

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - 10K



| Pl. | Dos  | Nom-prénom              | Club                      | Nat | Sx | Course | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|-------------------------|---------------------------|-----|----|--------|-------|--------|----------|----------|-------------|
| 1   | 3627 | ADJI Mohammed           |                           |     | M  | 10K    | 34:32 | -      | 1° SEH   | 1° M     | 17,37       |
| 2   | 3441 | DESMONTS Coriolan       | RUN AND FREEDOM           |     | M  | 10K    | 34:51 | +0:19  | 1° ESH   | 2° M     | 17,22       |
| 3   | 3469 | LACOMBE Côte            | CAEN ATHLETIC CLUB*       |     | M  | 10K    | 36:52 | +02:20 | 2° ESH   | 3° M     | 16,27       |
| 4   | 3429 | CATOIS Guillaume        | ASPTT ARGENTAN            |     | M  | 10K    | 37:03 | +02:31 | 1° M2H   | 4° M     | 16,19       |
| 5   | 3487 | MOISSERON Nicolas       | ALENCON RUNNING CLUB      |     | M  | 10K    | 37:15 | +02:43 | 1° M1H   | 5° M     | 16,11       |
| 6   | 3488 | MOISSERON Corentin      | ALENCON RUNNING CLUB      |     | M  | 10K    | 37:53 | +03:21 | 3° ESH   | 6° M     | 15,84       |
| 7   | 3408 | BAMAS Ludovic           |                           |     | M  | 10K    | 41:19 | +06:47 | 2° M1H   | 7° M     | 14,52       |
| 8   | 3536 | DAUVIER Jérôme          |                           |     | M  | 10K    | 41:34 | +07:02 | 3° M1H   | 8° M     | 14,43       |
| 9   | 3460 | HAMERY Romain           |                           |     | M  | 10K    | 41:36 | +07:04 | 2° SEH   | 9° M     | 14,42       |
| 10  | 3442 | DESMONTS Philippe       | INTREPID DE PRE-EN-PAIL   |     | M  | 10K    | 42:19 | +07:47 | 1° M3H   | 10° M    | 14,18       |
| 11  | 3518 | TAILLEFER Alain         | ASPTT ARGENTAN            |     | M  | 10K    | 42:43 | +08:11 | 2° M3H   | 11° M    | 14,05       |
| 12  | 3508 | ROUZÉ Arnaud            |                           |     | M  | 10K    | 42:56 | +08:24 | 1° M0H   | 12° M    | 13,98       |
| 13  | 3524 | VANNIER Jérôme          | INTREPID DE PRE-EN-PAIL   |     | M  | 10K    | 43:06 | +08:34 | 3° M3H   | 13° M    | 13,92       |
| 14  | 3516 | SUHARD Therese          | ♀ INTREPID DE PRE-EN-PAIL |     | F  | 10K    | 43:06 | +08:34 | 1° M4F   | 1° F     | 13,92       |
| 15  | 3512 | SERAIS Gabriel          |                           |     | M  | 10K    | 43:15 | +08:43 | 3° SEH   | 14° M    | 13,87       |
| 16  | 3507 | ROGER Mickael           |                           |     | M  | 10K    | 43:17 | +08:45 | 2° M0H   | 15° M    | 13,86       |
| 17  | 3496 | PAUMIER Bénoni          | SANGLIER D'ACTIV ORNE     |     | M  | 10K    | 43:25 | +08:53 | 4° SEH   | 16° M    | 13,82       |
| 18  | 3438 | CORNU Remi              | INTREPID DE PRE-EN-PAIL   |     | M  | 10K    | 44:49 | +10:17 | 1° M4H   | 17° M    | 13,39       |
| 19  | 3405 | BADIER Adrien           |                           |     | M  | 10K    | 45:19 | +10:47 | 5° SEH   | 18° M    | 13,24       |
| 20  | 3618 | THIERS Alexis           |                           |     | M  | 10K    | 45:23 | +10:51 | 6° SEH   | 19° M    | 13,22       |
| 21  | 3410 | BARIL Nicolas           | LES COUREURS PRÈS SÉES    |     | M  | 10K    | 45:45 | +11:13 | 3° M0H   | 20° M    | 13,11       |
| 22  | 3436 | COMTE Philippe          | ASPTT ARGENTAN            |     | M  | 10K    | 46:21 | +11:49 | 4° M3H   | 21° M    | 12,94       |
| 23  | 3401 | ADAM Kevin              |                           |     | M  | 10K    | 46:27 | +11:55 | 1° CAH   | 22° M    | 12,92       |
| 24  | 3428 | CATHERINE Nicolas       |                           |     | M  | 10K    | 46:43 | +12:11 | 4° M1H   | 23° M    | 12,84       |
| 25  | 3413 | BEAUJEU Frédéric        | ARGENTAN TRIATHLON        |     | M  | 10K    | 46:48 | +12:16 | 4° M0H   | 24° M    | 12,82       |
| 26  | 3486 | MASCLAUX Denis          |                           |     | M  | 10K    | 46:57 | +12:25 | 1° M5H   | 25° M    | 12,78       |
| 27  | 3614 | MOUTIER Maxime          |                           |     | M  | 10K    | 47:03 | +12:31 | 7° SEH   | 26° M    | 12,75       |
| 28  | 3447 | FORTIER Jérôme          |                           |     | M  | 10K    | 47:09 | +12:37 | 2° M2H   | 27° M    | 12,73       |
| 29  | 3453 | GLINCHE Kevin           |                           |     | M  | 10K    | 47:12 | +12:40 | 5° M0H   | 28° M    | 12,71       |
| 30  | 3420 | BISSON Jacques          |                           |     | M  | 10K    | 47:18 | +12:46 | 8° SEH   | 29° M    | 12,68       |
| 31  | 3617 | BALLON Cyril            |                           |     | M  | 10K    | 47:32 | +13:00 | 9° SEH   | 30° M    | 12,62       |
| 32  | 3502 | PLESSIS Julien          |                           |     | M  | 10K    | 47:35 | +13:03 | 10° SEH  | 31° M    | 12,61       |
| 33  | 3625 | SIMON Dominique         |                           |     | M  | 10K    | 48:04 | +13:32 | 1° M7H   | 32° M    | 12,48       |
| 34  | 3418 | BERTRAND Sylvain        |                           |     | M  | 10K    | 48:04 | +13:32 | 3° M2H   | 33° M    | 12,48       |
| 35  | 3531 | RIEUX Michel            |                           |     | M  | 10K    | 48:36 | +14:04 | 2° M7H   | 34° M    | 12,35       |
| 36  | 3538 | LEPRINCE Loïc           |                           |     | M  | 10K    | 48:36 | +14:04 | 2° M4H   | 35° M    | 12,35       |
| 37  | 3526 | LOZANO Diego            |                           |     | M  | 10K    | 48:52 | +14:20 | 6° M0H   | 36° M    | 12,28       |
| 38  | 3498 | PETRAULT Kevin          | MASTELLOTTO               |     | M  | 10K    | 49:04 | +14:32 | 11° SEH  | 37° M    | 12,23       |
| 39  | 3626 | TRANCHANT Jean-François |                           |     | M  | 10K    | 49:21 | +14:49 | 2° M5H   | 38° M    | 12,16       |
| 40  | 3521 | TRANCHANT Mike          |                           |     | M  | 10K    | 49:33 | +15:01 | 5° M1H   | 39° M    | 12,11       |

| Pl. | Dos  | Nom-prénom          | Club                                        | Nat                                                                                   | Sx | Course | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|---------------------|---------------------------------------------|---------------------------------------------------------------------------------------|----|--------|-------|--------|----------|----------|-------------|
| 41  | 3492 | MOTTIN Gaetan       | NIKE ENTERTAINMENT                          |    | M  | 10K    | 49:53 | +15:21 | 4° M2H   | 40° M    | 12,03       |
| 42  | 3431 | CHARTIER Nicolas    |                                             |    | M  | 10K    | 50:19 | +15:47 | 6° M1H   | 41° M    | 11,92       |
| 43  | 3616 | ROUELLE Christian   |                                             |                                                                                       | M  | 10K    | 50:32 | +16:00 | 1° M6H   | 42° M    | 11,87       |
| 44  | 3535 | LEFEBVRE Sandrine   | ♀                                           |    | F  | 10K    | 50:50 | +16:18 | 1° M3F   | 2° F     | 11,80       |
| 45  | 3529 | HESLOT Jean-Jacques |                                             |    | M  | 10K    | 50:51 | +16:19 | 3° M7H   | 43° M    | 11,80       |
| 46  | 3477 | LEJEUNE Anaïs       | ♀                                           |    | F  | 10K    | 51:11 | +16:39 | 1° M0F   | 3° F     | 11,72       |
| 47  | 3476 | LEFRANCOIS Xavier   | VEOLIA EAU                                  |    | M  | 10K    | 51:20 | +16:48 | 5° M2H   | 44° M    | 11,69       |
| 48  | 3466 | JASLIER Loris       |                                             |    | M  | 10K    | 51:31 | +16:59 | 12° SEH  | 45° M    | 11,65       |
| 49  | 3525 | VILLAIN Corentin    |                                             |    | M  | 10K    | 51:32 | +17:00 | 13° SEH  | 46° M    | 11,64       |
| 50  | 3458 | GRENTE Benjamin     |                                             |    | M  | 10K    | 51:33 | +17:01 | 7° M1H   | 47° M    | 11,64       |
| 51  | 3478 | LELIEVRE Regis      |                                             |    | M  | 10K    | 51:34 | +17:02 | 3° M5H   | 48° M    | 11,64       |
| 52  | 3480 | LENORMAND Romain    |                                             |    | M  | 10K    | 51:37 | +17:05 | 7° M0H   | 49° M    | 11,62       |
| 53  | 3461 | HESLOT Remi         |                                             |    | M  | 10K    | 51:40 | +17:08 | 2° M6H   | 50° M    | 11,61       |
| 54  | 3437 | COMTE Quentin       |                                             |    | M  | 10K    | 51:53 | +17:21 | 14° SEH  | 51° M    | 11,56       |
| 55  | 3451 | GATIEN Jonathan     |                                             |    | M  | 10K    | 51:53 | +17:21 | 8° M1H   | 52° M    | 11,56       |
| 56  | 3619 | MAILLARD Jérémy     |                                             |                                                                                       | M  | 10K    | 52:15 | +17:43 | 9° M1H   | 53° M    | 11,48       |
| 57  | 3527 | LAROCHE Sébastien   |                                             |    | M  | 10K    | 52:44 | +18:12 | 8° M0H   | 54° M    | 11,38       |
| 58  | 3530 | VILETTE Salomé      | ♀                                           |    | F  | 10K    | 52:50 | +18:18 | 2° M0F   | 4° F     | 11,36       |
| 59  | 3505 | REQUIER Tanguy      |                                             |    | M  | 10K    | 52:59 | +18:27 | 15° SEH  | 55° M    | 11,32       |
| 60  | 3434 | DUMANOWSKI Vincent  |                                             |    | M  | 10K    | 53:00 | +18:28 | 9° M0H   | 56° M    | 11,32       |
| 61  | 3432 | CHERUEL Celine      | ♀                                           |    | F  | 10K    | 53:17 | +18:45 | 2° M3F   | 5° F     | 11,26       |
| 62  | 3520 | TOUATI Sacha        |                                             |    | M  | 10K    | 54:20 | +19:48 | 16° SEH  | 57° M    | 11,04       |
| 63  | 3448 | FORTIER Olivier     | ALLEZ SARCEAUX !                            |    | M  | 10K    | 54:23 | +19:51 | 5° M3H   | 58° M    | 11,03       |
| 64  | 3421 | BLAIS Gwen          |                                             |    | M  | 10K    | 54:37 | +20:05 | 10° M0H  | 59° M    | 10,99       |
| 65  | 3422 | BLONDEL-AMOUR Lucas |                                             |    | M  | 10K    | 54:57 | +20:25 | 17° SEH  | 60° M    | 10,92       |
| 66  | 3624 | VALLEE Frédéric     |                                             |                                                                                       | M  | 10K    | 55:05 | +20:33 | 6° M3H   | 61° M    | 10,89       |
| 67  | 3409 | BARETTE Dimitri     |                                             |    | M  | 10K    | 55:32 | +21:00 | 6° M2H   | 62° M    | 10,80       |
| 68  | 3517 | SZEVOCYK Jean-Marc  | ETOILE SPORTIVE LIVAROTAISE SECTION RUNNING |    | M  | 10K    | 55:33 | +21:01 | 4° M5H   | 63° M    | 10,80       |
| 69  | 3407 | BALOCHE Pierre      | ACTIV'ORNE                                  |    | M  | 10K    | 55:41 | +21:09 | 1° M8H   | 64° M    | 10,78       |
| 70  | 3621 | HENRY Grégoire      |                                             |                                                                                       | M  | 10K    | 55:58 | +21:26 | 18° SEH  | 65° M    | 10,72       |
| 71  | 3622 | RENDER Audrey       | ♀                                           |                                                                                       | F  | 10K    | 55:59 | +21:27 | 1° SEF   | 6° F     | 10,72       |
| 72  | 3425 | BOURGUIGNON Jessica | ♀                                           |  | F  | 10K    | 56:01 | +21:29 | 2° SEF   | 7° F     | 10,71       |
| 73  | 3473 | LE-TENNIER Sylvie   | ♀ S/L BAYARD ARGENTAN ATHLETISME            |  | F  | 10K    | 56:36 | +22:04 | 1° M5F   | 8° F     | 10,60       |
| 74  | 3406 | BADIER Philippe     |                                             |  | M  | 10K    | 56:39 | +22:07 | 5° M5H   | 66° M    | 10,59       |
| 75  | 3433 | CHESNEL Damien      |                                             |  | M  | 10K    | 56:44 | +22:12 | 7° M2H   | 67° M    | 10,58       |
| 76  | 3534 | TOUATI Fanny        | ♀                                           |  | F  | 10K    | 56:44 | +22:12 | 1° M2F   | 9° F     | 10,58       |
| 77  | 3515 | SOUTI Jean Yves     |                                             |  | M  | 10K    | 57:06 | +22:34 | 3° M6H   | 68° M    | 10,51       |
| 78  | 3481 | LEROY Brigitte      | ♀ BAGNOLES OXYGENE                          |  | F  | 10K    | 57:07 | +22:35 | 2° M5F   | 10° F    | 10,50       |
| 79  | 3404 | ANGOT Fabien        | VRS TEAM                                    |  | M  | 10K    | 57:12 | +22:40 | 10° M1H  | 69° M    | 10,49       |
| 80  | 3495 | PAUGER Melvin       |                                             |  | M  | 10K    | 57:28 | +22:56 | 19° SEH  | 70° M    | 10,44       |
| 81  | 3435 | CHEVALIER Carine    | ♀                                           |  | F  | 10K    | 57:46 | +23:14 | 2° M4F   | 11° F    | 10,39       |
| 82  | 3482 | LEROY Marc          | BAGNOLES OXYGENE                            |  | M  | 10K    | 57:46 | +23:14 | 6° M5H   | 71° M    | 10,39       |
| 83  | 3411 | BAUDOIN Guillaume   |                                             |  | M  | 10K    | 57:50 | +23:18 | 11° M0H  | 72° M    | 10,37       |
| 84  | 3416 | BECHET Emmanuel     |                                             |  | M  | 10K    | 58:24 | +23:52 | 7° M3H   | 73° M    | 10,27       |
| 85  | 3415 | BÉCHÉ Alain         | S/L BAYARD ARGENTAN ATHLETISME              |  | M  | 10K    | 58:24 | +23:52 | 4° M6H   | 74° M    | 10,27       |

| Pl. | Dos  | Nom-prénom              | Club                      | Nat                                                                                   | Sx | Course | Temps   | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|-------------------------|---------------------------|---------------------------------------------------------------------------------------|----|--------|---------|--------|----------|----------|-------------|
| 86  | 3523 | VALABLE Jerome          |                           |    | M  | 10K    | 58:30   | +23:58 | 8° M2H   | 75° M    | 10,26       |
| 87  | 3424 | BOURDAIS Clémentine     | ♀                         |    | F  | 10K    | 58:41   | +24:09 | 3° SEF   | 12° F    | 10,22       |
| 88  | 3490 | MORIN Stéphanide        | ♀                         |    | F  | 10K    | 58:56   | +24:24 | 2° M2F   | 13° F    | 10,18       |
| 89  | 3539 | SALOUX Jean-François    |                           |    | M  | 10K    | 58:58   | +24:26 | 5° M6H   | 76° M    | 10,18       |
| 90  | 3443 | DRINGOT Gregory         |                           |    | M  | 10K    | 59:03   | +24:31 | 9° M2H   | 77° M    | 10,16       |
| 91  | 3454 | GOMEZ SANCHEZ Francisco |                           |    | M  | 10K    | 59:04   | +24:32 | 10° M2H  | 78° M    | 10,16       |
| 92  | 3493 | PAIN Baptiste           |                           |    | M  | 10K    | 59:17   | +24:45 | 4° ESH   | 79° M    | 10,12       |
| 93  | 3537 | CHAMPAIN Arno           |                           |    | M  | 10K    | 59:17   | +24:45 | 5° ESH   | 80° M    | 10,12       |
| 94  | 3540 | LEGOFF Nicolas          |                           |    | M  | 10K    | 59:32   | +25:00 | 12° M0H  | 81° M    | 10,08       |
| 95  | 3419 | BIEUZENT Camille        | ♀                         |    | F  | 10K    | 59:41   | +25:09 | 4° SEF   | 14° F    | 10,05       |
| 96  | 3484 | MALOIZEL Regis          | CONTRE LE CANCER J'Y VAIS |    | M  | 10K    | 59:43   | +25:11 | 8° M3H   | 82° M    | 10,05       |
| 97  | 3470 | LAMBERT Rémi            | ARGENTAN TRIATHLON        |    | M  | 10K    | 59:46   | +25:14 | 20° SEH  | 83° M    | 10,04       |
| 98  | 3612 | MOREAU Emmanuel         |                           |                                                                                       | M  | 10K    | 59:46   | +25:14 | 7° M5H   | 84° M    | 10,04       |
| 99  | 3423 | BODIN Frédéric          |                           |    | M  | 10K    | 1:00:06 | +25:34 | 3° M4H   | 85° M    | 9,98        |
| 100 | 3463 | HOMMAIS Clément         |                           |    | M  | 10K    | 1:00:14 | +25:42 | 21° SEH  | 86° M    | 9,96        |
| 101 | 3628 | ERHMANN Mylène          | ♀                         |                                                                                       | F  | 10K    | 1:00:28 | +25:56 | 5° SEF   | 15° F    | 9,92        |
| 102 | 3427 | CARPENTIER Adèle        | ♀                         |    | F  | 10K    | 1:00:44 | +26:12 | 1° JUF   | 16° F    | 9,88        |
| 103 | 3528 | ROLLAND Frédéric        |                           |    | M  | 10K    | 1:00:51 | +26:19 | 11° M2H  | 87° M    | 9,86        |
| 104 | 3465 | JALODIN Milene          | ♀ ASPTT ARGENTAN          |    | F  | 10K    | 1:01:20 | +26:48 | 3° M0F   | 17° F    | 9,78        |
| 105 | 3501 | PITEL Mario             |                           |    | M  | 10K    | 1:01:41 | +27:09 | 22° SEH  | 88° M    | 9,73        |
| 106 | 3519 | TESSIER Florence        | ♀                         |    | F  | 10K    | 1:01:55 | +27:23 | 3° M4F   | 18° F    | 9,69        |
| 107 | 3630 | GAILLARD Louna          | ♀                         |                                                                                       | F  | 10K    | 1:01:56 | +27:24 | 2° JUF   | 19° F    | 9,69        |
| 108 | 3633 | BOURDOISEAU Louis       |                           |                                                                                       | M  | 10K    | 1:01:57 | +27:25 | 1° JUH   | 89° M    | 9,69        |
| 109 | 3611 | HENRY Mélanie           | ♀                         |                                                                                       | F  | 10K    | 1:02:00 | +27:28 | 1° M1F   | 20° F    | 9,68        |
| 110 | 3533 | HENRY Jean-François     |                           |    | M  | 10K    | 1:02:02 | +27:30 | 6° M6H   | 90° M    | 9,67        |
| 111 | 3636 | PAIN Eddy               |                           |                                                                                       | M  | 10K    | 1:02:03 | +27:31 | 4° M4H   | 91° M    | 9,67        |
| 112 | 3455 | GOSSELIN Valerie        | ♀                         |    | F  | 10K    | 1:02:15 | +27:43 | 2° M1F   | 21° F    | 9,64        |
| 113 | 3499 | PICARD Laurent          |                           |    | M  | 10K    | 1:02:36 | +28:04 | 12° M2H  | 92° M    | 9,58        |
| 114 | 3462 | HINGANT Arnaud          |                           |   | M  | 10K    | 1:02:50 | +28:18 | 11° M1H  | 93° M    | 9,55        |
| 115 | 3475 | LEFEVRE Marvin          | HÔPITAL D'ARGENTAN        |  | M  | 10K    | 1:03:17 | +28:45 | 23° SEH  | 94° M    | 9,48        |
| 116 | 3412 | BEAUDOIN Olivia         | ♀                         |  | F  | 10K    | 1:03:50 | +29:18 | 6° SEF   | 22° F    | 9,40        |
| 117 | 3532 | SAMSON Tony             |                           |  | M  | 10K    | 1:03:59 | +29:27 | 9° M3H   | 95° M    | 9,38        |
| 118 | 3474 | LECOSSAIS Sophie        | ♀                         |  | F  | 10K    | 1:04:05 | +29:33 | 7° SEF   | 23° F    | 9,36        |
| 119 | 3417 | BERNOU Lucie            | ♀                         |  | F  | 10K    | 1:05:11 | +30:39 | 1° CAF   | 24° F    | 9,20        |
| 120 | 3426 | BULCKE Christophe       |                           |  | M  | 10K    | 1:05:12 | +30:40 | 10° M3H  | 96° M    | 9,20        |
| 121 | 3510 | SAMSON Nathalie         | ♀                         |  | F  | 10K    | 1:05:15 | +30:43 | 4° M4F   | 25° F    | 9,20        |
| 122 | 3623 | DELARUE Lucie           | ♀                         |                                                                                       | F  | 10K    | 1:05:25 | +30:53 | 4° M0F   | 26° F    | 9,17        |
| 123 | 3620 | HENRY Patrick           |                           |                                                                                       | M  | 10K    | 1:05:44 | +31:12 | 8° M5H   | 97° M    | 9,13        |
| 124 | 3635 | GIAQUINTO Simone        | ♀                         |                                                                                       | F  | 10K    | 1:06:18 | +31:46 | 1° M8F   | 27° F    | 9,05        |
| 125 | 3450 | FROVILLE Myriam         | ♀                         |  | F  | 10K    | 1:06:23 | +31:51 | 3° M2F   | 28° F    | 9,04        |
| 126 | 3456 | GOULLEY Sébastien       |                           |  | M  | 10K    | 1:07:01 | +32:29 | 13° M2H  | 98° M    | 8,95        |
| 127 | 3457 | GOULLEY Capucine        | ♀                         |  | F  | 10K    | 1:07:01 | +32:29 | 3° JUF   | 29° F    | 8,95        |
| 128 | 3503 | PLESSIS Laura           | ♀                         |  | F  | 10K    | 1:07:14 | +32:42 | 5° M0F   | 30° F    | 8,92        |
| 129 | 3471 | LANDAIS Odile           | ♀ ASPTT ALENCON           |  | F  | 10K    | 1:07:52 | +33:20 | 1° M6F   | 31° F    | 8,84        |
| 130 | 3631 | BOURDOISEAU Vincent     |                           |                                                                                       | M  | 10K    | 1:08:00 | +33:28 | 14° M2H  | 99° M    | 8,82        |

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|-----|------|---------------------------|---------------------------|-------------------------------------------------------------------------------------|----|--------|---------|-----------|----------|----------|-------------|
| 131 | 3632 | DUTILLIEUX Maya           | ♀                         |                                                                                     | F  | 10K    | 1:08:01 | +33:29    | 4° JUF   | 32° F    | 8,82        |
| 132 | 3468 | JULIEN Eléa               | ♀                         |  | F  | 10K    | 1:08:01 | +33:29    | 2° CAF   | 33° F    | 8,82        |
| 133 | 3430 | CHARTIER Monique          | ♀                         |  | F  | 10K    | 1:08:07 | +33:35    | 3° M1F   | 34° F    | 8,81        |
| 134 | 3629 | BOSQUET Laurent           |                           |                                                                                     | M  | 10K    | 1:08:36 | +34:04    | 9° M5H   | 100° M   | 8,75        |
| 135 | 3491 | MOTTIN Claude             | CYCLO RANDONNEUR ARGENTAN |  | M  | 10K    | 1:09:52 | +35:20    | 7° M6H   | 101° M   | 8,59        |
| 136 | 3500 | PILLIER Arnaud            |                           |  | M  | 10K    | 1:09:58 | +35:26    | 13° M0H  | 102° M   | 8,58        |
| 137 | 3446 | FLOCH Lucie               | ♀                         |  | F  | 10K    | 1:10:42 | +36:10    | 4° M1F   | 35° F    | 8,49        |
| 138 | 3494 | PALUSSIÈRE Guy            |                           |  | M  | 10K    | 1:11:52 | +37:20    | 10° M5H  | 103° M   | 8,35        |
| 139 | 3514 | SINEUX Louise             | ♀                         |  | F  | 10K    | 1:12:42 | +38:10    | 8° SEF   | 36° F    | 8,25        |
| 140 | 3464 | HOULETTE Damien           |                           |  | M  | 10K    | 1:12:46 | +38:14    | 12° M1H  | 104° M   | 8,25        |
| 141 | 3511 | SANSON Christophe         |                           |  | M  | 10K    | 1:13:07 | +38:35    | 14° M0H  | 105° M   | 8,21        |
| 142 | 3613 | CHAPELAIN Séverine        | ♀                         |                                                                                     | F  | 10K    | 1:13:40 | +39:08    | 3° M3F   | 37° F    | 8,14        |
| 143 | 3483 | LEVASSEUR Quentin         | INTERSPORT FLERS          |  | M  | 10K    | 1:13:57 | +39:25    | 24° SEH  | 106° M   | 8,11        |
| 144 | 3440 | DELAUNAY Charles-Ambroise |                           |  | M  | 10K    | 1:18:29 | +43:57    | 25° SEH  | 107° M   | 7,64        |
| 145 | 3445 | ESNEAULT Agathe           | ♀                         |  | F  | 10K    | 1:19:51 | +45:19    | 9° SEF   | 38° F    | 7,51        |
| 146 | 3513 | SINEUX Jules              |                           |  | M  | 10K    | 1:19:51 | +45:19    | 26° SEH  | 108° M   | 7,51        |
| 147 | 3522 | URBAIN Lucie              | ♀                         |  | F  | 10K    | 1:20:50 | +46:18    | 5° M1F   | 39° F    | 7,42        |
| 148 | 3634 | CHEVALIER Sophie          | ♀                         |                                                                                     | F  | 10K    | 1:38:59 | +01:04:27 | 6° M1F   | 40° F    | 6,06        |

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - 5K



| Pl. | Dos  | Nom-prénom               | Club                    | Nat | Sx | Course | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|--------------------------|-------------------------|-----|----|--------|-------|--------|----------|----------|-------------|
| 1   | 3065 | GALLOT Camille           | ALENCON RUNNING CLUB    |     | M  | 5K     | 17:57 | -      | 1° CAH   | 1° M     | 16,71       |
| 2   | 3140 | JOANNET Sébastien        |                         |     | M  | 5K     | 19:16 | +01:19 | 1° M2H   | 2° M     | 15,57       |
| 3   | 3148 | LORPHELIN Guillaume      |                         |     | M  | 5K     | 19:55 | +01:58 | 1° SEH   | 3° M     | 15,06       |
| 4   | 3096 | MOISSERON Antonin        | ALENCON RUNNING CLUB    |     | M  | 5K     | 20:32 | +02:35 | 1° JUH   | 4° M     | 14,61       |
| 5   | 3042 | BRAULT Mathis            | S/L FLERS ATHLETIC CLUB |     | M  | 5K     | 21:06 | +03:09 | 1° ESH   | 5° M     | 14,22       |
| 6   | 3066 | GAREL-LE DYLIO Franck    | ARGENTAN TRIATHLON      |     | M  | 5K     | 21:56 | +03:59 | 2° M2H   | 6° M     | 13,68       |
| 7   | 3146 | BISSON Emile             |                         |     | M  | 5K     | 22:21 | +04:24 | 2° JUH   | 7° M     | 13,42       |
| 8   | 3037 | BOITARD Nicolas          | LES COUREURS PRÈS SÉES  |     | M  | 5K     | 22:24 | +04:27 | 1° M1H   | 8° M     | 13,39       |
| 9   | 3137 | LEBASCLE Josselin        |                         |     | M  | 5K     | 22:24 | +04:27 | 2° SEH   | 9° M     | 13,39       |
| 10  | 3106 | POIRIER Alban            |                         |     | M  | 5K     | 22:28 | +04:31 | 3° M2H   | 10° M    | 13,35       |
| 11  | 3144 | GAREL LE DYLIO Myriam    | ♀                       |     | F  | 5K     | 22:37 | +04:40 | 1° M2F   | 1° F     | 13,26       |
| 12  | 3120 | SEVAUX Alexandre         | ASPTT ARGENTAN          |     | M  | 5K     | 22:53 | +04:56 | 1° M0H   | 11° M    | 13,11       |
| 13  | 3075 | HAMERY Cindy             | ♀ BAYARD ARGENTAN       |     | F  | 5K     | 22:58 | +05:01 | 1° SEF   | 2° F     | 13,06       |
| 14  | 3056 | DELANGLE Maxence         |                         |     | M  | 5K     | 23:29 | +05:32 | 2° CAH   | 12° M    | 12,78       |
| 15  | 3134 | MARY Guillaume           |                         |     | M  | 5K     | 23:41 | +05:44 | 3° JUH   | 13° M    | 12,67       |
| 16  | 3053 | DE SAINT-MARTIN Maël     | POMPIERS ECOUCHE        |     | M  | 5K     | 23:53 | +05:56 | 3° CAH   | 14° M    | 12,56       |
| 17  | 3135 | MARTIN Batiste           |                         |     | M  | 5K     | 23:58 | +06:01 | 4° CAH   | 15° M    | 12,52       |
| 18  | 3076 | HEMERY Arnold            |                         |     | M  | 5K     | 24:01 | +06:04 | 2° M0H   | 16° M    | 12,49       |
| 19  | 3133 | VANTHOURNOUT Sébastien   |                         |     | M  | 5K     | 24:07 | +06:10 | 2° M1H   | 17° M    | 12,44       |
| 20  | 3062 | DUVAL Aurelie            | ♀ ES FALAISIENNE        |     | F  | 5K     | 24:10 | +06:13 | 1° M0F   | 3° F     | 12,41       |
| 21  | 3077 | HERVIEU Cedric           |                         |     | M  | 5K     | 24:25 | +06:28 | 3° M0H   | 18° M    | 12,29       |
| 22  | 3061 | DRIQUERT Yorick          |                         |     | M  | 5K     | 24:40 | +06:43 | 4° M0H   | 19° M    | 12,16       |
| 23  | 3089 | LUCA Nathaël             |                         |     | M  | 5K     | 24:52 | +06:55 | 5° CAH   | 20° M    | 12,06       |
| 24  | 3045 | CAMUS Stéphane           | AJ BLOIS-ONZAIN         |     | M  | 5K     | 24:54 | +06:57 | 1° M3H   | 21° M    | 12,05       |
| 25  | 3068 | GERVAIS Mélanie          | ♀                       |     | F  | 5K     | 25:01 | +07:04 | 1° ESF   | 4° F     | 11,99       |
| 26  | 3101 | OU-TA-LONG Pierre-Maxime | ALENCON RUNNING CLUB    |     | M  | 5K     | 25:30 | +07:33 | 5° M0H   | 22° M    | 11,76       |
| 27  | 3150 | CIVEYRAC Naël            |                         |     | M  | 5K     | 25:30 | +07:33 | 6° CAH   | 23° M    | 11,76       |
| 28  | 3036 | BOITARD Lilian           | LES COUREURS PRÈS SÉES  |     | M  | 5K     | 25:31 | +07:34 | 7° CAH   | 24° M    | 11,76       |
| 29  | 3121 | SUHARD Thierry           | INTREPID DE PRE-EN-PAIL |     | M  | 5K     | 25:38 | +07:41 | 1° M5H   | 25° M    | 11,70       |
| 30  | 3102 | PAUMARD Jessy            |                         |     | M  | 5K     | 25:40 | +07:43 | 4° JUH   | 26° M    | 11,69       |
| 31  | 3130 | BRUNEAU Thierry          |                         |     | M  | 5K     | 25:52 | +07:55 | 1° M4H   | 27° M    | 11,60       |
| 32  | 3055 | DELANGLE Arnaud          |                         |     | M  | 5K     | 25:56 | +07:59 | 3° M1H   | 28° M    | 11,57       |
| 33  | 3071 | GIRARD Benjamin          |                         |     | M  | 5K     | 26:14 | +08:17 | 2° ESH   | 29° M    | 11,44       |
| 34  | 3092 | MAILLARD Elise           | ♀                       |     | F  | 5K     | 26:27 | +08:30 | 2° ESF   | 5° F     | 11,34       |
| 35  | 3067 | GATIEN Emilie            | ♀                       |     | F  | 5K     | 27:14 | +09:17 | 2° M0F   | 6° F     | 11,02       |
| 36  | 3094 | MASSINOT Matheo          |                         |     | M  | 5K     | 27:16 | +09:19 | 5° JUH   | 30° M    | 11,00       |
| 37  | 3095 | MENANT Mikael            |                         |     | M  | 5K     | 27:19 | +09:22 | 4° M2H   | 31° M    | 10,98       |
| 38  | 3136 | TABURET Mathilde         | ♀                       |     | F  | 5K     | 27:29 | +09:32 | 2° SEF   | 7° F     | 10,92       |
| 39  | 3206 | COULANGE Lydie           | ♀                       |     | F  | 5K     | 27:34 | +09:37 | 1° M3F   | 8° F     | 10,88       |
| 40  | 3082 | LE ROUX Mélanie          | ♀ ARGENTAN TRIATHLON    |     | F  | 5K     | 27:41 | +09:44 | 2° M2F   | 9° F     | 10,84       |

| Pl. | Dos  | Nom-prénom                 | Club                             | Nat                                                                                   | Sx | Course | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|----------------------------|----------------------------------|---------------------------------------------------------------------------------------|----|--------|-------|--------|----------|----------|-------------|
| 41  | 3060 | DRIQUERT Lenaig            | ♀                                |    | F  | 5K     | 29:27 | +11:30 | 1° M1F   | 10° F    | 10,19       |
| 42  | 3087 | LORPHELIN Franck           |                                  |    | M  | 5K     | 29:40 | +11:43 | 2° M4H   | 32° M    | 10,11       |
| 43  | 3116 | ROCHER Remi                |                                  |    | M  | 5K     | 29:59 | +12:02 | 3° M4H   | 33° M    | 10,01       |
| 44  | 3080 | LAIZE Flavie               | ♀                                |    | F  | 5K     | 30:25 | +12:28 | 3° SEF   | 11° F    | 9,86        |
| 45  | 3112 | REYNAUD Nicolas            |                                  |    | M  | 5K     | 30:34 | +12:37 | 3° ESH   | 34° M    | 9,81        |
| 46  | 3143 | LANGLOIS Florent           |                                  |                                                                                       | M  | 5K     | 30:37 | +12:40 | 3° SEH   | 35° M    | 9,80        |
| 47  | 3109 | QUENTIN Delannoy           |                                  |    | M  | 5K     | 30:39 | +12:42 | 4° ESH   | 36° M    | 9,79        |
| 48  | 3057 | DELANNOY Bastien           |                                  |    | M  | 5K     | 30:40 | +12:43 | 6° JUH   | 37° M    | 9,78        |
| 49  | 3117 | ROULLAND Michael           |                                  |    | M  | 5K     | 30:47 | +12:50 | 4° M1H   | 38° M    | 9,75        |
| 50  | 3119 | SALLES Océane              | ♀ LES COUREURS PRÈS SÉES         |    | F  | 5K     | 30:55 | +12:58 | 1° CAF   | 12° F    | 9,70        |
| 51  | 3118 | ROUSSELET Coralie          | ♀                                |    | F  | 5K     | 31:19 | +13:22 | 4° SEF   | 13° F    | 9,58        |
| 52  | 3088 | LOUIS Valérie              | ♀                                |    | F  | 5K     | 31:50 | +13:53 | 2° M3F   | 14° F    | 9,42        |
| 53  | 3090 | LUSSEAU Salomé             | ♀                                |    | F  | 5K     | 31:58 | +14:01 | 1° JUF   | 15° F    | 9,38        |
| 54  | 3145 | GAREL LE DYLIO Lili-Jeanne | ♀                                |                                                                                       | F  | 5K     | 31:59 | +14:02 | 2° CAF   | 16° F    | 9,38        |
| 55  | 3091 | MAILLARD Anaïs             | ♀                                |    | F  | 5K     | 32:01 | +14:04 | 2° JUF   | 17° F    | 9,37        |
| 56  | 3108 | QUAGLIA Maxime             |                                  |    | M  | 5K     | 32:03 | +14:06 | 5° ESH   | 39° M    | 9,36        |
| 57  | 3069 | GERVAIS Yannick            |                                  |    | M  | 5K     | 32:12 | +14:15 | 4° M4H   | 40° M    | 9,32        |
| 58  | 3048 | COMTE Chantal              | ♀                                |    | F  | 5K     | 32:35 | +14:38 | 1° M4F   | 18° F    | 9,21        |
| 59  | 3127 | LEBAS Soizic               | ♀                                |    | F  | 5K     | 32:57 | +15:00 | 3° M2F   | 19° F    | 9,10        |
| 60  | 3049 | COULANGE Lea               | ♀                                |    | F  | 5K     | 33:08 | +15:11 | 3° ESF   | 20° F    | 9,05        |
| 61  | 3046 | CHESNEL Yaël               |                                  |    | M  | 5K     | 33:19 | +15:22 | 5° M1H   | 41° M    | 9,00        |
| 62  | 3039 | BOIVIN Alexandre           |                                  |    | M  | 5K     | 33:39 | +15:42 | 6° M0H   | 42° M    | 8,92        |
| 63  | 3078 | JENNET Ambre               | ♀                                |    | F  | 5K     | 33:41 | +15:44 | 5° SEF   | 21° F    | 8,91        |
| 64  | 3050 | COULANGE Magalie           | ♀                                |    | F  | 5K     | 33:50 | +15:53 | 2° M1F   | 22° F    | 8,87        |
| 65  | 3035 | BOIS Sandrine              | ♀ ASSOCIATION PERSONNEL ARGENTAN |    | F  | 5K     | 34:00 | +16:03 | 3° M3F   | 23° F    | 8,82        |
| 66  | 3038 | BOIVIN Vicky               | ♀                                |    | F  | 5K     | 34:03 | +16:06 | 3° M0F   | 24° F    | 8,81        |
| 67  | 3064 | FROMONT Julien             |                                  |    | M  | 5K     | 34:12 | +16:15 | 6° M1H   | 43° M    | 8,77        |
| 68  | 3054 | DEL VALLE Audrey           | ♀                                |    | F  | 5K     | 35:13 | +17:16 | 4° M2F   | 25° F    | 8,52        |
| 69  | 3115 | ROBBE Charlie              | ♀                                |    | F  | 5K     | 35:36 | +17:39 | 3° CAF   | 26° F    | 8,43        |
| 70  | 3084 | LEBOEUF Clara              | ♀                                |    | F  | 5K     | 35:38 | +17:41 | 4° CAF   | 27° F    | 8,42        |
| 71  | 3073 | GRIPON Rudy                |                                  |   | M  | 5K     | 35:53 | +17:56 | 5° M2H   | 44° M    | 8,36        |
| 72  | 3100 | MOUTIER Manon              | ♀                                |  | F  | 5K     | 35:57 | +18:00 | 6° SEF   | 28° F    | 8,34        |
| 73  | 3138 | HUREL Alix                 | ♀                                |                                                                                       | F  | 5K     | 35:57 | +18:00 | 7° SEF   | 29° F    | 8,34        |
| 74  | 3125 | VALABLE Gaelle             | ♀                                |  | F  | 5K     | 36:05 | +18:08 | 5° M2F   | 30° F    | 8,31        |
| 75  | 3059 | DENIS Sophie               | ♀                                |  | F  | 5K     | 36:17 | +18:20 | 6° M2F   | 31° F    | 8,27        |
| 76  | 3044 | BUSSERET Pascal            |                                  |  | M  | 5K     | 36:32 | +18:35 | 5° M4H   | 45° M    | 8,21        |
| 77  | 3033 | BEORCHIA Cindy             | ♀                                |  | F  | 5K     | 36:57 | +19:00 | 3° M1F   | 32° F    | 8,12        |
| 78  | 3128 | HATREL Julie               | ♀                                |  | F  | 5K     | 37:18 | +19:21 | 4° M0F   | 33° F    | 8,04        |
| 79  | 3052 | DAMOURETTE Sophie          | ♀                                |  | F  | 5K     | 37:35 | +19:38 | 5° M0F   | 34° F    | 7,98        |
| 80  | 3081 | LE GLEAU Loic              |                                  |  | M  | 5K     | 38:24 | +20:27 | 4° SEH   | 46° M    | 7,81        |
| 81  | 3113 | REYNAUD Victoria           | ♀                                |  | F  | 5K     | 38:27 | +20:30 | 8° SEF   | 35° F    | 7,80        |
| 82  | 3072 | GRIPON Julie               | ♀                                |  | F  | 5K     | 39:02 | +21:05 | 4° M1F   | 36° F    | 7,69        |
| 83  | 3114 | RICHARD Kevin              |                                  |  | M  | 5K     | 39:14 | +21:17 | 5° SEH   | 47° M    | 7,65        |
| 84  | 3123 | THUAL Charah               | ♀                                |  | F  | 5K     | 39:17 | +21:20 | 6° M0F   | 37° F    | 7,64        |
| 85  | 3126 | ZERD Deloula               | ♀                                |  | F  | 5K     | 39:17 | +21:20 | 2° M4F   | 38° F    | 7,64        |

| Pl. | Dos  | Nom-prénom                 | Club                   | Nat                                                                                 | Sx | Course | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|----------------------------|------------------------|-------------------------------------------------------------------------------------|----|--------|-------|--------|----------|----------|-------------|
| 86  | 3040 | BOURDON Louane             | ♀                      |  | F  | 5K     | 39:39 | +21:42 | 3° JUF   | 39° F    | 7,57        |
| 87  | 3063 | FEUGUERAY Enzo             |                        |  | M  | 5K     | 40:02 | +22:05 | 6° SEH   | 48° M    | 7,49        |
| 88  | 3124 | TOULAIN Jessica            | ♀                      |  | F  | 5K     | 40:15 | +22:18 | 7° M0F   | 40° F    | 7,45        |
| 89  | 3149 | BEAUVAIS Gabrielle         | ♀                      |                                                                                     | F  | 5K     | 40:30 | +22:33 | 4° ESF   | 41° F    | 7,41        |
| 90  | 3041 | BOURGERIE Violaine         | ♀ ALENCON RUNNING CLUB |  | F  | 5K     | 40:47 | +22:50 | 5° ESF   | 42° F    | 7,36        |
| 91  | 3142 | JOLITON Audrey             | ♀                      |                                                                                     | F  | 5K     | 40:55 | +22:58 | 7° M2F   | 43° F    | 7,33        |
| 92  | 3139 | DODARD Fleur               | ♀                      |                                                                                     | F  | 5K     | 41:13 | +23:16 | 8° M0F   | 44° F    | 7,28        |
| 93  | 3103 | PHILIPPE Romuald           |                        |  | M  | 5K     | 41:14 | +23:17 | 7° M1H   | 49° M    | 7,28        |
| 94  | 3034 | BILLARD Lucie              | ♀                      |  | F  | 5K     | 41:15 | +23:18 | 9° M0F   | 45° F    | 7,27        |
| 95  | 3141 | BARDET PLANCHAIS Charlotte | ♀                      |                                                                                     | F  | 5K     | 41:22 | +23:25 | 10° M0F  | 46° F    | 7,25        |
| 96  | 3079 | LABITTE Anne Sophie        | ♀                      |  | F  | 5K     | 41:52 | +23:55 | 9° SEF   | 47° F    | 7,17        |
| 97  | 3051 | DAIGNY Christophe          |                        |  | M  | 5K     | 41:52 | +23:55 | 7° SEH   | 50° M    | 7,17        |
| 98  | 3093 | MARQUIER Julie             | ♀                      |  | F  | 5K     | 41:58 | +24:01 | 5° M1F   | 48° F    | 7,15        |
| 99  | 3131 | GIBELLO Robert             |                        |  | M  | 5K     | 42:58 | +25:01 | 1° M10H  | 51° M    | 6,98        |
| 100 | 3031 | BARBE Marion               | ♀                      |  | F  | 5K     | 43:17 | +25:20 | 10° SEF  | 49° F    | 6,93        |
| 101 | 3122 | TESSIER Fannie             | ♀                      |  | F  | 5K     | 43:28 | +25:31 | 6° ESF   | 50° F    | 6,90        |
| 102 | 3047 | COLET Anais                | ♀                      |  | F  | 5K     | 45:52 | +27:55 | 11° SEF  | 51° F    | 6,54        |
| 103 | 3083 | LEBARQUE Marie             | ♀                      |  | F  | 5K     | 46:05 | +28:08 | 6° M1F   | 52° F    | 6,51        |

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - Relais



| Pl. | Dos  | Nom-prénom                                                      | Club | Nat | Sx | Course | Temps   | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|-----------------------------------------------------------------|------|-----|----|--------|---------|--------|----------|----------|-------------|
| 1   | 3564 | MAUGAIN Cedric / Joannet Joe / Desaunay Jeremy                  |      | FR  | M  | Relais | 36:44   | -      |          | 1° M     | 16,33       |
| 2   | 3569 | CIVEYRAC MALO / LANCELIN LUCAS / BREMENSON Jules                |      | FR  | M  | Relais | 41:31   | +04:47 |          | 2° M     | 14,45       |
| 3   | 3565 | LAMOTTE Simon / Lamotte Marilyne / Gautier Doris                |      | FR  | X  | Relais | 42:06   | +05:22 |          | 1° X     | 14,25       |
| 4   | 3574 | BOITARD ANTOINE/ WISNIEWSKI OLIVIER/ MARY Anthony               |      | FR  | M  | Relais | 44:38   | +07:54 |          | 3° M     | 13,44       |
| 5   | 3568 | TABARD Emmanuel / Vannier Dylan / Meunier Emeric                |      | FR  | M  | Relais | 44:58   | +08:14 |          | 4° M     | 13,34       |
| 6   | 3561 | JOANNET Angélique / Moissoner Laure / Vicaigne Valentine        | ♀    | FR  | F  | Relais | 48:59   | +12:15 |          | 1° F     | 12,25       |
| 7   | 3566 | LEVEILLE Kevin / Guédon Yoann / Bailleul Jean-Baptiste          |      | FR  | M  | Relais | 50:07   | +13:23 |          | 5° M     | 11,97       |
| 8   | 3563 | LURSON Clotilde / Ritter Aurélie / Kozlovskaya Anna             | ♀    | FR  | F  | Relais | 50:18   | +13:34 |          | 2° F     | 11,93       |
| 9   | 3570 | BOURDELAS ROMAIN/ PRODHOMME ANTHONY/ CORDON Valentin            |      | FR  | M  | Relais | 52:23   | +15:39 |          | 6° M     | 11,45       |
| 10  | 3562 | JOUVIN Antoine / Letessier Thomas / Marguerite Maélya           |      | FR  | X  | Relais | 54:58   | +18:14 |          | 2° X     | 10,92       |
| 11  | 3572 | GUILLAIS NATHALIE /LEBIGOT MANATHAN/ BOITARD Baptiste           |      | FR  | X  | Relais | 59:15   | +22:31 |          | 3° X     | 10,13       |
| 12  | 3571 | OLLIER MARTIN / BOURDELAS ANTOINE / RENAULT Valérie             |      | FR  | X  | Relais | 59:22   | +22:38 |          | 4° X     | 10,11       |
| 13  | 3567 | VIVIEN Melanie / Boutville Talvast Emmanuelle / Rousselle Maité | ♀    | FR  | F  | Relais | 1:09:03 | +32:19 |          | 3° F     | 8,69        |
| 14  | 3573 | ROULLAND CAROLINE/ LEGOFF MYLÈNE/ JACQUIN-SELLOS Valentin       |      | FR  | X  | Relais | 1:18:25 | +41:41 |          | 5° X     | 7,65        |

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - Minimes



| Pl. | Dos  | Nom-prénom         | Club                      | Nat | Sx | Course  | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|--------------------|---------------------------|-----|----|---------|-------|--------|----------|----------|-------------|
| 1   | 3004 | LEGENDRE Bastien   |                           |     | M  | Minimes | 11:50 | -      | 1° MIH   | 1° M     | 15,21       |
| 2   | 3583 | L'HONORET Théo     |                           |     | M  | Minimes | 12:07 | +0:17  | 2° MIH   | 2° M     | 14,86       |
| 3   | 3006 | MALOIZEL Leo       | CONTRE LE CANCER J'Y VAIS |     | M  | Minimes | 12:32 | +0:42  | 3° MIH   | 3° M     | 14,36       |
| 4   | 3008 | REY Louis          |                           |     | M  | Minimes | 12:41 | +0:51  | 4° MIH   | 4° M     | 14,19       |
| 5   | 3578 | COURSIERE Clément  |                           |     | M  | Minimes | 13:23 | +01:33 | 5° MIH   | 5° M     | 13,45       |
| 6   | 3581 | PREVOST Victor     |                           |     | M  | Minimes | 13:41 | +01:51 | 6° MIH   | 6° M     | 13,15       |
| 7   | 3005 | LESURE Raphaël     |                           |     | M  | Minimes | 14:46 | +02:56 | 7° MIH   | 7° M     | 12,19       |
| 8   | 3003 | CHESNEL Leo        | COLLEGE DE CARROUGES      |     | M  | Minimes | 15:48 | +03:58 | 8° MIH   | 8° M     | 11,39       |
| 9   | 3001 | LEVANNIER Capucine | ♀                         |     | F  | Minimes | 16:49 | +04:59 | 1° MIF   | 1° F     | 10,70       |
| 10  | 3208 | DURAND Perrine     | ♀                         |     | F  | Minimes | 17:22 | +05:32 | 2° MIF   | 2° F     | 10,36       |
| 11  | 3579 | BARRE Camille      | ♀                         |     | F  | Minimes | 21:19 | +09:29 | 3° MIF   | 3° F     | 8,44        |
| 12  | 3207 | TABARD Emma        | ♀                         |     | F  | Minimes | 21:24 | +09:34 | 4° MIF   | 4° F     | 8,41        |
| 13  | 3002 | MONTIEGE Abby      | ♀                         |     | F  | Minimes | 21:25 | +09:35 | 5° MIF   | 5° F     | 8,40        |
| 14  | 3580 | BRETEAU-JEAN Elina | ♀                         |     | F  | Minimes | 22:45 | +10:55 | 6° MIF   | 6° F     | 7,91        |

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - Benjamins



| Pl. | Dos  | Nom-prénom          | Club                        | Nat | Sx | Course    | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|---------------------|-----------------------------|-----|----|-----------|-------|--------|----------|----------|-------------|
| 1   | 3557 | REY Isaac           |                             |     | M  | Benjamins | 8:15  | -      | 1° BEH   | 1° M     | 14,55       |
| 2   | 3556 | REY Elliot          |                             |     | M  | Benjamins | 8:24  | +0:09  | 2° BEH   | 2° M     | 14,29       |
| 3   | 3547 | BOUQUEREL Arthur    |                             |     | M  | Benjamins | 8:45  | +0:30  | 3° BEH   | 3° M     | 13,71       |
| 4   | 3548 | DENIS Timothe       | LA BAYARD ATHLETISME        |     | M  | Benjamins | 8:47  | +0:32  | 4° BEH   | 4° M     | 13,66       |
| 5   | 3577 | BELLOU Vadim        |                             |     | M  | Benjamins | 9:25  | +01:10 | 5° BEH   | 5° M     | 12,74       |
| 6   | 3555 | LOZANO Hugo         |                             |     | M  | Benjamins | 9:28  | +01:13 | 6° BEH   | 6° M     | 12,68       |
| 7   | 3544 | MALOIZEL Justine    | ♀ CONTRE LE CANCER J'Y VAIS |     | F  | Benjamins | 9:34  | +01:19 | 1° BEF   | 1° F     | 12,54       |
| 8   | 3551 | HINGANT Louka       |                             |     | M  | Benjamins | 9:46  | +01:31 | 7° BEH   | 7° M     | 12,29       |
| 9   | 3576 | PELLETIER Josselin  |                             |     | M  | Benjamins | 9:57  | +01:42 | 8° BEH   | 8° M     | 12,06       |
| 10  | 3585 | GAUTIER Maria       | ♀                           |     | F  | Benjamins | 9:59  | +01:44 | 2° BEF   | 2° F     | 12,02       |
| 11  | 3552 | LEBARQUE Adrien     |                             |     | M  | Benjamins | 10:21 | +02:06 | 9° BEH   | 9° M     | 11,59       |
| 12  | 3575 | PICARD Louis        |                             |     | M  | Benjamins | 10:32 | +02:17 | 10° BEH  | 10° M    | 11,39       |
| 13  | 3543 | LAUFF Cleo          | ♀                           |     | F  | Benjamins | 10:34 | +02:19 | 3° BEF   | 3° F     | 11,36       |
| 14  | 3553 | LENORMAND Jules     |                             |     | M  | Benjamins | 10:58 | +02:43 | 11° BEH  | 11° M    | 10,94       |
| 15  | 3549 | DUVAL LIEUTAUD Elio |                             |     | M  | Benjamins | 11:06 | +02:51 | 12° BEH  | 12° M    | 10,81       |
| 16  | 3586 | FRADELIN Mathis     |                             |     | M  | Benjamins | 11:08 | +02:53 | 13° BEH  | 13° M    | 10,78       |
| 17  | 3550 | FROMONT Mathis      |                             |     | M  | Benjamins | 11:10 | +02:55 | 14° BEH  | 14° M    | 10,75       |
| 18  | 3582 | PREVOST Rose        | ♀                           |     | F  | Benjamins | 11:40 | +03:25 | 4° BEF   | 4° F     | 10,29       |
| 19  | 3546 | ROBICHON Lola       | ♀                           |     | F  | Benjamins | 11:55 | +03:40 | 5° BEF   | 5° F     | 10,07       |
| 20  | 3584 | LEBOEUF Noa         |                             |     | M  | Benjamins | 11:59 | +03:44 | 15° BEH  | 15° M    | 10,01       |
| 21  | 3560 | DUPUY Zoé           | ♀                           |     | F  | Benjamins | 12:36 | +04:21 | 6° BEF   | 6° F     | 9,52        |
| 22  | 3554 | LEBAS Noëlie        | ♀                           |     | F  | Benjamins | 12:40 | +04:25 | 7° BEF   | 7° F     | 9,47        |
| 23  | 3559 | DUPUY Lola          | ♀                           |     | F  | Benjamins | 12:41 | +04:26 | 8° BEF   | 8° F     | 9,46        |
| 24  | 3558 | GATEL Juliette      | ♀                           |     | F  | Benjamins | 12:41 | +04:26 | 9° BEF   | 9° F     | 9,46        |
| 25  | 3545 | MONTIEGE Kaly       | ♀                           |     | F  | Benjamins | 13:03 | +04:48 | 10° BEF  | 10° F    | 9,20        |

# Les foulées gouletaises

Foulées et Randonnées de 3 Monts · vendredi 20 juin 2025

## Résultats - Poussins



| Pl. | Dos  | Nom-prénom             | Club              | Nat | Sx | Course   | Temps | Ecart  | Par cat. | Par sexe | Moy<br>km/h |
|-----|------|------------------------|-------------------|-----|----|----------|-------|--------|----------|----------|-------------|
| 1   | 3029 | JARDIN Pierre          |                   |     | M  | Poussins | 5:28  | -      | 1° POH   | 1° M     | 16,46       |
| 2   | 3196 | MAILLARD Théo          |                   |     | M  | Poussins | 5:35  | +0:07  | 2° POH   | 2° M     | 16,12       |
| 3   | 3191 | PELLETIER Antoine      |                   |     | M  | Poussins | 5:46  | +0:18  | 3° POH   | 3° M     | 15,61       |
| 4   | 3012 | PLESSIS Louis          | BAYARD ATHLÉTISME |     | M  | Poussins | 6:00  | +0:32  | 4° POH   | 4° M     | 15,00       |
| 5   | 3021 | MENANT Antonin         |                   |     | M  | Poussins | 6:24  | +0:56  | 5° POH   | 5° M     | 14,06       |
| 6   | 3011 | DUVAL Juliette         | ES FALAISIENNE    |     | F  | Poussins | 6:26  | +0:58  | 1° POF   | 1° F     | 13,99       |
| 7   | 3194 | DE SAINT-MARTIN Margot |                   |     | F  | Poussins | 6:34  | +01:06 | 2° POF   | 2° F     | 13,71       |
| 8   | 3030 | LEGOFF Noam            |                   |     | M  | Poussins | 6:39  | +01:11 | 6° POH   | 6° M     | 13,53       |
| 9   | 3195 | JOANNET Lisa           |                   |     | F  | Poussins | 6:40  | +01:12 | 3° POF   | 3° F     | 13,50       |
| 10  | 3026 | MICHEL Lubin           |                   |     | M  | Poussins | 6:40  | +01:12 | 7° POH   | 7° M     | 13,50       |
| 11  | 3018 | DELAHAIE Gabin         |                   |     | M  | Poussins | 6:41  | +01:13 | 8° POH   | 8° M     | 13,47       |
| 12  | 3193 | FANJATDRIQUERT Alanic  |                   |     | M  | Poussins | 6:42  | +01:14 | 9° POH   | 9° M     | 13,43       |
| 13  | 3192 | BARRE Rafaël           |                   |     | M  | Poussins | 6:51  | +01:23 | 10° POH  | 10° M    | 13,14       |
| 14  | 3019 | LAUFF Marin            |                   |     | M  | Poussins | 6:54  | +01:26 | 11° POH  | 11° M    | 13,04       |
| 15  | 3016 | ANGOT Leandre          | VRS TEAM          |     | M  | Poussins | 6:56  | +01:28 | 12° POH  | 12° M    | 12,98       |
| 16  | 3017 | DAUVIER Ernest         |                   |     | M  | Poussins | 6:57  | +01:29 | 13° POH  | 13° M    | 12,95       |
| 17  | 3190 | JOSSIC Léo             |                   |     | M  | Poussins | 7:00  | +01:32 | 14° POH  | 14° M    | 12,86       |
| 18  | 3197 | MEUNIER Elyna          |                   |     | F  | Poussins | 7:08  | +01:40 | 4° POF   | 4° F     | 12,62       |
| 19  | 3015 | POIRIER Justine        |                   |     | F  | Poussins | 7:09  | +01:41 | 5° POF   | 5° F     | 12,59       |
| 20  | 3020 | MARTINEZ Addaë         |                   |     | M  | Poussins | 7:33  | +02:05 | 15° POH  | 15° M    | 11,92       |
| 21  | 3028 | LAUNOIS Léna           |                   |     | F  | Poussins | 7:39  | +02:11 | 6° POF   | 6° F     | 11,76       |
| 22  | 3010 | CHESNEL Loane          | ECOLE DE SARCEAUX |     | F  | Poussins | 7:43  | +02:15 | 7° POF   | 7° F     | 11,66       |
| 23  | 3025 | CAILLEBOTTE Eléa       |                   |     | F  | Poussins | 7:48  | +02:20 | 8° POF   | 8° F     | 11,54       |
| 24  | 3188 | DURAND Inès            |                   |     | F  | Poussins | 8:04  | +02:36 | 9° POF   | 9° F     | 11,16       |
| 25  | 3027 | DUPUY Adélie           |                   |     | F  | Poussins | 8:09  | +02:41 | 10° POF  | 10° F    | 11,04       |
| 26  | 3013 | MARTIN Rose            |                   |     | F  | Poussins | 8:29  | +03:01 | 11° POF  | 11° F    | 10,61       |
| 27  | 3009 | BELLOU Ludmila         |                   |     | F  | Poussins | 8:39  | +03:11 | 12° POF  | 12° F    | 10,40       |
| 28  | 3189 | DURAND Juliana         |                   |     | F  | Poussins | 8:40  | +03:12 | 13° POF  | 13° F    | 10,38       |
| 29  | 3024 | ROBICHON Noé           |                   |     | M  | Poussins | 8:46  | +03:18 | 16° POH  | 16° M    | 10,27       |
| 30  | 3014 | MOTTE Naïs             |                   |     | F  | Poussins | 8:48  | +03:20 | 14° POF  | 14° F    | 10,23       |