo	M3F/74
191	41'59" (41'59")	LECORVAISIER YANIS		JUM/07
192	42'04" (42'04")	PAILLETTE BENOIT		SEM/02
193	42'04" (42'04")	CHAPEL TIMOTHE	Gdm Saint James	ESM/05
194	42'05" (42'05")	CHAPEL ALAIN		M3M/72
195	42'07" (42'07")	LEMOINE ALEXANDRE		M1M/86
196	42'14" (42'06")	ROUSSEL FLAVIEN		SEM/92
197	42'18" (42'18")	CAILLERE QUENTIN		SEM/97
198	42'23" (42'10")	GADBOIS ENZO		SEM/00
199	42'24" (42'16")	JOURDAN OLIVIER	Us Liffre	M2M/80
200	42'26" (42'18")	JOURDAN VANESSA	Us Liffre	M2F/77
201	42'28" (42'19")	BLOQUET ROCHER MATHEO		JUM/07
202	42'29" (41'55")	GAULTIER TIMOTE		ESM/06
203	42'30" (42'30")	HELLEU QUENTIN	Gdm Saint James	SEM/01
204	42'32" (42'18")	JOURDAN YOUEN	Gdm Saint James	SEM/01
205	42'35" (42'23")	LE BRUN NICOLAS		M2M/81
206	42'35" (42'07")	BRIERE VALENTIN		SEM/94
207	42'38" (42'38")	DELANDE CAMILLE	S/I Ca Mayenne	ESF/04
208	42'38" (42'38")	LAINÉ AURELIEN		SEM/94
209	42'40" (42'31")	DENIS TIMEO		ESM/06

210	42'45" (42'35")	ROUSTEL JEAN-BAPTISTE		SEM/94
211	42'45" (42'33")	MOUTON EMMANUEL		M4M/71
212	42'54" (42'44")	CORDIER CEDRIC	Asppt Fougères	M0M/88
213	42'55" (42'44")	MONNIER AURELIE	Granville Ac	M1F/83
214	42'56" (42'56")	POULAIN KRISTOPHER	Sud Manche Triathlon Club	SEM/93
215	43'00" (42'33")	THIERRY DORIAN		SEM/00
216	43'03" (43'00")	FOURMOND FABIEN		M0M/87
217	43'03" (42'53")	LEMARCHAND BENJAMIN		SEM/92
218	43'04" (42'52")	MISERETTE JEROME		M3M/76
219	43'07" (42'55")	PARCHEMAL MATTHIEU		M0M/91
220	43'10" (43'10")	DUPUIS MATHIS		ESM/04
221	43'13" (43'04")	PARIS NICOLAS	Cs Garnison Rennes	M1M/83
222	43'14" (43'14")	PLOQUIN CHARLES		SEM/97
223	43'14" (43'05")	POTEAU LAURA		SEF/95
224	43'15" (42'58")	GUESNET JULIEN		M2M/79
225	43'15" (43'15")	ADAM MARIUS		SEM/03
226	43'17" (43'06")	CHEMINANT PATRICE	Triathlon Club Des 3Provinces	M3M/72
227	43'25" (43'25")	MARTIN RONAN		SEM/98
228	43'27" (43'27")	MARION ELME	Sud Manche Triathlon Club (Smtc)	SEM/95
229	43'35" (43'24")	LEBRETON WILLIAMS	Granville Ac	M4M/70
230	43'37" (43'27")	BESNARD MICHEL	Gdm Saint James	M7M/56
231	43'38" (43'05")	MARKOCKI--PETIT BILAL		ESM/06
232	43'39" (43'32")	GUERMOND STEPHANE		M2M/79
233	43'40" (43'40")	MARTIN AURELIEN		M0M/87
234	43'45" (43'13")	BOSCHER NATHAN		SEM/98
235	43'50" (43'50")	BRION AURELIEN		M0M/89
236	43'51" (43'51")	ROBLIN EMERIC	Ac Avranches	M0M/88
237	43'52" (43'43")	LANEE ZELIE		SEF/01
238	43'53" (43'43")	RENAULT CELIANE	Caen Athletic Club*	SEF/99
239	43'57" (43'57")	BASNET RAJU	Courir En Baie Pontorson	M2M/79
240	44'00" (43'49")	CALVEZ YANN		SEM/94
241	44'05" (43'55")	LEVENES HADRIEN	Wild Tiger Fozo Club	SEM/95
242	44'08" (43'54")	GENISSEL MARIE-CHRISTINE	Entente Athletique Saint Malo	M6F/60
243	44'10" (44'10")	MENARD MICHEL	Gdm Saint James	M2M/78
244	44'14" (43'37")	BESNARD JULIEN		SEM/93
245	44'15" (44'15")	LANDRY BAPTISTE	Team Apirun	M0M/87
246	44'16" (44'10")	NIVault DANY	Ac Avranches	M0M/90
247	44'16" (44'16")	LAGREE HERVE	Gdm Saint James	M0M/90
248	44'17" (44'17")	CHEFDOR ANNE-LOUISE	Cpb Rennes	SEF/99
249	44'30" (44'06")	GIAI-BRUERI MARTIN		CAM/09
250	44'32" (44'03")	BARREAU VINCENT		M1M/83
251	44'32" (44'32")	CHAPON FREDERIC	Gdm Saint James	M0M/88
252	44'33" (44'18")	GARNIER STEPHANIE	S/I La Vigilante De Fougères	M2F/80
253	44'34" (44'20")	CAPELLE VALERIAN	Gdm Saint James	M0M/91

254	44'38" (44'19")	GODILLE PHILIPPE		M3M/72
255	44'39" (44'39")	HESLOUIS FRANCK		M2M/80
256	44'41" (44'28")	LEGUILLON PHILIPPE	Aco Sourdeval	M5M/65
257	44'45" (44'45")	GILBERT AURELIEN		SEM/00
258	44'50" (44'47")	TROCHERIE FABRICE		M2M/79
259	44'52" (44'43")	LE BRIS MARTIN		ESM/04
260	44'53" (44'47")	MARCHIS DAMIEN	Ac Avranches	SEM/94
261	44'59" (44'59")	MARTIN GAETAN		SEM/99
262	45'03" (44'48")	MACE RAPHAEL	Tcval	M0M/87
263	45'06" (44'56")	RAULT LUDOVIC	Granville Ac	M2M/79
264	45'06" (45'06")	JEHENNE QUENTIN	Joggeurs Du Val De See	SEM/99
265	45'08" (44'28")	BELHOMME FRANCOIS		SEM/94
266	45'09" (44'28")	FRANCOIS DIEGO		ESM/06
267	45'12" (44'54")	LEBOURGEOIS ENZO		JUM/08
268	45'12" (44'56")	BAUDE CEDRIC		M1M/82
269	45'15" (45'06")	GOBICHON SYLVAIN	Airbus Running Team	M3M/74
270	45'17" (44'56")	BOUGON MATHIS		M10M/
271	45'18" (45'06")	LELANDAIS LUCIE	Joggeurs Ducey	SEF/01
272	45'20" (45'20")	PHILOUX YOANN		SEM/95
273	45'23" (44'52")	BAUDIN YANN	Dino Running Club	SEM/02
274	45'24" (44'58")	HEUZE QUENTIN		SEM/00
275	45'28" (45'04")	BRIAND STEPHANE	Joggeurs De Ducey	M3M/75
276	45'31" (45'31")	COSSE ARNAUD	Isigny Running	SEM/95
277	45'32" (45'16")	JEANNE PAULINE	Isigny Running	SEF/01
278	45'34" (45'34")	GAUTIER STEPHANE		M5M/63
279	45'41" (45'41")	PAUTRET PASCAL		M1M/82
280	45'41" (45'30")	MONNIER DAVID		M1M/84
281	45'47" (45'36")	GUESNEY STEPHANE	Bulots Maillots	M2M/80
282	45'48" (45'42")	DUBOSQ RAFAEL	S/I Ta Rennes	M2M/79
283	45'49" (45'49")	GANNE ANGELIQUE	Joggeurs De Ducey	M0F/89
284	45'51" (45'38")	MISERETTE MAGALIE	Usm Vire	M3F/76
285	45'51" (45'18")	MARTINETTI SIMON		M2M/79
286	46'04" (46'04")	BELLANGER LOUIS		SEM/96
287	46'07" (46'07")	GAISLIN AURORE		M1F/85
288	46'09" (45'55")	GERARD PAMELA	Gdm Saint James	M1F/82
289	46'10" (46'10")	PICHOT MALVINA	Gdm Saint James	SEF/00
290	46'11" (45'57")	GASNIER ANTHONY	Gdm Saint James	SEM/97
291	46'16" (45'32")	LEMOINE STEEVEN		SEM/98
292	46'17" (46'17")	BOUVET JEREMY		SEM/92
293	46'26" (46'26")	VAUGEOIS ARNAUD	Tcval	M1M/85
294	46'28" (46'28")	HOURMAN JADE		SEF/97
295	46'31" (46'18")	DELANOE JEAN-FRANCOIS	Les Joggeurs De Ducey	M3M/76
296	46'34" (46'29")	GALODE KYLIAN		JUM/08
297	46'35" (46'35")	GILBERT NICOLAS		M4M/68

298	46'35" (46'15")	HARDEL FREDERIC	Doublet Sas	M3M/74
299	46'36" (46'36")	LE DUR CECILE		M1F/84
300	46'48" (46'48")	LIZEE BORIS	Granville Triathlon	M3M/73
301	46'49" (46'49")	PONTAIS MANON	Nantes Ec	SEF/95
302	46'51" (46'38")	DEHUS CARLA		SEF/99
303	46'52" (46'52")	SOHIEZ MATHILDE		JUF/08
304	46'55" (46'55")	BARBET NICOLAS		M2M/79
305	46'55" (46'32")	TURPIN PATRICK		M6M/60
306	46'57" (46'18")	BAZIN TYFENE	Caen Triathlon	SEF/01
307	46'59" (46'59")	FILLATRE ANNE	Run & Breizh	SEF/94
308	47'02" (47'02")	LECROQ THIERRY	Olympique Darnetal	M5M/65
309	47'03" (46'59")	GALODE LAURENT	Joggeurs De Ducey	M2M/80
310	47'04" (46'53")	CARRE GAETAN		ESM/05
311	47'07" (46'35")	CHAPEL ADRIEN		SEM/93
312	47'10" (47'10")	CHAUVIN AXEL		SEM/98
313	47'11" (46'55")	LEBRANCHU FLORIAN		M1M/86
314	47'17" (46'36")	MOREAU DAVID		M1M/85
315	47'18" (47'01")	HOURMAN NATHALIE	Granville Ac	M5F/66
316	47'18" (47'18")	BESNIER PIERRE		M3M/72
317	47'19" (47'11")	LECOURT SOLENE		M0F/91
318	47'19" (47'12")	BOHUON DAVID		M0M/88
319	47'20" (47'20")	LECERF MICKAEL		M1M/85
320	47'20" (46'52")	BOUVIER BASTIEN	Doublet Sas	SEM/99
321	47'20" (47'20")	IDENTITÉ NON COMMUNIQUÉE	Ac Avranches	M5M/63
322	47'29" (47'29")	LESAGE CORENTIN		ESM/05
323	47'35" (47'24")	DELALANDE GERMAIN		M0M/89
324	47'38" (47'38")	CHARUEL EMMANUEL		M0M/89
325	47'39" (47'21")	BOYER NICOLAS	Granville Triathlon	M3M/74
326	47'42" (47'31")	LE BOISSELIER LOU-ANNE		ESF/05
327	47'44" (47'34")	PAULIN ANFRAY NATHALIE	Joggeurs Val De See	M4F/71
328	47'53" (47'21")	BLANCHAIS ALEXIA		M0F/89
329	47'55" (47'55")	TIERCELIN THOMAS		M0M/88
330	47'56" (47'45")	CHARUEL CAPUCINE		CAF/10
331	47'57" (47'57")	GUERIN JEAN BAPTISTE		M1M/83
332	48'01" (47'14")	BOUVET BERENGER		M0M/90
333	48'01" (47'53")	ROUSSEL ELODIE		M0F/88
334	48'02" (47'39")	LEVIGNERON VINCENT		M2M/79
335	48'02" (48'02")	AMELINE LOUISE		SEF/01
336	48'10" (47'53")	LEPLEY SANDRINE	Isigny Running	M2F/77
337	48'10" (48'10")	POULAIN ARNAUD		M3M/74
338	48'17" (48'17")	ESNOULT CORENTIN	Gdm Saint James	SEM/01
339	48'19" (47'56")	LEVIGNERON DELPHINE		M2F/80
340	48'19" (48'03")	GLORIA JEREMY		M0M/87
341	48'25" (48'13")	VAUGEOIS CEDRIC	Olympique Darnetal	M4M/71

342	48'29" (47'50")	ELKAR ANAIS		ESF/06
343	48'33" (48'11")	ZOUZAC THOMAS	Granville Ac	SEM/93
344	48'34" (48'34")	ESPAIGNET ERIC		M3M/76
345	48'45" (48'45")	LEROUX ROMAIN	Gdm Saint James	M2M/80
346	48'57" (48'57")	TRUFFERT JEREMY		M1M/82
347	49'03" (48'30")	BLANCHAIS ROMAIN		M1M/86
348	49'05" (48'42")	JACQUELINE MANON		JUF/07
349	49'06" (48'53")	RENARD YOANN	Aco Sourdeval	M2M/77
350	49'09" (48'28")	MOREAU VALENTIN		SEM/92
351	49'09" (48'36")	THEBAULT MAELYS		ESF/06
352	49'14" (49'14")	PAILLUSSON BENJAMIN		SEM/96
353	49'16" (49'16")	TRINCOT LUCIE		SEF/96
354	49'17" (49'17")	JORET MAXIME		SEM/95
355	49'20" (48'48")	DUPONT ALEXIS		SEM/99
356	49'20" (49'03")	BURIN CAROLINE	Granville Ac	M6F/60
357	49'21" (48'49")	LECHAT JULIETTE		SEF/99
358	49'23" (49'10")	MOREAU-DELACQUIS NICOLAS	Granville Ac	M5M/65
359	49'24" (49'24")	JOSSET CLAIRE	Cpb Rennes	SEF/95
360	49'24" (49'09")	HARDY EMILIE		M1F/85
361	49'25" (49'02")	LANTERNIER STEPHANIE	Courir A Dol	M3F/75
362	49'26" (49'09")	GUYON YOHANN	Courir En Baie Pontorson	M1M/83
363	49'26" (48'53")	GRAFFARD LAURYN		SEF/99
364	49'26" (49'26")	HARDY VINCENT	Gdm Saint James	M1M/83
365	49'30" (48'58")	MOREL MARC ANTOINE		SEM/99
366	49'31" (48'58")	BOURDON JULIE		ESF/04
367	49'32" (49'32")	PINSON JEREMY		M0M/91
368	49'32" (48'55")	CLOUARD LOUHAN		ESM/05
369	49'35" (49'21")	BENOIT JEREMY	Trail En Baie	M0M/91
370	49'35" (49'35")	LEFEVRE MELANIE	Trail En Baie	M0F/88
371	49'36" (49'25")	LEMONNIER GABRIEL		M6M/61
372	49'40" (49'28")	GAZENGEL MELANIE	Joggeurs De Ducey	SEF/97
373	49'55" (49'55")	BOULLE JULIEN		SEM/94
374	49'59" (49'39")	BLOND STEPHANE	Doublet Sas	M4M/69
375	50'03" (49'37")	LAUDIC STEPHANE		M4M/71
376	50'06" (50'06")	FAROUAULT NADEGE	Renault Avranches	M2F/78
377	50'08" (49'44")	AMINE HAMZA		SEM/95
378	50'09" (49'31")	LENROUILLY DAVID		M3M/75
379	50'10" (49'45")	LEMOISSON SANDRA		SEF/92
380	50'14" (49'53")	JOUENNE EMILIE	Joggeurs De Ducey	SEF/95
381	50'14" (50'14")	DELAMARE SYLVAIN		M4M/71
382	50'17" (50'17")	TRICOT ANTHONY		M0M/91
383	50'18" (50'18")	COPPIN MICKAEL		M2M/79
384	50'18" (50'18")	MAUGER BAPTISTE		SEM/94
385	50'27" (50'07")	DAMIENS FRANCOIS		M1M/82

386	50'29" (50'01")	HALLAIS SOLENE		SEF/03
387	50'30" (50'08")	LOISON ALICE		ESF/06
388	50'31" (50'19")	PARCHEMAL LAURIANE		SEF/01
389	50'38" (50'06")	LEMOUSSU ANTHONY		M2M/79
390	50'39" (50'05")	LE FAOU MIKAEL		M3M/75
391	50'40" (50'27")	GUINOISEAU AYMERIC	Ac Avranches	M0M/89
392	50'40" (50'25")	DESOIL MARIE		M1F/83
393	50'45" (50'12")	BOURDON MARIE-ALIX		ESF/06
394	50'49" (50'49")	SCHORER GUILLAUME		M0M/87
395	50'58" (50'31")	HAMEL DOLORES	Aco Sourdeval	M2F/79
396	51'02" (51'02")	NORGEOT LYDIE	Joggeurs Val De See	M5F/64
397	51'06" (50'54")	ILLIEN SANDRA	Renault Avranches	M3F/76
398	51'06" (50'42")	MARIOU MATHILDE		M1F/83
399	51'08" (50'43")	DELAUNEY MARINE	Ac Avranches	M1F/86
400	51'13" (50'39")	LHOTE OCEANE		SEF/97
401	51'14" (50'32")	BELLIARD ADEL		ESM/06
402	51'15" (50'34")	BLIN MARYAM		ESF/06
403	51'25" (51'25")	GALOPIN MICHEL	Aco Sourdeval	M7M/54
404	51'38" (51'08")	BOUQUEREL ANTHONY		M2M/80
405	51'39" (51'05")	LAINÉ ALIENOR		SEF/97
406	51'42" (51'33")	LAURENT JOEL	Alliance Sportive Brevannaise	M8M/51
407	51'51" (51'25")	WARD MIKE (GBR)	Rando Run Percy Villedieu	M5M/62
408	51'58" (51'23")	LEFEBVRE JULIEN		SEM/99
409	52'05" (52'05")	ZOUZAC THIERRY	Granville Ac	M5M/64
410	52'16" (51'48")	GADBOIS LAURENT		M4M/69
411	52'18" (52'18")	ALEXIS KEVIN	Granville Ac	M0M/88
412	52'18" (52'18")	RENAULT CHRISTOPHE	S/I U.S.O Mondeville	M3M/74
413	52'21" (51'48")	GOUIN VINCENT		M1M/86
414	52'22" (52'22")	LEBRANCHU AXELLE		SEF/99
415	52'22" (51'44")	JAMONT VINCENT		SEM/01
416	52'23" (52'03")	PLOQUIN MARGAUX		SEF/98
417	52'26" (51'44")	VONTHRON THIBAUT		M1M/84
418	52'38" (52'38")	LEPELLEY EMILIE	Saint Loup	M1F/84
419	52'39" (52'14")	DUMONT MARIE-LAURE		SEF/92
420	52'40" (52'40")	DELAMARE ELISE		SEF/01
421	52'43" (52'43")	RENAULT ODELINE		SEF/02
422	52'43" (52'43")	GIRRES CLEMENT		ESM/04
423	52'49" (52'10")	FLATRES PAULINE	Les Joggeurs De Ducey	SEF/96
424	52'56" (52'56")	LESAINF FLORE	Caen Triathlon	SEF/00
425	53'07" (52'44")	JACQUELINE AMELIE	Joggeurs De Ducey	M2F/78
426	53'13" (53'13")	LANDREAT SHARLEYNE		M0F/87
427	53'14" (53'14")	LECROC FLORIAN		M1M/86
428	53'15" (52'32")	LEPELTIER GAETAN	Doublet Sas	SEM/01
429	53'16" (52'33")	ROUSSEAU VICTOR		SEM/92

430	53'19" (52'49")	CORLAY DEBORAH	Al Saint Marc Le Blanc	SEF/02
431	53'20" (52'49")	DESRUE PATRICK		M5M/66
432	53'21" (53'21")	SAUVE BRUNO		M4M/70
433	53'29" (52'47")	BERTHONNET MICHEL		M6M/59
434	53'29" (53'29")	HUREL ANTOINE	Doublet Sas	SEM/99
435	53'30" (52'57")	BOULLOT ANAIS		M0F/88
436	53'30" (52'56")	CALBA ALEXANDRE	Doublet Sas	M3M/75
437	53'34" (53'34")	BIZET FREDERIQUE	Gdm Saint James	M4F/69
438	53'35" (53'35")	RENAULT CYRIELLE	S/I Asptt Rennes	SEF/96
439	53'37" (53'37")	GIAI BRUERI MATHIEU		M2M/79
440	53'42" (53'02")	FLATRES DYLAN	Les Joggeurs De Ducey	SEM/96
441	53'49" (53'49")	LAINÉ MAELYS		SEF/00
442	53'50" (53'07")	ALLELY MATHEO		ESM/04
443	53'52" (53'26")	ESNOUF ELODIE		SEF/95
444	54'04" (54'04")	LERICOLLAIS LAETITIA		M1F/85
445	54'07" (53'52")	LEGRAVEY ANNE	Esch	M2F/78
446	54'19" (54'02")	LAIZE SONIA		M3F/73
447	54'25" (54'17")	LEGUILLOCHET GAETAN		SEM/02
448	54'42" (54'42")	TRINCOT CECILE	Gdm Saint James	M2F/79
449	54'42" (54'42")	BAZIN MEGANE		SEF/92
450	54'54" (54'48")	LETOUZE JOHANN		SEM/99
451	54'57" (54'35")	HEUDES BERTRAND		M4M/68
452	55'01" (54'27")	LESENECHAL SOLENE		M0F/91
453	55'02" (55'02")	MARTIN MICKAEL		M3M/76
454	55'10" (54'43")	THEAULT MARIE CHRISTINE		M6F/57
455	55'15" (54'43")	LEMOUSSU LYDIE		M1F/83
456	55'17" (54'36")	FRANCOIS ELSA		SEF/00
457	55'20" (54'38")	FRANCOIS SALLY		M1F/82
458	55'28" (55'28")	HUREL EMILIE		M1F/84
459	55'29" (55'29")	RIVIERE STEVE		M1M/86
460	55'37" (54'59")	CLOUARD ABEL		M3M/73
461	55'37" (55'37")	HARDY ESTELLE	Gdm Saint James	M2F/78
462	55'38" (55'08")	JAMES MARIE		SEF/97
463	55'38" (55'38")	JAMES CHARLY		M0M/91
464	55'53" (55'53")	FOUCHARD ARTHUR		SEM/94
465	55'57" (55'57")	IDENTITÉ NON COMMUNIQUÉE	Co Eu Bresle	M6F/60
466	55'57" (55'47")	MENAGER LEO		SEM/97
467	55'57" (55'47")	SALVATORI NAOMI (ITA)		SEF/95
468	56'02" (55'26")	CATHERINE ALEXANDRE	Tcval	SEM/93
469	56'06" (55'31")	LESENECHAL KEVIN	Gdm Saint James	M0M/89
470	56'13" (55'41")	BOUETTE DAVID		M1M/84
471	56'13" (55'29")	ANGOT MEDERIC		M0M/87
472	56'18" (55'43")	PAIGNON IRENE		M4F/71
473	56'19" (56'19")	ROGER BENOIT		M2M/80

474	56'19" (55'44")	PAIGNON LUDIVINE		SEF/99
475	56'28" (56'28")	CHABAUD GAEL		CAM/09
476	56'54" (56'20")	BASTARD AXEL		SEM/98
477	57'03" (56'18")	BRULARD ROMAIN		M0M/88
478	57'07" (56'45")	HEUDES MADELINE		SEF/95
479	57'08" (57'08")	DELASALLE CAMILLE		SEF/03
480	57'09" (56'37")	SAUVE JULIETTE		ESF/04
481	57'11" (56'47")	NORGEOT JEAN MARIE	Joggeurs Val De See	M6M/57
482	57'13" (57'13")	MURIEL ANAIS	Gdm Saint James	SEF/92
483	57'19" (57'19")	LAVALLEY NOEL		M4M/68
484	57'25" (56'45")	MILON ELOISE		SEF/01
485	57'27" (56'48")	BRUNET ALICE		SEF/94
486	57'28" (56'58")	IDENTITÉ NON COMMUNIQUÉE		M0M/91
487	57'32" (56'53")	BARBATTE EMMA		SEF/00
488	57'45" (57'14")	THOMAS FANNY		M0F/87
489	57'51" (57'13")	NICHOLLS DIXON KIRSTY		SEF/92
490	57'57" (57'19")	MILON CONSTANCE		ESF/06
491	58'04" (57'26")	GUIBERT ADRIEN	Esch Athletisme	M0M/87
492	58'13" (58'13")	BROSSE GUILLAUME	S/I Asptt Rennes	SEM/97
493	58'19" (57'50")	ROUXEL EMMA	Alp Handball	SEF/00
494	58'23" (58'23")	GOSELIN QUENTIN		SEM/96
495	58'24" (58'24")	OLIVIER LUCIE		SEF/97
496	58'52" (58'35")	ORVAIN LEA	Avenir Mortain	SEF/01
497	58'55" (58'55")	LOUZE YVES		M6M/57
498	58'57" (58'57")	LAPLANCHE LILIANE	S/I U.S.O Mondeville	M7F/53
499	59'00" (58'22")	RASTIER ZOE		ESF/05
500	59'01" (58'28")	ROLLET CAROLINA		M2F/79
501	59'05" (58'36")	THEAULT LAURA		SEF/01
502	59'09" (58'27")	THEBAULT STEPHANE		SEM/92
503	59'10" (59'10")	CHAPRON EWEN		SEM/03
504	59'36" (59'02")	TOUAHRI NADIA	Granville Triathlon	M2F/81
505	59'49" (59'09")	TURPIN NOLWENN		SEF/99
506	59'55" (59'12")	QUERUEL WILLY		M3M/72
507	1h00'04" (59'41")	HEUDES VERONIQUE		M4F/70
508	1h00'06" (59'25")	PHILIPPART LAURENE		M0F/90
509	1h00'06" (59'25")	VESVAL FLORIAN		M0M/90
510	1h00'09" (59'32")	PERRETTE CELINE		ESF/04
511	1h00'14" (59'39")	DE GIULI CLAUDE		M6M/58
512	1h00'15" (59'38")	CAMPAIN EMILIE		SEF/93
513	1h00'15" (59'38")	BISSON SARAH		M0F/90
514	1h00'23" (1h00'23")	GUINEBAULT RAISSA		M3F/76
515	1h00'25" (59'48")	LAVALLEY ANTOINE		SEM/99
516	1h00'25" (59'51")	LEMERCIER ANTHONY		M3M/75
517	1h00'30" (59'57")	LECERF GAEL		M1M/82

518	1h00'30" (59'56")	MAILLARD LUCIE		M0F/89
519	1h00'30" (59'50")	BOURDOIS VINCENT		M3M/75
520	1h00'38" (59'59")	PEDRONO MAILYS		SEF/99
521	1h00'48" (1h00'08")	MIMEY GREGORY		SEM/94
522	1h01'34" (1h01'10")	AUBIN ANOUK		SEF/02
523	1h01'37" (1h01'00")	LEMAITRE LOIC		M0M/91
524	1h02'00" (1h01'21")	SOUTHGATE NICKY		M3F/74
525	1h02'18" (1h01'50")	THOMAIN GUYLAINE		M3F/73
526	1h02'28" (1h01'42")	FONTAINE MAGGY		M1F/86
527	1h02'34" (1h01'52")	AUBE ANNE-LISE		M1F/86
528	1h03'05" (1h02'30")	FREMY JOHANNA		SEF/00
529	1h03'25" (1h02'41")	BODDAERT MARINE		SEF/02
530	1h03'36" (1h02'54")	BOURDON CHARLOTTE		M1F/86
531	1h03'38" (1h03'02")	CHESNOT ANAIS		JUF/07
532	1h03'41" (1h02'59")	BOURDON LOUISE		SEF/96
533	1h03'47" (1h03'10")	JORET JULIE	Dino Running Club	SEF/00
534	1h03'48" (1h03'11")	CHESNOT EVA		CAF/09
535	1h03'49" (1h03'24")	FRETAY LYNE	A S B	M7F/54
536	1h04'00" (1h03'24")	COQUELIN MELINA		SEF/95
537	1h04'14" (1h03'47")	PRODHOMME DOMINIQUE	Team Ricard	M5M/65
538	1h04'32" (1h04'07")	LAUDIC CHRISTELLE		M4F/70
539	1h05'11" (1h05'11")	BIHEL-VISCOGLIOSI LINDA		M3F/75
540	1h05'29" (1h04'53")	CLEMENT JULIE	Doublet Sas	ESF/04
541	1h05'38" (1h04'52")	PHELOUZAT MARIE		M1F/83
542	1h06'12" (1h05'48")	LAUDIC ANAIS		SEF/99
543	1h06'36" (1h05'57")	CHAUVIN JUSTINE		SEF/99
544	1h06'56" (1h06'17")	RIGOU LAURE		M3F/73
545	1h07'24" (1h06'42")	LEHODEY ANNIE		M5F/64
546	1h07'35" (1h06'58")	PERRIN APOLLINE		SEF/03
547	1h08'01" (1h08'01")	LE GLOAHEC MAELLE		SEF/96
548	1h09'18" (1h08'34")	LEFEVRE FRANCK	Us Liffre	M1M/84
549	1h09'20" (1h08'35")	VERBRUGGEN AURELIE		M2F/81
550	1h09'36" (1h09'36")	MARIE ELIANE	Aco Sourdeval	M7F/53
551	1h11'06" (1h10'22")	LANDAIS MATHILDE		SEF/93
552	1h11'39" (1h11'10")	TURPIN MARIE-FRANCE		M6F/61
553	1h11'56" (1h11'17")	LEHERICEY CHRISTELE	Doublet Sas	M4F/71
554	1h12'16" (1h11'33")	VALETTE LAURIE		SEF/94
555	1h12'53" (1h12'19")	LEPLUMEY MELINA		M3F/76
556	1h14'27" (1h13'51")	LENOIR BAPTISTE		ESM/05
557	1h16'11" (1h15'35")	HURAUPT SAUBANAIRE FABIENNE	Doublet Sas	M3F/72
558	1h16'11" (1h15'35")	DOUBLET FLORENCE	Doublet Sas	M3F/75
559	1h16'52" (1h16'28")	ANFRAY SWANN		ESF/05
560	1h17'37" (1h17'37")	GUILLOUX LIVIA		SEF/98
561	1h18'27" (1h17'54")	MAZIER SEBASTIEN		M4M/67

562	1h18'27" (1h18'27")	ROUAS STEPHANIE		M4F/71
563	1h19'25" (1h19'19")	CARNET ELISA		SEF/99
564	1h20'01" (1h19'15")	PHELOUZAT PIERRE		M1M/82
565	1h28'12" (1h27'46")	BARBET VALERIE		M3F/72

Course BE-MI-CA

1	9'25	ARL LOIC	Ac Avranches	CAM/10
2	9'49	LIBERT AYMERIC	Athle Pays De Fougeres *	BEM/13
3	9'57	HARDY NOA	Gdm Saint-James	BEM/13
4	10'05	BARREAU NOLAN		MIM/12
5	10'18	HUREL MARCEAUX		MIM/11
6	10'19	PERIAUX EVAN	Ac Avranches	CAM/10
7	10'49	CHAIGNON LOE-PAUL		BEM/14
8	10'50	BOITTIN LEO	Aco Sourdeval	MIM/12
9	10'51	LANGLOIS MARCEAU	Stade Athletique Bayeusain	BEM/14
10	10'52	MARSDEN JENSON	Aco Sourdeval	MIM/12
11	10'53	PETIN EMMA	Ac Avranches	CAF/09
12	11'10	DUCLOS MARIUS		BEM/14
13	11'18	LE ROY PAUL		BEM/14
14	11'19	MACEGAUBERT TONY		MIM/11
15	11'22	DUBOSQ NAIL	S/ Ta Rennes	BEM/13
16	11'33	DECOSSE MAISSA	S/ Ac Haute Vilaine	BEF/13
17	11'46	DELAUNEY ADAM		MIM/12
18	11'47	TRUFFERT MAEL		BEM/14
19	11'52	RASOULI TABASOU		BEF/14
20	11'55	TARCHARD LEILA		BEF/14
21	12'00	PORTIER JULES		BEM/14
22	12'12	PORTIER EMILE		MIM/12
23	12'13	RENARD LEONIE	Aco Sourdeval	BEF/13
24	12'14	ALLAIN THEO		MIM/12
25	12'15	LEROUGE NATHANIEL NEIS	Ac Avranches	BEM/14
26	12'18	FRANCOIS LILLY	Ac Avranches	MIF/12
27	12'27	THIERRY ETHAN		MIM/12
28	12'28	GAUTIER MELYNE	Gdm Saint-James	BEF/13
29	12'42	BONNARD LOUANE	Ac Avranches	MIF/12
30	12'43	GUESNET LUCAS	Ac Avranches	CAM/10
31	12'53	FORTIN ALEXIS	Ac Avranches	CAM/10
32	13'03	WOROU NAEL		BEM/14
33	13'16	DESGRANGES MAXENCE		MIM/11
34	13'20	LEPLE JAYNE	Ac Avranches	BEF/13
35	13'35	CAULLERY GREGOIRE		BEM/14
36	13'36	MURIEL ZOE		MIF/11
37	13'46	NORMAND GASPARD		CAM/10

38	13'55	RENAULT LOLA	Ac Avranches	MIF/12
39	14'05	LEBOURGEOIS LOU		MIF/12
40	14'21	RICHARD OCEANE		MIF/12
41	14'24	HENVEL MATHIS		MIM/11
42	14'25	BAYLLY ALIX	Ac Avranches	MIF/12
43	14'41	VITALIS EMALIE		MIF/12
44	14'53	DELAUNE LENY		BEM/14
45	14'59	COTTEBRUNE NOLAN	Ac Avranches	BEM/14
46	15'10	LALOI LEBLATIER JULIETTE		MIF/12

Résultats 5 km

1	15'10	CHAUVIN SCOTT	Straining	SEM/99
2	15'31	LEMARCHAND NOLANN	Ac Avranches	ESM/06
3	15'50	CHARTIER KARL	Delta Location	SEM/93
4	15'58	RUULT PAUL	Granville Ac	ESM/04
5	16'06	KHEBBAB CLEMENT		SEM/96
6	16'21	CARPENTIER JEAN BAPTISTE	Caniforest	M0M/88
7	16'39	FORTIN ALEXIS	Ac Avranches	CAM/10
8	16'41	GARNIER ALEXIS	Gdm Saint-James	CAM/09
9	16'47	CAILLERE JULES	S/l Ca Nord Ouest Mayennais	JUM/08
10	16'53	QUENTIN OSCAR	Sud Manche Triathlon Club	SEM/96
11	17'21	ROUSSEL ANAELLE	S/l Asptt Rennes	CAF/09
12	17'23	GARCON HUGO	S/l Asptt Rennes	SEM/99
13	17'54	SAINTON LAURIANE	S/l La Vigilante De Fougères	SEF/97
14	17'55	MOREL AYMERIC	S/l La Vigilante De Fougères	SEM/98
15	18'08	EPARVIER TYPHAINE		SEF/02
16	18'09	JEANNE ANTHONY	Ac Avranches	SEM/95
17	18'11	MARSDEN CARTER (GBR)	Aco Sourdeval	CAM/10
18	18'12	BREVAULT MANON	Ac Avranches	SEF/94
19	18'14	CAMPINCHI TEO	Run And Breizh	SEM/96
20	18'19	LANGLOIS ANTHONY	Les Mollets Lystriens	M1M/83
21	18'32	CAHU ANTOINE	R3p	ESM/05
22	18'54	GIFFAULT LUCAS		SEM/00
23	19'01	PETIN EMMA	Ac Avranches	CAF/09
24	19'05	HARDEL HIPPOLYTE		ESM/05
25	19'18	FILLATRE ANNE	Run & Breizh	SEF/94
26	19'19	TABUREL NATHAN	Aco Sourdeval	SEM/98
27	19'50	ROUILLARD YOHANN		SEM/03
28	19'52	HAMELAIN NOE		ESM/04
29	20'02	RAULT GOURDEL SYLVIE	Trail En Baie	M2F/80
30	20'22	LEROUX RYAN	Joggeur De Ducey	SEM/03
31	20'27	BONO LAETITIA	Caniforest	M0F/89
32	20'59	MARTIN THIERRY		M2M/81

33	22'04	NOURRY HELICIA		SEF/97
34	22'16	FRANCOIS LAURA		SEF/96
35	22'25	FRANCOIS ELSA		SEF/00
36	22'41	HOLLANDE QUENTIN		SEM/01
37	22'42	LEMARCHAND LENA	Joggeurs Du Val De Sée	CAF/09
38	23'12	LEMARCHAND NICOLAS	Joggeurs Du Val De Sée	M2M/80
39	23'14	RENOUF PASCAL		M2M/77
40	23'15	WOLFF ARNAUD		M1M/83
41	23'22	AUNAI CLOE	Sud Manche Triathlon Club	SEF/98
42	23'34	COJEAN ANTHONY		M0M/89
43	23'54	FROUIN PIERRE		M1M/82
44	24'19	LEBERTRE ANOUK		JUF/08
45	24'26	LEGROS ALEXANDRA		M0F/87
46	24'29	FLEURY JEROME		M0M/87
47	24'41	SALIGAULT JONATHAN		M1M/86
48	24'56	ALEXANDRE KEVIN		SEM/02
49	25'05	LEVAL PATRICE	Gdm Saint-James	M3M/74
50	25'12	LALLIER BRUNO	Sud Manche Triathlon Club	M3M/72
51	25'47	FROUIN ERIN		M0F/90
52	25'48	CHANTELOUBE CELINE		M1F/85
53	26'16	BUIRE ANNE CLAIRE		M2F/79
54	26'21	IDENTITÉ NON COMMUNIQUÉE		SEF/02
55	26'23	FERARD AMAND		M7M/53
56	26'26	FOLLIOT JOHNNY	Ac Avranches	M1M/82
57	26'29	BEZARD ALAIN		M8M/51
58	26'37	LOISANCE AURELIE	Brecey	M2F/80
59	26'48	DESSAINT VANESSA		M1F/84
60	26'49	MORVAN MAUD	Tcval	M0F/90
61	26'59	FREULON SEBASTIEN		M2M/80
62	27'22	FERON TYLIA		MIF/12
63	27'33	JANOT AMELIE		SEF/01
64	27'35	LEVALLOIS SONIA	Les Joggeurs Du Val De Sée	M1F/84
65	27'42	LECLERC MAEVA		M0F/90
66	27'45	ALVES SALDANHA AURORE		M0F/88
67	27'50	AUNAI STEPHANIE	Sud Manche Triathlon Club	M3F/74
68	27'52	OSMOND PEARL		M2F/81
69	28'02	SLATCHER DEBORAH		M5F/63
70	28'14	EPARVIER TYPHAINE		SEF/02
71	28'56	LEBERRIAIS NATHALIE		M4F/67
72	29'06	CAULLERY FANNY		M2F/80
73	30'14	RENARD JEAN-CLAUDE		M8M/49
74	30'34	VALETTE CATHERINE		M5F/66