

Les Foulées de Montgeon

Esprit Sportif - dimanche 12 avril 2026



Solutions de chronométrage électronique

INSCRIPTIONS / CHRONO / CLASSEMENTS

Résultats en ligne sur www.chronoboost.fr



Résultats - 10 Km

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy	Par cat.	Par sexe
1	296	LEBON HUGAUX	HAC ATHLETISME	FRANCAIS	M	SEH - M		0:09:14 (1)	0:19:15 (1)	0:29:22 (1)	30:33	-	19,64	1° SEH	1° M
2	280	BERTRAND ANATOLE	HAC ATHLETISME	FRANCAIS	M	SEH - M		0:09:40 (2)	0:20:04 (2)	0:30:27 (2)	31:42	+01:09	18,93	2° SEH	2° M
3	237	SMALL ILLYANNE	VIE AU GRAND AIR DE ST MAUR	FRA	M	SEH - M		0:09:40 (3)	0:20:11 (3)	0:30:57 (3)	32:10	+01:37	18,65	3° SEH	3° M
4	294	ILLONNET ETIENNE	HAC ATHLETISME	FRANCAIS	M	SEH - M		0:09:51 (5)	0:20:27 (5)	0:31:02 (4,+1)	32:18	+01:45	18,58	4° SEH	4° M
5	12	BARON MATHIEU	CLUB OMNISPORTS HARFLEURAIS	FRA	M	M1H - M		0:09:41 (4)	0:20:26 (4)	0:31:17 (5,-1)	32:33	+02:00	18,43	1° M1H	5° M
6	297	ABDELLAH AHMED AZAKI		FRANCAIS	M	- M		0:09:59 (6)	0:20:42 (6)	0:31:32 (6)	32:53	+02:20	18,25		6° M
7	161	LEMIRE PAUL		FRA	M	SEH - M		0:10:05 (7)	0:21:29 (9,-2)	0:32:48 (8,+1)	34:01	+03:28	17,64	5° SEH	7° M
8	193	M. B.		FRA	M	M2H - M		0:10:10 (8)	0:21:19 (8)	0:32:43 (7,+1)	34:02	+03:29	17,63	1° M2H	8° M
9	278	ARGENTIN BENOIT	PONT AUDEMER AC	FRANCAIS	M	MOH - M		0:10:14 (11)	0:21:31 (10,+1)	0:32:53 (9,+1)	34:13	+03:40	17,54	1° MOH	9° M
10	26	BOCQUET FLORIAN	CLUB OMNISPORTS HARFLEURAIS	FRA	M	SEH - M		0:10:20 (13)	0:21:39 (12,+1)	0:33:07 (10,+2)	34:21	+03:48	17,47	6° SEH	10° M
11	36	BUCHARD PIERRE-LOUIS	CA CAUCHOIS	FRA	M	ESH - M		0:10:33 (14)	0:21:48 (14)	0:33:07 (11,+3)	34:23	+03:50	17,45	1° ESH	11° M
12	48	CHEVALIER JOSEPH	RC ÉPERNAY	FRA	M	SEH - M		0:10:10 (10)	0:21:34 (11,-1)	0:33:18 (12,-1)	34:41	+04:08	17,30	7° SEH	12° M
13	13	BARROVECCHIO BORIS	RACING MULTI ATHLON	FRA	M	SEH - M		0:10:14 (12)	0:21:42 (13,-1)	0:33:26 (13)	34:47	+04:14	17,25	8° SEH	13° M
14	157	LEMAISTRE ERWAN	ESMGO	FRA	M	SEH - M		0:10:39 (16)	0:22:18 (16)	0:33:51 (14,+2)	35:06	+04:33	17,09	9° SEH	14° M
15	299	LEPAGE GUILLAUME	HAC ATHLETISME	FRANCAIS	M	MOH - M		0:10:39 (17)	0:22:17 (15,+2)	0:33:51 (15)	35:11	+04:38	17,05	2° MOH	15° M
16	132	LACHEVRE JULIEN	CMA CGM LH RUNNING	FRA	M	M2H - M		0:10:39 (18)	0:22:18 (17,+1)	0:33:51 (16,+1)	35:13	+04:40	17,04	2° M2H	16° M
17	175	LHERMEROUT THIBAULT		FRA	M	MOH - M		0:10:46 (21)	0:22:18 (18,+3)	0:33:54 (17,+1)	35:15	+04:42	17,02	3° MOH	17° M
18	47	CHASSIN DE KERGMOMEAUX CLEMENT	LE CLUB CAMPUS	FRA	M	SEH - M		0:10:59 (32)	0:22:30 (20,+12)	0:34:04 (18,+2)	35:25	+04:52	16,94	10° SEH	18° M
19	200	MURY CEDRIC		FRA	M	M3H - M		0:10:50 (23)	0:22:36 (22,+1)	0:34:15 (19,+3)	35:33	+05:00	16,88	1° M3H	19° M
20	30	BRABANT AUGUSTE		FRA	M	ESH - M		0:10:51 (27)	0:22:36 (23,+4)	0:34:21 (22,+1)	35:37	+05:04	16,85	2° ESH	20° M
21	169	LESUEUR SYLVAIN	LHSA	FRA	M	MOH - M		0:10:37 (15)	0:22:20 (19,-4)	0:34:20 (20,-1)	35:38	+05:05	16,84	4° MOH	21° M
22	151	LEFORESTIER PIERRICK		FRA	M	SEH - M		0:10:45 (19)	0:22:30 (21,-2)	0:34:20 (21)	35:40	+05:07	16,82	11° SEH	22° M
23	1307	RAPHAËL JULES	HAC ATHLETISME	FRANCAIS	M	- M		0:10:53 (28)	0:22:44 (26,+2)	0:34:37 (23,+3)	35:57	+05:24	16,69		23° M
24	292	FOSSET FLORIAN	HAC ATHLETISME	FRANCAIS	M	SEH - M		0:10:51 (25)	0:22:39 (24,+1)	0:34:40 (24)	35:59	+05:26	16,67	12° SEH	24° M
25	214	P. P.		FRA	M	M2H - M		0:10:50 (24)	0:22:39 (25,-1)	0:34:40 (25)	36:05	+05:32	16,63	3° M2H	25° M
26	259	VALVERT ROBIN	COH	FRA	M	JUH - M		0:11:08 (33)	0:23:04 (31,+2)	0:34:51 (26,+5)	36:10	+05:37	16,59	1° JUH	26° M
27	1306	QUESNEL ENZO	IN&FI CREDIT LE HAVRE	FRANCAIS	M	ESH - M		0:10:51 (26)	0:22:49 (28,-2)	0:34:56 (27,+1)	36:17	+05:44	16,54	3° ESH	27° M
28	143	LE PLAY BRIAN		FRA	M	SEH - M		0:10:54 (29)	0:22:54 (29)	0:35:01 (28,+1)	36:22	+05:49	16,50	13° SEH	28° M
29	65	DEDEDE CHRISTOPHE	LHSA	FRA	M	M3H - M		0:10:47 (22)	0:22:48 (27,-5)	0:35:07 (29,-2)	36:35	+06:02	16,40	2° M3H	29° M
30	298	LEMOINE BRIAN	HAC ATHLETISME	FRANCAIS	M	ESH - M		0:11:12 (37)	0:23:16 (33,+4)	0:35:24 (32,+1)	36:41	+06:08	16,36	4° ESH	30° M
31	4	ALTERO ENZO		FRA	M	SEH - M		0:11:13 (39)	0:23:18 (34,+5)	0:35:21 (31,+3)	36:41	+06:08	16,36	14° SEH	31° M
32	17	BELLANGER ROMUALD	LCBO	FRA	M	M2H - M		0:10:58 (31)	0:23:05 (32,-1)	0:35:15 (30,+2)	36:45	+06:12	16,33	4° M2H	32° M
33	267	VEROURE CORENTIN		FRA	M	SEH - M		0:11:13 (38)	0:23:27 (38)	0:35:31 (33,+5)	36:58	+06:25	16,23	15° SEH	33° M
34	56	DAGORN MORGAN		FRA	M	M2H - M		0:11:14 (40)	0:23:19 (36,+4)	0:35:34 (34,+2)	36:59	+06:26	16,22	5° M2H	34° M
35	291	FABRY FLORIAN	IN&FI CREDIT LE HAVRE	FRANCAIS	M	ESH - M		0:10:46 (20)	0:22:56 (30,-10)	0:35:41 (35,-5)	37:08	+06:35	16,16	5° ESH	35° M
36	176	LINQUIER GAELE	LIA SPORTING CLUB	FRA	M	M3H - M		0:11:11 (35)	0:23:23 (37,-2)	0:35:48 (36,+1)	37:14	+06:41	16,11	3° M3H	36° M
37	293	FROMENTIN SACHAC	HAC ATHLETISME	FRANCAIS	M	SEH - M		0:10:55 (30)	0:23:18 (35,-5)	0:36:10 (37,-2)	37:35	+07:02	15,96	16° SEH	37° M
38	213	POULAIN FLORIAN	AS TOTALENERGIES	FRA	M	MOH - M		0:11:32 (46)	0:23:48 (41,+5)	0:36:11 (38,+3)	37:41	+07:08	15,92	5° MOH	38° M
39	226	ROMAIN STEPHANE		FRA	M	M3H - M		0:11:10 (34)	0:23:46 (39,-5)	0:36:28 (40,-1)	37:52	+07:19	15,85	4° M3H	39° M
40	158	LEMAITRE CLEMENT		FRA	M	SEH - M		0:11:28 (42)	0:23:50 (42)	0:36:23 (39,+3)	37:52	+07:19	15,85	17° SEH	40° M
41	100	GUEROULT ROMUALD	LHSA	FRA	M	M1H - M		0:11:28 (43)	0:23:56 (44,-1)	0:36:32 (41,+3)	37:59	+07:26	15,80	2° M1H	41° M
42	11	BACLAWSKI VINCENT		FRA	M	SEH - M		0:11:25 (41)	0:23:56 (43,-2)	0:36:34 (42,+1)	38:01	+07:28	15,78	18° SEH	42° M
43	287	COLLONNIER MARTIN	HAC ATHLETISME	FRANCAIS	M	CAH - M		0:11:12 (36)	0:23:46 (40,-4)	0:36:41 (43,-3)	38:05	+07:32	15,75	1° CAH	43° M
44	79	ELIOT MARTIN	RTN SPORT CLUB	M	SEH - M		0:11:49 (53)	0:24:28 (47,+6)	0:36:54 (44,+3)	38:17	+07:44	15,67	19° SEH	44° M	
45	116	HÉMYRY THOMAS	CLUB CAMPUS	FRA	M	MOH - M		0:11:29 (44)	0:23:57 (45,-1)	0:36:58 (45)	38:25	+07:52	15,62	6° MOH	45° M
46	39	BIJTEL CLEMENT		FRA	M	MOH - M		0:11:50 (57)	0:24:33 (51,+6)	0:37:08 (48,+3)	38:29	+07:56	15,59	7° MOH	46° M
47	205	PEFFER OSCAR	LHSA	FRA	M	CAH - M		0:11:47 (52)	0:24:29 (48,+4)	0:37:06 (46,+2)	38:30	+07:57	15,58	2° CAH	47° M
48	190	MASCARELL JULIEN		FRA	M	M1H - M		0:11:55 (59)	0:24:36 (54,+5)	0:37:07 (47,+7)	38:35	+08:02	15,55	3° M1H	48° M
49	70	DUBOC RAPHAËL	CLUB OMNISPORTS HARFLEURAIS	FRA	M	M3H - M		0:11:49 (54)	0:24:32 (49,+5)	0:37:09 (49)	38:40	+08:07	15,52	5° M3H	49° M
50	257	ULIBARRI AXEL		FRA	M	SEH - M		0:11:51 (58)	0:24:38 (55,+3)	0:37:22 (51,+4)	38:47	+08:14	15,47	20° SEH	50° M
51	209	PIRON ALEXIS		FRA	M	ESH - M		0:11:29 (45)	0:24:01 (46,-1)	0:37:19 (50,-4)	38:51	+08:18	15,44	6° ESH	51° M
52	149	LECOURTOIS AMAURY		FRA	M	SEH - M		0:11:38 (47)	0:24:32 (50,-3)	0:37:26 (52,-2)	38:56	+08:23	15,41	21° SEH	52° M
53	210	PONCE JORJIC		FRA	M	SEH - M		0:11:55 (60)	0:24:40 (56,+4)	0:37:41 (55,+1)	39:02	+08:29	15,37	22° SEH	53° M
54	69	DOURNEL FLORIAN	STRAINING	FRA	M	SEH - M		0:11:41 (49)	0:24:33 (52,-3)	0:37:41 (54,-2)	39:06	+08:33	15,35	23° SEH	54° M
55	80	EMBSEK CLEMENT	STRAINING	FRA	M	SEH - M		0:11:41 (50)	0:24:33 (53,-3)	0:37:39 (53)	39:06	+08:33	15,35	24° SEH	55° M
56	51	CÔMES JONAS		FRA	M	SEH - M		0:11:49 (56)	0:24:44 (58,-2)	0:37:44 (56,+2)	39:12	+08:39	15,31	25° SEH	56° M
57	266	VERDIÈRE GUILLAUME		FRA	M	SEH - M		0:12:41 (88)	0:25:36 (72,+16)	0:38:05 (58,+14)	39:27	+08:54	15,21	26° SEH	57° M
58	202	PAPAMICHAEL THEO		FRA	M	SEH - M		0:11:39 (48)	0:24:54 (59,-11)	0:38:04 (57,+2)	39:33	+09:00	15,17	27° SEH	58° M
59	106	GUILLOT JULIEN	PARIS SPORT CLUB	FRA	M	M3H - M		0:12:22 (81)	0:25:22 (63,+18)	0:38:19 (59,+4)	39:44	+09:11	15,10	6° M3H	59° M
60	224	ROBERT VINCENT		FRA	M	MOH - M		0:12:14 (65)	0:25:19 (62,+3)	0:38:29 (60,+2)	39:56	+09:23	15,03	8° MOH	60° M
61	42	CANU SIMON		FRA	M	MOH - M		0:12:16 (68)	0:25:28 (65,+3)	0:38:40 (63,+2)	40:06	+09:33	14,96	9° MOH	61° M
62	99	GUEGAN ANTOINE		FRA	M	MOH - M		0:12:18 (74)	0:25:18 (61,+13)	0:38:34 (61)	40:07	+09:34	14,96	10° MOH	62° M
63	206	PIERRE THOMAS	LHSA	FRA	M	MOH - M		0:11:43 (51)	0:24:42 (57,-6)	0:38:35 (62,-5)	40:13	+09:40	14,92	11° MOH	63° M
64	111	ARNAUD	CLUB OMNISPORTS HARFLEURAIS	FRA	M	M4H - M		0:11:49 (55)	0:25:03 (60,-5)	0:38:47 (64,-4)	40:14	+09:41	14,91	1° M4H	64° M
65	432	SELLAMI SONDA	LE HAVRE S'PORT ATHLETISME	FRA	F	MOF - F		0:12:17 (71)	0:25:29 (66,+5)	0:38:49 (65,+1)	40:15	+09:42	14,91	1° MOF	1° F
66	154	LELEU DAMIEN		FRA	M	SEH - M		0:12:18 (75)	0:25:30 (71,+4)	0:38:50 (66,+5)	40:15	+09:42	14,91	28° SEH	65° M
67	20	POLIMENI LOUIS		FRA	M	M3H - M		0:12:09 (64)	0:25:29 (67,-3)	0:38:52 (69,-2)	40:18	+09:45	14,89	7° M3H	66° M
68	75	DUPONT XAVIER		FRA	M	MOH - M		0:12:08 (62)	0:25:22 (64,-2)	0:38:51 (68,-4)	40:23	+09:50	14,86	12° MOH	67° M
69	110	HANRRARD SEBASTIEN	HAC TRIATHLON	FRA	M	M3H - M		0:12:17 (69)	0:25:29 (68,+1)	0:38:50 (67,+1)	40:27	+09:54	14,83	8° M3H	68° M
70	166	LEROUX JEAN PIERRE	CE CHEVRON	FRA	M	M5H - M		0:12:17 (70)	0:25:29 (69,+1)	0:39:06 (70,-1)	40:42	+10:09	14,74	1° M5H	69° M
71	91	GILBERT THOMAS		FRA	M	MOH - M		0:12:21 (79)	0:25:48 (75,+4)	0:39:15 (71,+4)	40:47	+10:14	14,71	13° MOH	70° M
72	1	ABDELGHANI FARID	CLUB OMNISPORTS HARFLEURAIS	FRA	M	M2H - M		0:12:08 (63)	0:25:29 (70,-7)	0:39:19 (72,-2)	40:52	+10:19	14,68	6° M2H	71° M
73	140	LE CARRER BAPTISTE		FRA	M	CAH - M		0:12:16 (67)	0:25:51 (79,-12)	0:39:25 (74,+5)	40:53	+10:20	14,68	3° CAH	72° M
74	247	TERKMANI ADLENE		FRA	M	M1H - M		0:12:30 (82)	0:25:57 (81,+1)	0:39:23 (73,+8)	40:56	+10:23	14,66	4° M1H	73° M
75	92	GOBBE SEBASTIEN	LHSA	FRA	M	M3H - M		0:12:22 (80)	0:25:50 (78,+2)	0:39:25 (75,+3)	41:00	+10:27	14,63		

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy km/h	Par. cat.	Par sexe
101	201	PALACIOS-MONTERO ARNAUD	LHSA	FRA	M	M3H - M		0:12:50 (94)	0:27:12 (98,-4)	0:41:32 (101,-3)	43:11	+12:38	13,89	12° M3H	99° M
102	5	AMLON XAVIER		FRA	M	SEH - M		0:13:09 (103 0:27:15 (101,+2)	0:41:39 (102,-1)		43:13	+12:40	13,88	36° SEH	100° M
103	277	AISSAOUI ELOUAN	CHEF DE CO	FRANCAIS	M	CAH - M		0:13:32 (121 0:27:49 (110,+11)	0:41:54 (105,+5)		43:22	+12:49	13,84	4° CAH	101° M
104	130	KERCHOUX KARIM		FRA	M	M4H - M		0:13:54 (96) 0:27:16 (102,-6)	0:41:49 (103,-1)		43:32	+12:59	13,78	3° M4H	102° M
105	438	TAILLEFER EMELINE	♀	FRA	F	SEF - F		0:12:53 (95) 0:27:18 (104,-9)	0:41:53 (104)		43:33	+13:00	13,78	1° SEF	3° F
106	399	MENARD MIHIARI	♀	FRA	F	MOF - F		0:13:10 (105 0:27:19 (105)	0:42:03 (106,-1)		43:47	+13:14	13,70	2° MOF	4° F
107	191	MENARD PAUL		FRA	M	MOH - M		0:13:09 (104 0:27:19 (106,-2)	0:42:03 (107,-1)		43:48	+13:15	13,70	19° MOH	103° M
108	163	LEPILLER ERIC	ASCH	FRA	M	M4H - M		0:12:47 (93) 0:27:18 (103,-10)	0:42:11 (108,-5)		43:50	+13:17	13,69	4° M4H	104° M
109	59	DALIFARD SEBASTIEN		FRA	M	M2H - M		0:13:36 (125 0:28:05 (118,+7)	0:42:13 (109,+9)		43:55	+13:22	13,66	9° M2H	105° M
110	327	CLOUET HELENE	♀	FRA	F	M4F - F	HAC TRIATHLON / A.S. ALCEANE	0:13:18 (109 0:27:40 (108,+1))	0:42:15 (110,-2)		43:56	+13:23	13,66	1° M4F	5° F
111	129	KEITA MAMOUDOU	LIA SPORTING CLUB	FRA	M	M1H - M		0:14:24 (163 0:28:41 (138,+25)	0:42:35 (112,+26)		44:08	+13:35	13,60	7° M1H	106° M
112	240	TAMAMI ADIL	LIA SPORTING CLUB	FRA	M	M1H - M		0:14:23 (159 0:28:41 (137,+22)	0:42:35 (113,+24)		44:08	+13:35	13,60	8° M1H	107° M
113	84	G. R.		FRA	M	JUH - M		0:13:33 (122 0:28:04 (116,+6)	0:42:34 (111,+5)		44:09	+13:36	13,59	7° JUH	108° M
114	258	VALLIN ALEXANDRE		FRA	M	SEH - M		0:13:38 (130 0:28:06 (119,+11)	0:42:41 (115,+4)		44:10	+13:37	13,58	37° SEH	109° M
115	55	CRON ALAIN		FRA	M	M5H - M		0:13:51 (139 0:28:25 (132,+7)	0:42:40 (114,+18)		44:13	+13:40	13,57	2° M5H	110° M
116	255	TREGOAT CLEMENT		FRA	M	SEH - M		0:13:52 (140 0:28:24 (130,+10)	0:42:48 (117,+13)		44:27	+13:54	13,50	38° SEH	111° M
117	208	PIMONT DAMIEN		FRA	M	M3H - M		0:13:36 (126 0:28:04 (117,+9)	0:42:50 (118,-1)		44:29	+13:56	13,49	13° M3H	112° M
118	222	REVERT PHILIPPE	LHSA	FRA	M	M6H - M		0:13:30 (119 0:28:14 (124,-5)	0:42:53 (119,+5)		44:35	+14:02	13,46	1° M6H	113° M
119	192	MERCIER JEAN	TEAM WELLNESS	FRA	M	M2H - M		0:14:43 (178 0:29:24 (153,+25)	0:43:07 (126,+27)		44:40	+14:07	13,43	10° M2H	114° M
120	289	DULAC ARNAUD	AGENCE ALBERT 1ER	FRANCAIS	M	M2H - M		0:13:25 (113 0:27:56 (113))	0:42:57 (121,-8)		44:40	+14:07	13,43	11° M2H	115° M
121	1304	POISSON LUC	AGENCE ALBERT 1ER	FRANCAIS	M	MOH - M		0:13:24 (111 0:27:55 (112,-1))	0:42:57 (120,-8)		44:41	+14:08	13,43	20° MOH	116° M
122	242	TANGUY TEDDY		FRA	M	ESH - M		0:13:37 (128 0:28:18 (125,+3))	0:43:00 (124,+1)		44:42	+14:09	13,42	7° ESH	117° M
123	197	MORISSE JULES		FRA	M	ESH - M		0:13:35 (124 0:28:18 (126,-2))	0:42:58 (122,+4)		44:42	+14:09	13,42	8° ESH	118° M
124	231	SCHWARTZMANN THIBAUD	LC BRETTEVILLE SUR ODON	FRA	M	MOH - M		0:13:04 (100 0:27:44 (109,-9))	0:42:58 (123,-14)		44:43	+14:10	13,42	21° MOH	119° M
125	8	AUCOMTE ALEXIS		FRA	M	SEH - M		0:13:17 (108 0:27:58 (114,-6))	0:43:04 (125,-11)		44:45	+14:12	13,41	39° SEH	120° M
126	172	L. D.	HAC TRIATHLON	FRA	M	M3H - M		0:13:26 (116 0:28:12 (122,-6))	0:43:08 (127,-5)		44:50	+14:17	13,38	14° M3H	121° M
127	126	JOUREN FRANÇOIS-XAVIER	CLUB OMNISPORTS RENAULT SANDOUILLE	FRA	M	M4H - M		0:13:44 (133 0:28:31 (136,-3))	0:43:11 (129,+7)		44:52	+14:19	13,37	5° M4H	122° M
128	245	TEINTURIER HAROLD		FRA	M	SEH - M		0:13:26 (115 0:28:09 (120,-5))	0:43:09 (128,-8)		44:53	+14:20	13,37	40° SEH	123° M
129	162	LEMONNIER THOMAS		FRA	M	CAH - M		0:13:26 (114 0:27:52 (111,+3))	0:42:41 (116,-5)		44:56	+14:23	13,35	5° CAH	124° M
130	285	BRUCHET LAURENT		FRANCAIS	M	M1H - M		0:13:15 (106 0:28:21 (128,-22))	0:43:30 (135,-7)		45:01	+14:28	13,33	9° M1H	125° M
131	276	AISSAOUI MASTAPHA	CHEF DE CO	FRANCAIS	M	M3H - M		0:13:35 (123 0:28:25 (131,-8))	0:43:18 (131)		45:01	+14:28	13,33	15° M3H	126° M
132	6	ARGENTIN BAPTISTE	LIA SPORTING CLUB	FRA	M	MOH - M		0:14:24 (162 0:28:50 (142,+20))	0:43:29 (134,+8)		45:03	+14:30	13,32	22° MOH	127° M
133	378	LELEUP EGLANTINE	♀	FRA	F	M1F - F		0:13:39 (131 0:28:21 (127,+4))	0:43:18 (130,-3)		45:03	+14:30	13,32	1° M1F	6° F
134	88	GAUTHIER JEROME		FRA	M	M3H - M		0:13:56 (145 0:28:49 (141,+4))	0:43:29 (133,+8)		45:11	+14:38	13,28	16° M3H	128° M
135	304	ARNAL DAVINA	♀	FRA	F	M1F - F		0:13:25 (112 0:28:11 (121,-9))	0:43:27 (132,-11)		45:12	+14:39	13,27	2° M1F	7° F
136	174	LEVITRE BRUNO		FRA	M	M5H - M		0:13:44 (134 0:28:31 (134))	0:43:30 (136,-2)		45:13	+14:40	13,27	3° M5H	129° M
137	379	LEMAITRE CAROLINE	♀	FRA	F	M1F - F		0:14:17 (155 0:29:00 (146,+9))	0:43:36 (138,+8)		45:16	+14:43	13,25	3° M1F	8° F
138	194	MILLET LAURENT	RCPH JOGGING	FRA	M	M5H - M		0:13:44 (135 0:28:31 (133,+2))	0:43:31 (137,-4)		45:17	+14:44	13,25	4° M5H	130° M
139	19	BERTHON GOULVENN		FRA	M	SEH - M		0:13:59 (147 0:28:46 (140,+7))	0:43:39 (140)		45:20	+14:47	13,24	41° SEH	131° M
140	251	THORIN CEDRIC		FRA	M	M2H - M		0:13:57 (146 0:28:44 (139,+7))	0:43:38 (139)		45:24	+14:51	13,22	12° M2H	132° M
141	288	DEMBELE BOUBACAR	FRANCAIS	M	M1H - M			0:13:15 (107 0:28:21 (129,-22))	0:43:43 (142,-13)		45:28	+14:55	13,20	10° M1H	133° M
142	233	SEBINWA NSENGA		FRA	M	M3H - M		0:13:29 (118 0:28:14 (123,-5))	0:43:40 (141,-18)		45:32	+14:59	13,18	17° M3H	134° M
143	23	BINAS DAVID		FRA	M	SEH - M		0:14:23 (161 0:29:09 (150,+11))	0:44:02 (144,+6)		45:35	+15:02	13,16	42° SEH	135° M
144	33	BICARD RODOLPHE		FRA	M	M2H - M		0:14:32 (164 0:29:33 (156,+8))	0:44:04 (145,+11)		45:42	+15:09	13,13	13° M2H	136° M
145	40	CAHAD GILLES		FRA	M	M5H - M		0:13:44 (136 0:28:31 (135,+1))	0:44:01 (143,-8)		45:45	+15:12	13,11	5° M5H	137° M
146	57	DAGORN MICHAEL	CR GAINNEVILLAIS	FRA	M	M3H - M		0:13:41 (132 0:28:59 (144,-12))	0:44:17 (146,-2)		45:59	+15:26	13,05	18° M3H	138° M
147	137	L. P.		FRA	M	M3H - M		0:13:52 (141 0:29:00 (145,-4))	0:44:18 (147,-2)		45:59	+15:26	13,05	19° M3H	139° M
148	133	LAMBARD SONNY	CMA CGM LH RUNNING	FRA	M	M2H - M		0:14:01 (148 0:29:13 (151,-3))	0:44:21 (148,+3)		46:05	+15:32	13,02	14° M2H	140° M
149	62	D. V.		FRA	M	M2H - M		0:13:31 (120 0:29:05 (148,-28))	0:44:27 (150,-2)		46:08	+15:35	13,01	15° M2H	141° M
150	147	LECARPENTIER YANNICK	CMA CGM LH RUNNING	FRA	M	M3H - M		0:13:47 (137 0:28:55 (143,-6))	0:44:26 (149,-6)		46:10	+15:37	13,00	20° M3H	142° M
151	227	ROUDAUT PHILIPPE	LHSA	FRA	M	M3H - M		0:13:55 (142 0:29:05 (147,-5))	0:44:27 (151,-4)		46:13	+15:40	12,98	21° M3H	143° M
152	187	MARCHAND STEPHANE		FRA	M	M5H - M		0:13:56 (143 0:29:06 (149,-6))	0:44:29 (152,-3)		46:17	+15:44	12,96	6° M5H	144° M
153	357	HENRY PERRINE	♀	FRA	F	MOF - F	RC ÉPERNAY	0:13:38 (129 0:29:35 (157,-28))	0:45:01 (154,+3)		46:38	+16:05	12,87	3° MOF	9° F
154	391	MAILLARD MERCIER EMMANUELLE	♀	FRA	F	MOF - F	TEAM WELLNESS TRIATHLON	0:14:44 (179 0:30:01 (162,+17))	0:45:00 (153,+9)		46:42	+16:09	12,85	4° MOF	10° F
155	180	MAILLARD XAVIER	H.A.C TRIATHLON	FRA	M	M2H - M		0:14:43 (176 0:30:00 (161,+15))	0:45:04 (155,+6)		46:57	+16:24	12,78	16° M2H	145° M
156	215	PREUR JEAN-LUC	LHSA	FRA	M	M6H - M		0:14:23 (160 0:29:48 (159,+1))	0:45:17 (157,+2)		47:00	+16:27	12,77	2° M6H	146° M
157	135	LAUDE STEPHANE		FRA	M	M4H - M		0:14:08 (151 0:29:30 (154,-3))	0:45:15 (156,-2)		47:06	+16:33	12,74	6° M4H	147° M
158	220	RENAULT QUENTIN		FRA	M	SEH - M		0:15:34 (218 0:30:41 (176,+42))	0:45:31 (159,+17)		47:10	+16:37	12,72	43° SEH	148° M
159	164	LEROUTIER DENIS	S/L ASC LE HAVRE	FRA	M	M6H - M		0:13:50 (138 0:29:30 (155,-17))	0:45:22 (158,-3)		47:14	+16:41	12,70	3° M6H	149° M
160	21	BEUGIN JOËL	LES JOGGEURS DU PAYS D'AUGE	FRA	M	M7H - M		0:14:34 (167 0:30:10 (163,+4))	0:45:42 (161,+2)		47:26	+16:53	12,65	1° M7H	150° M
161	153	LEGAT BAPTISTE		FRA	M	SEH - M		0:13:56 (144 0:29:19 (152,-8))	0:45:38 (160,-8)		47:26	+16:53	12,65	44° SEH	151° M
162	179	LOPTAUX JULIEN	EMSL	FRA	M	M1H - M		0:14:49 (181 0:31:05 (186,-5))	0:45:48 (163,+23)		47:28	+16:55	12,64	11° M1H	152° M
163	171	LETHILLIER THOMAS		FRA	M	MOH - M		0:14:59 (188 0:30:45 (179,+9))	0:45:57 (165,+14)		47:32	+16:59	12,62	23° MOH	153° M
164	1302	GARRO JULIEN		FRA	M	M2H - M		0:15:06 (195 0:30:47 (181,+14))	0:45:54 (164,+17)		47:32	+16:59	12,62	17° M2H	154° M
165	369	LANERET MAGALI	♀	FRA	F	M4F - F		0:14:19 (156 0:29:47 (158,-2))	0:45:44 (162,-4)		47:35	+17:02	12,61	2° M4F	11° F
166	274	WILLIG FREDERIC	COH	FRA	M	M3H - M		0:14:09 (152 0:29:52 (160,-8))	0:46:05 (166,-6)		47:49	+17:16	12,55	22° M3H	155° M
167	107	HALLOUIN NICOLAS		FRA	M	MOH - M		0:14:39 (171 0:30:15 (167,+4))	0:46:10 (169,-2)		47:52	+17:19	12,53	24° MOH	156° M
168	114	HAUCHARD DAVY		FRA	M	SEH - M		0:15:11 (199 0:30:41 (175,+24))	0:46:06 (167,+8)		47:53	+17:20	12,53	45° SEH	157° M
169	250	THIEULEN CHRISTOPHE	TEAM RUNNING	FRA	M	M3H - M		0:14:36 (169 0:30:14 (166,+3))	0:46:09 (168,-2)		47:58	+17:25	12,51	23° M3H	158° M
170	223	RIARD ALEXIS		FRA	M	SEH - M		0:15:05 (193 0:30:41 (174,+9))	0:46:11 (170,+4)		47:59	+17:26	12,50	46° SEH	159° M
171	232	SCHWARTZMANN JEAN-JACQUES	LC BRETTEVILLE-SUR-ODON ATHLÉ	FRA	M	M6H - M		0:14:43 (177 0:30:23 (169,+8))	0:46:13 (171,-2)		48:02	+17:29	12,49	4° M6H	160° M
172	134	LAMPLE EMERIC		FRA	M	M1H - M		0:15:21 (207 0:31:02 (184,+23))	0:46:25 (178,+6)		48:04	+17:31	12,48	12° M1H	161° M
173	182	MALANDAIN JORDAN	LE CLUB CAMPUS	FRA	M	SEH - M		0:14:49 (182 0:30:42 (178,+4))	0:46:25 (176,-2)		48:05	+17:32	12,48	47° SEH	162° M
174	254	TONNELLE JONATHAN		FRA	M	MOH - M		0:14:35 (168 0:30:26 (170,-2))	0:46:25 (177,-7)						

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy km/h	Par cat.	Par sexe
210	349	GILETT MILÉNA	♀	FRA	F	MOF - F		0:15:50 (227)	0:32:20 (213,+14)	0:49:06 (211,+2)	50:58	+20:25	11,77	7 ^o MOF	19 ^o F
211	308	BARIL ALEXANDRA	♀	FRA	F	SEF - F	TEAM RUNNING	0:15:30 (215)	0:32:22 (214,+1)	0:49:05 (210,+4)	51:01	+20:28	11,76	5 ^o SEF	20 ^o F
212	332	DÉCHAMPS MARIE-MATHILDE	♀	FRA	F	M2F - F		0:14:37 (170)	0:30:28 (171,-1)	0:47:46 (191,-20)	51:01	+20:28	11,76	2 ^o M2F	21 ^o F
213	31	B. F.	♀	FRA	M	M3H - M		0:16:40 (264)	0:32:46 (224,+40)	0:49:14 (215,+9)	51:04	+20:31	11,75	28 ^o M3H	192 ^o M
214	108	HAMICHE NAYIR	♀	FRA	M	SEH - M		0:14:41 (173)	0:31:33 (195,-22)	0:49:11 (212,-17)	51:10	+20:37	11,73	54 ^o SEH	193 ^o M
215	109	HAMICHE SOFIANE	♀	FRA	M	MOH - M		0:14:41 (173)	0:31:33 (194,-22)	0:49:12 (213,-19)	51:10	+20:37	11,73	28 ^o MOH	194 ^o M
216	7	ARNAL GREGORY	♂	FRA	M	M2H - M		0:15:39 (221)	0:32:18 (211,+10)	0:49:19 (217,-6)	51:19	+20:46	11,69	23 ^o M2H	195 ^o M
217	204	P. C.	♂	FRA	M	M5H - M		0:15:54 (230)	0:33:25 (215,+15)	0:49:19 (216,-1)	51:21	+20:48	11,68	8 ^o M5H	196 ^o M
218	96	GRARD NICOLAS	♂	FRA	M	SEH - M		0:15:28 (212)	0:32:35 (218,-6)	0:49:46 (219,-1)	51:30	+20:57	11,65	55 ^o SEH	197 ^o M
219	281	BLONDEL NICOLAS	♂	FRANCAIS	M	SEH - M	PROGRESSIA IMMOBILIER	0:15:52 (229)	0:32:58 (230,-1)	0:49:40 (218,+12)	51:35	+21:02	11,63	56 ^o SEH	198 ^o M
220	49	C. V.	♂	FRA	M	JUH - M		0:16:21 (246)	0:33:22 (242,+4)	0:50:07 (228,+15)	51:38	+21:05	11,62	9 ^o JUH	199 ^o M
221	115	HAUCHARD DAMIEN	♂	FRA	M	M2H - M		0:16:41 (265)	0:33:30 (245,+20)	0:49:54 (223,+22)	51:40	+21:07	11,61	24 ^o M2H	200 ^o M
222	394	MARTIN BERENGERE	♀	FRA	F	M1F - F	SAFRAN NACELLES	0:15:46 (225)	0:32:49 (227,-2)	0:49:50 (220,+7)	51:47	+21:14	11,59	5 ^o M1F	22 ^o F
223	95	GRANDCAMP VINCENT	♂	FRA	M	MOH - M	CSE SAFRAN NACELLES	0:15:45 (224)	0:32:50 (228,-4)	0:49:50 (221,+7)	51:47	+21:14	11,59	29 ^o MOH	201 ^o M
224	320	BRIERE MARION	♀	FRA	F	M1F - F		0:15:03 (190)	0:32:33 (217,-27)	0:49:50 (222,-5)	51:49	+21:16	11,58	6 ^o M1F	23 ^o F
225	131	LA HAYE ADRIEN	♂	FRA	M	MOH - M		0:15:58 (234)	0:32:52 (229,+5)	0:49:58 (224,+5)	51:53	+21:20	11,56	30 ^o MOH	202 ^o M
226	195	MOUL FLEURIAN	♂	FRA	M	SEH - M		0:15:37 (220)	0:32:47 (225,-5)	0:50:04 (225)	52:03	+21:30	11,53	57 ^o SEH	203 ^o M
227	437	TAILLANTER MANON	♀	FRA	F	MOF - F		0:15:51 (228)	0:32:48 (226,+2)	0:50:07 (228,-2)	52:03	+21:30	11,53	8 ^o MOF	24 ^o F
228	462	GENNEVEE CHLOE	♀	FRANCAIS	F	SEF - F		0:15:45 (223)	0:32:19 (212,+11)	0:50:12 (231,-19)	52:06	+21:33	11,52	6 ^o SEF	25 ^o F
229	124	JEANNE DIT FOUQUE FREDERIC	♂	FRA	M	M2H - M		0:15:28 (213)	0:32:36 (219,-6)	0:50:06 (226,-7)	52:06	+21:33	11,52	25 ^o M2H	204 ^o M
230	119	HINHANE SAID	♂	FRA	M	M6H - M		0:15:59 (235)	0:33:00 (231,+4)	0:50:11 (229,+2)	52:06	+21:33	11,52	5 ^o M6H	205 ^o M
231	416	PITOU DELAPLACE SOLENNE	♀	FRA	F	M2F - F		0:16:35 (260)	0:33:20 (240,+20)	0:50:12 (230,+10)	52:09	+21:36	11,51	3 ^o M2F	26 ^o F
232	199	MOUTON MELVIN	♂	FRA	M	SEH - M		0:16:29 (253)	0:33:37 (248,+5)	0:50:19 (235,+13)	52:09	+21:36	11,51	58 ^o SEH	206 ^o M
233	81	FAUVEL YANN	♂	FRA	M	MOH - M		0:16:26 (248)	0:33:29 (244,+4)	0:50:18 (234,+10)	52:10	+21:37	11,50	31 ^o MOH	207 ^o M
234	403	MONNERIE ALICE	♀	FRA	F	JUF - F		0:16:27 (251)	0:33:21 (241,+10)	0:50:17 (232,+9)	52:10	+21:37	11,50	2 ^o JUF	27 ^o F
235	67	DENIZET THIBAUT	♂	FRA	M	M2H - M		0:16:38 (262)	0:33:35 (247,+15)	0:50:23 (236,+11)	52:11	+21:38	11,50	26 ^o M2H	208 ^o M
236	424	KOULLARD VANESSA	♀	FRA	F	M2F - F		0:15:56 (233)	0:33:04 (234,-1)	0:50:17 (233,+1)	52:16	+21:43	11,48	4 ^o M2F	28 ^o F
237	269	VICOMTE STANISLAS	♂	FRA	M	SEH - M		0:16:52 (281)	0:33:42 (251,+30)	0:50:34 (239,+12)	52:19	+21:46	11,47	59 ^o SEH	209 ^o M
238	22	BEURION CORENTIN	♂	FRA	M	SEH - M		0:16:44 (268)	0:34:18 (263,+5)	0:50:42 (242,+21)	52:20	+21:47	11,46	60 ^o SEH	210 ^o M
239	1301	DURAND KEVIN	♂	FRANCAIS	M	M1H - M		0:16:22 (247)	0:33:43 (252,-5)	0:50:28 (237,+15)	52:27	+21:54	11,44	19 ^o M1H	211 ^o M
240	52	CORROYER MARWAN	♂	FRA	M	JUH - M		0:16:06 (236)	0:33:04 (233,+3)	0:50:30 (238,-5)	52:27	+21:54	11,44	10 ^o JUH	212 ^o M
241	418	PRUGNIAUX FREDERIQUE	♀	LHSA	F	M3F - F	LHSA	0:16:31 (256)	0:33:42 (250,+6)	0:50:34 (240,+10)	52:29	+21:56	11,43	1 ^o M3F	219 ^o F
242	228	SALCA TUDOR	♂	FRA	M	M4H - M		0:15:48 (226)	0:33:14 (237,-11)	0:50:37 (241,-4)	52:31	+21:58	11,42	8 ^o M4H	213 ^o M
243	60	DAMAVILLE STEPHANE	♂	FRA	M	M3H - M		0:15:05 (192)	0:32:39 (221,-29)	0:50:48 (244,-23)	52:46	+22:13	11,37	29 ^o M3H	214 ^o M
244	397	MAZEL-DAMAVILLE NAELLE	♀	FRA	F	CAF - F	S/L ASC LE HAVRE	0:15:06 (196)	0:32:40 (222,-26)	0:50:48 (243,-21)	52:47	+22:14	11,37	1 ^o CAF	30 ^o F
245	89	GERARD JEAN-CHARLES	♂	FRA	M	M2H - M		0:15:55 (232)	0:33:12 (236,-4)	0:50:49 (245,-9)	52:51	+22:18	11,35	27 ^o M2H	215 ^o M
246	404	MONNIER PAULINE	♀	FRA	F	SEF - F	HAVRE AC*	0:16:18 (244)	0:33:25 (243,+1)	0:50:49 (246,-3)	52:54	+22:21	11,34	7 ^o SEF	31 ^o F
247	37	BUNEL SEBASTIEN	♂	FRA	M	M3H - M		0:15:16 (202)	0:33:02 (232,-30)	0:51:01 (248,-16)	52:56	+22:23	11,34	30 ^o M3H	216 ^o M
248	400	MONARD DELHOUS FRANCOISE	♀	FRA	F	M6F - F		0:15:35 (219)	0:33:05 (235,-16)	0:50:58 (247,-12)	53:00	+22:27	11,32	1 ^o M6F	32 ^o F
249	73	DUMONT BAPTISTE	♂	FRA	M	SEH - M		0:16:12 (242)	0:33:18 (239,+3)	0:51:06 (249,-10)	53:02	+22:29	11,31	61 ^o SEH	217 ^o M
250	444	TRIBOUILLARD SARAH	♀	FRA	F	JUF - F		0:16:27 (249)	0:33:43 (253,+4)	0:51:09 (250,+3)	53:02	+22:29	11,31	3 ^o JUF	33 ^o F
251	343	FERRERA LA HAYE ANDREANE	♀	FRA	F	SEF - F		0:16:45 (271)	0:33:49 (255,+16)	0:51:10 (251,+4)	53:05	+22:32	11,30	8 ^o SEF	34 ^o F
252	68	DESSAUX EVAN	♂	FRA	M	CAH - M		0:17:05 (293)	0:34:00 (257,+36)	0:51:20 (253,+4)	53:13	+22:40	11,27	6 ^o CAH	218 ^o M
253	125	JONES BENOIT	♂	FRA	M	M1H - M		0:16:20 (245)	0:33:47 (254,-9)	0:51:17 (252,+2)	53:20	+22:47	11,25	20 ^o M1H	219 ^o M
254	183	MALANDAIN LOUIS	♂	FRA	M	SEH - M		0:16:45 (272)	0:34:19 (264,+8)	0:51:36 (256,+8)	53:30	+22:57	11,21	62 ^o SEH	220 ^o M
255	159	LEMANDACH STEVEN	♂	FRA	M	SEH - M		0:16:44 (270)	0:34:20 (265,+5)	0:51:35 (255,+10)	53:32	+22:59	11,21	63 ^o SEH	221 ^o M
256	295	LAVAISSIERE CHRISTOPHE	♂	FRANCAIS	M	M3H - M	MONTVILLIERS JOGGING	0:16:45 (274)	0:34:00 (256,+18)	0:51:43 (258,-2)	53:42	+23:09	11,17	31 ^o M3H	222 ^o M
257	14	BAYLE PIERRE	♂	FRA	M	M7H - M	CORS	0:16:10 (238)	0:33:33 (246,-8)	0:51:36 (257,-11)	53:42	+23:09	11,17	3 ^o M7H	223 ^o M
258	272	VIVAR ESTEBAN	♂	FRA	M	JUH - M		0:14:48 (180)	0:34:51 (279,-99)	0:51:58 (262,+17)	53:47	+23:14	11,16	11 ^o JUH	224 ^o M
259	94	GORAND SEBASTIEN	♂	FRA	M	M3H - M	RCPH JOGGING	0:17:00 (290)	0:34:02 (258,+32)	0:51:51 (259,-1)	53:47	+23:14	11,16	32 ^o M3H	225 ^o M
260	401	MERABET KARIMA	♀	FRA	F	M3F - F	RCPH JOGGING	0:17:00 (291)	0:34:49 (277,+14)	0:51:51 (260,+17)	53:48	+23:15	11,15	2 ^o M3F	35 ^o F
261	15	BEAUCHER PASCAL	♂	FRA	M	M4H - M		0:16:11 (240)	0:33:17 (238,+2)	0:51:24 (254,-16)	53:49	+23:16	11,15	9 ^o M4H	226 ^o M
262	300	LETOURNEUR FABRICE	♂	FRANCAIS	M	M1H - M	BMS LE HAVRE	0:16:43 (267)	0:34:13 (261,+6)	0:51:59 (263,-2)	53:58	+23:25	11,12	21 ^o M1H	227 ^o M
263	146	LEBRUN PATRICK	♂	FRA	M	M8H - M	LHSA	0:16:30 (254)	0:34:09 (260,-6)	0:51:58 (261,-1)	54:02	+23:29	11,10	1 ^o M8H	228 ^o M
264	165	LEROUX NOLAN	♂	FRA	M	ESH - M		0:17:04 (292)	0:34:38 (267,+25)	0:52:17 (266,+1)	54:08	+23:35	11,08	10 ^o ESH	229 ^o M
265	243	TARDIF GAEL	♂	FRA	M	M2H - M	COH	0:16:43 (266)	0:34:40 (268,-2)	0:52:16 (265,+3)	54:11	+23:38	11,07	28 ^o M2H	230 ^o M
266	156	LEMAIRE ALBAN	♂	FRA	M	MOH - M		0:16:46 (275)	0:33:38 (249,+26)	0:51:59 (264,-15)	54:12	+23:39	11,07	32 ^o MOH	231 ^o M
267	406	MORIN ARMELE	♀	FRA	F	M3F - F		0:16:52 (280)	0:34:45 (273,+7)	0:52:19 (267,+6)	54:16	+23:43	11,06	3 ^o M3F	36 ^o F
268	316	BOISSERIE HELENE	♀	FRA	F	M2F - F		0:16:35 (259)	0:34:16 (262,-3)	0:52:21 (268,-6)	54:30	+23:57	11,01	5 ^o M2F	37 ^o F
269	328	COIGNET SARAH	♀	FRA	F	MOF - F		0:16:09 (237)	0:34:07 (259,-22)	0:52:25 (269,-10)	54:31	+23:58	11,01	9 ^o MOF	38 ^o F
270	313	HANIN GWLADIYS	♀	FRA	M	M3H - M		0:16:29 (252)	0:34:26 (266,-14)	0:52:33 (270,-4)	54:42	+24:09	10,97	33 ^o M3H	232 ^o M
271	16	BELINY SERGE	♂	FRA	M	M6H - M		0:16:47 (276)	0:34:43 (269,+7)	0:52:33 (271,-2)	54:43	+24:10	10,97	6 ^o M6H	233 ^o M
272	375	LEGRAS CAROLINE	♀	FRA											

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy km/h	Par cat.	Par sexe
319	423	ROMAIN EVA		FRA	F	ESF - F		0:18:05 (328)	0:37:16 (324,+4)	0:56:34 (320,+4)	58:40	+28:07	10,23	3 ^e ESF	71 ^e F
320	387	LIEGEARD HELENE	LHSA	FRA	F	MSF - F		0:18:16 (336)	0:37:00 (314,+22)	0:56:29 (318,-4)	58:51	+28:18	10,20	1 ^o MSF	72 ^e F
321	53	COURTELLE YANN	LHSA	FRA	M	M4H - M		0:17:35 (309)	0:36:59 (313,-4)	0:56:46 (324,-11)	58:56	+28:23	10,18	14 ^e M4H	249 ^e M
322	411	PASQUIER JENNIFER	LHSA	FRA	F	M1F - F		0:17:35 (308)	0:37:00 (315,-7)	0:56:46 (323,-8)	58:56	+28:23	10,18	13 ^e M1F	73 ^e F
323	410	PASQUIER JENNIFER	LHSA	FRA	F	M1F - F		0:17:36 (310)	0:37:01 (316,-6)	0:56:47 (325,-9)	58:57	+28:24	10,18	14 ^e M1F	74 ^e F
324	102	GUESDON CHRISTIAN		FRA	M	MSH - M		0:17:24 (303)	0:36:28 (306,-3)	0:56:37 (321,-15)	58:57	+28:24	10,18	9 ^e MSH	250 ^e M
325	265	VERDIERE ADRIEN	LIA SPORTING CLUB	FRA	M	MOH - M		0:18:14 (334)	0:37:44 (334)	0:56:43 (322,+12)	59:01	+28:28	10,17	34 ^e MOH	251 ^e M
326	374	LEBIGOIT LAURA		FRA	F	M1F - F		0:18:04 (325)	0:37:16 (323,+2)	0:56:47 (326,-3)	59:06	+28:33	10,15	15 ^e M1F	75 ^e F
327	465	LE BORGNE CANDICE		FRA	F	MOF - F		0:17:28 (304)	0:37:02 (317,-13)	0:56:52 (327,-10)	59:09	+28:36	10,14	13 ^e MOF	76 ^e F
328	306	AVENEL HELENE	TEAM RUNNING	FRA	F	M1F - F		0:18:08 (330)	0:37:13 (322,+8)	0:56:53 (328,-6)	59:11	+28:38	10,14	16 ^e M1F	77 ^e F
329	431	SEGUIN LUCIE		FRA	F	M1F - F		0:18:51 (351)	0:38:08 (341,+10)	0:57:13 (330,+11)	59:24	+28:51	10,10	17 ^e M1F	78 ^e F
330	355	HATE SANDRA		FRA	F	M3F - F		0:18:30 (341)	0:37:45 (335,+6)	0:57:12 (329,-6)	59:28	+28:55	10,09	7 ^e M3F	79 ^e F
331	244	TASSIGNY VIRGILE		FRA	M	M4H - M		0:18:23 (339)	0:37:53 (336,+3)	0:57:19 (332,+4)	59:34	+29:01	10,07	15 ^e M4H	252 ^e M
332	286	BANA LUDOVIC		FRANCAIS	M	M4H - M		0:17:32 (305)	0:37:17 (325,-20)	0:57:23 (333,-8)	59:36	+29:03	10,07	16 ^e M4H	253 ^e M
333	435	SMAIL YASMINE	VIE AU GRAND AIR DE ST MAUR	FRA	F	SEF - F		0:19:05 (356)	0:38:26 (344,+12)	0:57:37 (337,+7)	59:39	+29:06	10,06	15 ^e SEF	80 ^e F
334	314	BLANDIN LISA		FRA	F	ESF - F		0:18:02 (322)	0:37:36 (331,-9)	0:57:18 (331)	59:41	+29:08	10,05	4 ^e ESF	81 ^e F
335	450	VASSET CECILE		FRA	F	M1F - F		0:18:29 (340)	0:37:42 (333,+7)	0:57:27 (335,-2)	59:42	+29:09	10,05	18 ^e M1F	82 ^e F
336	284	BOUMELT KARIM	CREDIT AGRICOLE	FRANCAIS	M	M2H - M		0:17:32 (306)	0:37:18 (326,-20)	0:57:25 (334,-8)	59:47	+29:14	10,04	30 ^e M2H	254 ^e M
337	1303	PARDE ROMAIN	IN&FI CREDIT LE HAVRE	FRANCAIS	M	ESH - M		0:18:51 (350)	0:37:59 (337,+13)	0:57:30 (336,+1)	59:52	+29:19	10,02	11 ^e ESH	255 ^e M
338	122	INEKSTAK KEVIN	LIA SPORTING CLUB	FRA	M	M1H - M		0:18:12 (332)	0:37:21 (328,+5)	0:57:37 (338,-10)	59:56	+29:23	10,01	28 ^e M1H	256 ^e M
339	325	CHARLENE BARAY	LIA SPORTING CLUB	FRA	F	M1F - F		0:18:12 (332)	0:37:21 (327,+5)	0:57:37 (339,-12)	59:56	+29:23	10,01	19 ^e M1F	83 ^e F
340	382	LEPREVOST AMANDINE		FRA	F	SEF - F		0:18:06 (329)	0:37:41 (332,-3)	0:57:46 (342,-10)	1:00:00	+29:27	10,00	16 ^e SEF	84 ^e F
341	362	JEANNE-DIT-FOUQUE CORINNE		FRA	F	M4F - F		0:19:03 (355)	0:38:27 (345,+10)	0:57:44 (340,+5)	1:00:01	+29:28	10,00	4 ^e M4F	85 ^e F
342	353	GUESDON VERONIQUE		FRA	F	M6F - F		0:19:29 (370)	0:38:51 (353,+17)	0:57:45 (343,-12)	1:00:01	+29:28	10,00	2 ^e M6F	86 ^e F
343	412	PEREZ VANESSA	ASSO SIDEL	FRA	F	M1F - F		0:17:50 (317)	0:38:02 (339,-22)	0:57:58 (343,+4)	1:00:10	+29:37	9,97	20 ^e M1F	87 ^e F
344	188	MARTIN ANTHONY		FRA	M	M2H - M		0:18:38 (346)	0:38:49 (351,-5)	0:58:32 (350,+1)	1:00:18	+29:45	9,95	31 ^e M2H	257 ^e M
345	317	BOUCHER CAMILLE		FRA	F	SEF - F		0:18:30 (342)	0:38:46 (349,-7)	0:58:16 (345,+4)	1:00:21	+29:48	9,94	17 ^e SEF	88 ^e F
346	168	LESJAUNIER PATRICK	A S LUBRIZOL	FRA	M	MSH - M		0:18:08 (331)	0:38:24 (343,-12)	0:58:10 (344,-1)	1:00:24	+29:51	9,93	10 ^e MSH	258 ^e M
347	344	FEUILLET ANAIS	LHSA	FRA	F	M1F - F		0:19:03 (353)	0:38:52 (354,-1)	0:58:22 (346,+8)	1:00:35	+30:02	9,90	21 ^e M1F	89 ^e F
348	453	AUTIER NOEMIE		FRA	F	M1F - F		0:18:38 (345)	0:38:49 (352,-7)	0:58:32 (349,+3)	1:00:39	+30:06	9,89	22 ^e M1F	90 ^e F
349	447	VANHEEL EUGENIE		FRA	F	M1F - F		0:19:03 (354)	0:38:33 (347,+7)	0:58:32 (348,-1)	1:00:50	+30:17	9,86	23 ^e M1F	91 ^e F
350	160	LEMETTRE STEPHANE	TCAP60	FRA	M	M2H - M		0:19:59 (384)	0:39:01 (358,+26)	0:58:35 (351,+7)	1:00:53	+30:20	9,85	32 ^e M2H	259 ^e M
351	290	FABRY JEAN-FRANCOIS	MONTVILLIERS JOGGING	FRANCAIS	M	M3H - M		0:17:41 (314)	0:37:12 (320,-6)	0:58:26 (347,-27)	1:00:53	+30:20	9,85	35 ^e M3H	260 ^e M
352	439	T. J.		FRA	F	M1F - F		0:19:58 (383)	0:39:01 (357,+26)	0:58:36 (352,+5)	1:00:54	+30:21	9,85	24 ^e M1F	92 ^e F
353	392	MALANDAIN ELODIE		FRA	F	MOF - F		0:18:20 (338)	0:38:28 (346,-8)	0:58:57 (353,-7)	1:01:15	+30:42	9,80	14 ^e MOF	93 ^e F
354	421	RENARD MARLENE		FRA	F	M1F - F		0:19:20 (362)	0:39:36 (364,-2)	0:59:20 (356,+8)	1:01:18	+30:45	9,79	25 ^e M1F	94 ^e F
355	430	SAGNIER LAURA		FRA	F	MOF - F		0:18:38 (344)	0:38:46 (350,-6)	0:59:03 (354,-4)	1:01:19	+30:46	9,79	15 ^e MOF	95 ^e F
356	341	ERNOTTE ADRIANA		FRA	F	SEF - F		0:19:32 (374)	0:39:13 (360,+14)	0:59:10 (355,+5)	1:01:27	+30:54	9,76	18 ^e SEF	96 ^e F
357	230	SAVALLE CORENTIN		FRA	M	SEH - M		0:19:41 (378)	0:39:25 (361,+17)	0:59:25 (358,+3)	1:01:35	+31:02	9,74	65 ^e SEH	261 ^e M
358	459	BENDEJBLA SARAH		FRANCAIS	F	SEF - F		0:19:18 (361)	0:38:54 (355,+6)	0:59:21 (357,-2)	1:01:42	+31:09	9,72	19 ^e SEF	97 ^e F
359	334	DEHAIES LAETTITA	RCPH JOGGING	FRA	F	M2F - F		0:18:53 (352)	0:39:12 (359,-7)	0:59:47 (360,-1)	1:02:00	+31:27	9,68	14 ^e M2F	98 ^e F
360	239	SOUDAY CHRISTOPHE		FRA	M	M4H - M		0:18:40 (347)	0:38:55 (356,-9)	0:59:43 (359,-3)	1:02:00	+31:27	9,68	17 ^e M4H	262 ^e M
361	103	GULLIAMANT MEHDI		FRA	M	MOH - M		0:20:15 (394)	0:39:50 (370,+24)	0:59:55 (361,-9)	1:02:02	+31:29	9,67	35 ^e MOH	263 ^e M
362	18	BELLOEIL SYLVAIN		FRA	M	M1H - M		0:19:29 (371)	0:39:49 (369,+2)	0:59:55 (361,-9)	1:02:13	+31:40	9,64	29 ^e M1H	264 ^e M
363	413	PERRU LAURA		FRA	F	MOF - F		0:19:28 (369)	0:39:49 (368,+1)	0:59:55 (361,-9)	1:02:14	+31:41	9,64	16 ^e MOF	99 ^e F
364	370	LASSARAT CONSTANCE		FRA	F	MOF - F		0:19:30 (373)	0:39:46 (367,+6)	0:59:58 (362,+5)	1:02:17	+31:44	9,63	17 ^e MOF	100 ^e F
365	409	PANEL SONIA		FRA	F	M2F - F		0:20:12 (391)	0:40:29 (381,+10)	1:00:09 (365,+16)	1:02:21	+31:48	9,62	15 ^e M2F	101 ^e F
366	167	LEROY JEROME		FRA	M	MOH - M		0:20:17 (395)	0:40:30 (382,+13)	1:00:13 (366,+16)	1:02:27	+31:54	9,61	36 ^e MOH	265 ^e M
367	189	MARTINEZ THEOPHANE		FRA	M	MOH - M		0:16:56 (287)	0:38:42 (348,-6)	1:00:14 (367,-19)	1:02:32	+31:59	9,59	37 ^e MOH	266 ^e M
368	342	EUDLINE AMANDINE		FRA	F	M1F - F		0:20:08 (386)	0:40:14 (376,+10)	1:00:14 (368,+8)	1:02:33	+32:00	9,59	26 ^e M1F	102 ^e F
369	446	VAN OVERBERGHE ORLANE		FRA	F	SEF - F		0:19:34 (375)	0:39:45 (366,+9)	1:00:16 (370,-4)	1:02:34	+32:01	9,59	20 ^e SEF	103 ^e F
370	260	VAN OVERBERGHE KEVIN		FRA	M	MOH - M		0:14:32 (165)	0:39:44 (365,-20)	1:00:15 (369,-4)	1:02:34	+32:01	9,59	38 ^e MOH	267 ^e M
371	148	L. T.		FRA	M	SEH - M		0:19:24 (367)	0:39:30 (362,+5)	1:00:38 (371,-9)	1:02:40	+32:07	9,57	66 ^e SEH	268 ^e M
372	365	K. M.	PD62EBC9C9	FRA	F	SEF - F		0:19:25 (368)	0:39:31 (363,+5)	1:00:39 (372,-9)	1:02:40	+32:07	9,57	21 ^e SEF	104 ^e F
373	396	MASCRIER SOPHIE	IN&FI CREDIT LE HAVRE	FRA	F	M2F - F		0:21:01 (413)	0:40:50 (383,+30)	1:00:42 (374,-9)	1:02:50	+32:17	9,55	16 ^e M2F	105 ^e F
374	44	CERVINI SEBASTIEN		FRA	M	M2H - M		0:20:14 (393)	0:40:59 (384,+9)	1:00:40 (373,+11)	1:02:53	+32:20	9,54	33 ^e M2H	269 ^e M
375	436	STAMBOULI LILIA	ASCH	FRA	F	MOF - F		0:19:22 (365)	0:40:06 (373,-8)	1:00:49 (375,-2)	1:03:08	+32:35	9,50	18 ^e MOF	106 ^e F
376	377	LEUBI KARINE	HAVRE AC*	FRA	F	M4F - F		0:19:23 (366)	0:40:06 (374,-8)	1:00:50 (376,-2)	1:03:09	+32:36	9,50	5 ^e M4F	107 ^e F
377	326	CHASSAIN CHRISTELLE		FRA	F	M4F - F		0:19:48 (380)	0:40:26 (380)	1:00:56 (377,+3)	1:03:15	+32:42	9,49	6 ^e M4F	108 ^e F
378	340	DIJARDIN MANON		FRA	F	SEF - F		0:19:16 (360)	0:40:13 (375,-15)	1:01:15 (378,-3)	1:03:54	+33:21	9,39	22 ^e SEF	109 ^e F
379	339	DIJARDIN CASSANDRE		FRA	F	SEF - F		0:19:15 (359)	0:40:14 (377,-18)	1:01:15 (379,-2)	1:03:55	+33:22	9,39	23 ^e SEF	110 ^e F
380	388	LOSCUN MAELYS		FRA	F	SEF - F		0:19:39 (377)	0:40:21 (379,-2)	1:01:30 (380,-1)	1:04:00	+33:27	9,38	24 ^e SEF	111 ^e F
381	29	BOURILLON ALEXIS		FRA	M	SEH - M		0:19:30 (372)	0:40:17 (378,-6)	1:01:56 (382,-4)	1:04:20	+33:47	9,33	67 ^e SEH	270 ^e M
382	464	HAVARD JUSTINE		FRANCAIS	F	SEF - F									

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy km/h	Par cat.	Par sexe
428	441	THIERRY MARIE	♀	FRA	F	M6F - F		0:24:39 (436)	0:51:10 (433,+3)	1:19:19 (427,+6)	1:22:27	+51:54	7,28	3° M6F	146° F
429	249	THIERRY ERIC		FRA	M	M5H - M		0:24:39 (435)	0:51:08 (432,+3)	1:19:19 (428,+4)	1:22:28	+51:55	7,28	12° M5H	283° M
430	414	PESQUEUX ANNE	♀	FRA	F	M1F - F		0:25:12 (439)	0:53:09 (435,+4)	1:22:05 (429,+6)	1:25:36	+55:03	7,01	31° M1F	147° F
431	468	TROUQUET VIRGINIE	♀	IN&FI CREDIT LE HAVRE	F	M2F - F	FRANCAIS	0:26:57 (441)	0:55:05 (436,+5)	1:23:59 (430,+6)	1:27:23	+56:50	6,87	19° M2F	148° F
432	407	NTABA OUYAYO YEDIDYA	♀	COD	F	SEF - F		0:27:13 (442)	0:56:25 (437,+5)	1:25:55 (431,+6)	1:28:44	+58:11	6,76	37° SEF	149° F
433	350	GOUPIL ROSELYNE	♀	FRA	F	M6F - F	LHSA	0:26:23 (440)	1:03:25 (439,+1)		1:55:00	01:24:2	5,22	4° M6F	150° F
-	87	GAUDIN BENOIT		FRA	M	MOH - M	ESMGO	0:10:10 (9)	0:21:12 (7,+2)						
-	101	GUEROULT-BREARD MAXIME		FRA	M	ESH - M		0:14:14 (154)							
-	236	SMAIL YACINE		FRA	M	JUH - M		0:15:12 (200)							
Disqualifiés (6)															
DSQ	333	DEHAIES CHRISTINE	♀	FRA	F	M4F - F	RCPH JOGGING	0:23:03 (428)	0:47:09 (424,+4)						Disqualifié
DSQ	373	LE FAUCHEUR FRANÇOISE	♀	FRA	F	M6F - F	RCPH JOGGING	0:23:07 (430)	0:49:05 (428,+2)						Disqualifié
DSQ	405	MORDI SOUMICHA	♀	FRA	F	M2F - F		0:23:25 (431)	0:50:47 (429,+2)						Disqualifié
DSQ	63	DAVOT VINCENT		FRA	M	SEH - M		0:19:21 (364)	0:59:21 (438,-74)						Disqualifié
DSQ	329	COLARD CAROLE	♀	FRA	F	M5F - F		0:20:13 (392)	0:43:08 (410,-18)						Disqualifié
DSQ	434	SIMEONI ELISE	♀	FRA	F	SEF - F		0:21:23 (419)	0:43:43 (415,+4)						Disqualifié

Les Foulées de Montgeon

Esprit Sportif · dimanche 12 avril 2026

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RÉSULTATS

Résultats - Relais

Pl.	Dos	Nom-prénom	Club	Nat	Sx	Cat	NOM EQUIPE	P1	P2	P3	Temps	Ecart	Moy min	Par cat.	Par sexe
1	614	LEFRANCOIS PAUL / JEAN RAPHAEL		FRA	M	- M	LES JAMBES PAS		0:24:21 (2)	0:36:29 (2)	37:51	-	15,85		1° M
2	623	RUBIGNY LEO / VEPIERRE GREG		FRA	M	- M	L'HYROXEUSE ET		0:23:17 (1)	0:35:57 (1)	38:18	+0:27	15,67		2° M
3	633	JULIAU EWEN / STALIN JEHAN		FRA	M	- M	JULIAU / STALIN		0:24:34 (3)	0:37:03 (3)	38:31	+0:40	15,58		3° M
4	609	MARQUIS HUGO / GARET JULIEN		FRA	M	- M	JUHU		0:26:45 (7)	0:39:19 (4,+3)	40:46	+0:55	14,72		4° M
5	625	D. B. A. S. / M. S.		FRA	X	- X	PUR SANG HAVR		0:27:43 (9)	0:39:45 (5,+4)	41:08	+0:37	14,59		1° X
6	621	PETTIT LUDIVINE / BERTIN ENOLA	LHSA	FRA	F	- F	LHSA4		0:26:13 (5)	0:40:02 (6,-1)	41:42	+0:51	14,39		1° F
7	629	SHORT CECILLIA / DOUBREMELLE CLEMEN		FRA	F	- F	TEAM EPA		0:40:05 (24)		42:32	+0:41	14,11		2° F
8	619	BOULAHBAS SIRINE / CHAPUIS CORALIE	LHSA	FRA	F	- F	LHSA2		0:27:31 (8)	0:41:50 (7,+1)	43:29	+0:58	13,80		3° F
9	620	BOULAHBAS ALEXANDRE / LEFELLE JULIE	LHSA	FRA	X	- X	LHSA3		0:29:29 (10)	0:43:14 (8,+2)	44:55	+0:48	13,36		2° X
10	601	CAILL ALICE / PAULINE FRATRAS	ASPTT ROUEN / ESMGO TRIATHLON	FRA	F	- F	ALICE & PAULINE		0:26:19 (6)	0:43:40 (9,-3)	45:39	+0:48	13,14		4° F
11	632	CREY SUZIE / DESERT JULIETTE		FRA	F	- F	CREY / DEZERT		0:29:55 (11)	0:44:22 (10,+1)	46:03	+0:82	13,03		5° F
12	615	VANDERMEERSCH CHLOE / VANDERMEERSCH GACCSR		FRA	X	- X	LES ORANGES PA		0:33:04 (18)	0:45:09 (12,+6)	46:33	+0:84	12,89		3° X
13	604	DUPONT BASTIEN / AUZOU JULIETTE		FRA	X	- X	B317		0:25:27 (4)	0:44:52 (11,-7)	47:02	+0:91	12,76		4° X
14	627	SIMONET NOEMIE / CAUMONT GUILLAUME		FRA	X	- X	SWAT TEAM		0:31:54 (15)	0:45:51 (13,+2)	47:27	+0:96	12,64		5° X
15	613	GONCALVES CATIA / CASTAIGNE CASSANDRE		FRA	F	- F	LES COP'S		0:31:40 (14)	0:45:59 (14)	47:38	+0:97	12,60		6° F
16	616	VANDERMEERSCH SIMON / VANDERMEERSCH		FRA	X	- X	LES ORANGES PR		0:30:22 (13)	0:46:31 (15,-2)	48:23	+1:02	12,40		6° X
17	612	LEFELLE SEBASTIEN / CHAPUIS ALEXANDRE		FRA	M	- M	LES BOSS		0:30:02 (12)	0:46:48 (16,-4)	48:36	+1:05	12,35		5° M
18	610	FRAUD LEA / RIARD LOUIS		FRA	X	- X	LÉA & LOUIS		0:34:05 (20)	0:47:20 (17,+3)	48:49	+1:08	12,29		7° X
19	602	Y. B. / V. C.		FRA	F	- F	BÉREN ET CHACH		0:47:36 (29)		50:11	+1:20	11,96		7° F
20	628	HERVIEUX CHARLOTTE / AUBRY AGATHE	HAVRE AC*	FRA	F	- F	TEAM ASCH		0:33:25 (19)	0:50:16 (18,+1)	52:09	+1:48	11,51		8° F
21	611	LETE EMELINE / SCHMITT AMANDA		FRA	F	- F	LES BIGOUDENES		0:32:12 (16)	0:51:40 (19,-3)	53:48	+1:57	11,15		9° F
22	622	TIRARD VALERIE / LION CHRISTELLE	LHSA	FRA	F	- F	LHSA5		0:34:32 (21)	0:52:09 (20,+1)	54:19	+1:68	11,05		10° F
23	626	BROSSE JULIEN / OLIVEIRA TERESA	TEAM ROADRUNNERS	FRA	X	- X	ROADRUNNERS 1		0:32:37 (17)	0:52:26 (21,-4)	54:53	+1:70	10,93		8° X
24	624	L. D. / B. M. C.		FRA	X	- X	MCDID		0:36:49 (22)	0:57:31 (22)	59:46	+2:55	10,94		9° X
25	608	ARAUJO CAIO / HODIERNE JULIEN	AUCUN	FRA	M	- M	JY CROIS PAS		0:39:06 (23)	1:00:51 (23)	1:03:26	+2:53	9,46		6° M
26	631	HAUDEBOURG STEPHANE / LETANG CLAUDE		FRA	X	- X	VALCENIS		0:40:33 (26)	1:01:05 (24,+2)	1:03:33	+2:54	9,44		10° X
27	606	KASAWAT ALEXANDRE / BIGONVILLE ELISE		FRA	X	- X	COOK		0:43:34 (28)	1:01:48 (25,+3)	1:03:48	+2:57	9,40		11° X
28	630	DOUBET TYPHAINE / RAPAILLE EMILIE		FRA	F	- F	TEAM RUNNING		0:40:31 (25)	1:05:54 (26,-1)	1:08:49	+3:58	8,72		11° F
29	607	B. N. / H. M.		FRA	F	- F	GIRL POWER		0:42:40 (27)	1:06:17 (27)	1:08:58	+3:07	8,70		12° F

VOS RÉSULTATS EN LIVE SUR WWW.CHRONOBOOST.FR