

10 km d'Avranches (50)

Mardi 1^{er} mai 2007

Résultats 10 km

| Class | Nom | Prénom | Sexe | Cat | Club | Temps | Class Cat. |
|-------|---------------|-------------|------|-----|-------------------------------|----------|------------|
| 1 | EL FADIL | Said | M | SE | | 31:30:39 | 1 |
| 2 | GLADICHEV | Andréi | M | SE | HBAthlétisme | 31:51:32 | 2 |
| 3 | CHARPANTIER | Benoit | M | SE | STADE LAVAL | 31:55:26 | 3 |
| 4 | ROGOVOI | Victor | M | V1 | | 32:21:29 | 1 |
| 5 | POREE | Eric | M | SE | ATHLE SUD MANCHE | 32:51:44 | 4 |
| 6 | VIEL | Frédéric | M | SE | HBAthlétisme | 32:53:45 | 5 |
| 7 | BOITON | Sébastien | M | SE | ATHLE SUD MANCHE | 33:14:23 | 6 |
| 8 | BOTEREAU | Angélo | M | SE | ATHLE SUD MANCHE | 33:17:49 | 7 |
| 9 | MADELAINE | Christophe | M | SE | USM VIRE | 33:19:28 | 8 |
| 10 | LEBRETON | Vincent | M | SE | GRANVILLE AC | 33:38:07 | 9 |
| 11 | DECEROIT | Arnaud | M | SE | ACO SOURDEVAL | 34:04:37 | 10 |
| 12 | DELEPINE | Johnny | M | SE | GDM SAINT-JAMES | 34:10:01 | 11 |
| 13 | HAMEL | Yoann | M | SE | ACO SOURDEVAL | 34:29:27 | 12 |
| 14 | CERISEL | Emmanuel | M | SE | | 34:43:39 | 13 |
| 15 | LOISEL | Michel | M | V2 | ACO SOURDEVAL | 34:57:46 | 1 |
| 16 | DURAND | Pascal | M | V1 | ATHLE SUD MANCHE | 35:11:10 | 2 |
| 17 | MARTIN | Yann | M | SE | TC VAL SAINT PERE | 35:25:28 | 14 |
| 18 | BLOUET | Eric | M | SE | AC AVRANCHES | 35:27:11 | 15 |
| 19 | HARDY | David | M | SE | GDM SAINT-JAMES | 35:39:30 | 16 |
| 20 | LOISEL | Jules | M | ES | ACO SOURDEVAL | 36:06:46 | 1 |
| 21 | JEANNE | Mickael | M | SE | GDM SAINT-JAMES | 36:09:43 | 17 |
| 22 | LE ROYER | Franck | M | SE | GRANVILLE AC | 36:35:02 | 18 |
| 23 | BICREL | Alain | M | V1 | ES HAYLANDE | 36:51:04 | 3 |
| 24 | LEBOUC | Ludovic | M | SE | | 36:55:44 | 19 |
| 25 | PASCUTTI | David | M | SE | | 37:00:41 | 20 |
| 26 | BLOUIN | Michel | M | SE | | 37:06:48 | 21 |
| 27 | LE ROUVILLOIS | Sylvain | M | SE | | 37:13:10 | 22 |
| 28 | WEBRE | Michael | M | V1 | CAEN ATHLETIC CLUB | 37:15:11 | 4 |
| 29 | JAUNY | Arnault | M | SE | | 37:22:31 | 23 |
| 30 | DRION | Dominique | M | V2 | ACO SOURDEVAL | 37:28:47 | 2 |
| 31 | MARGRAIN | Gérard | M | V2 | FLERS-CONDE ATHLE | 37:31:53 | 3 |
| 32 | LEGUILLON | Jean-Claude | M | V1 | BA COUTANCES | 37:52:53 | 5 |
| 33 | FELIX | Vincent | M | SE | COURIR EN BAIE | 37:55:16 | 24 |
| 34 | MORIN | Gervais | M | V1 | JOGGEURS VAL DE SEE BRECEY | 37:57:35 | 6 |
| 35 | LECLER | Denis | M | V1 | GRANVILLE AC | 37:58:28 | 7 |
| 36 | BASSARD | Vincent | M | SE | | 38:02:50 | 25 |
| 37 | ZANELLO | Fabrice | M | V2 | | 38:13:51 | 4 |
| 38 | ROUSSEL | Zoé | M | SE | ACO SOURDEVAL | 38:15:59 | 26 |
| 39 | LETONDEUR | Patrick | M | V1 | | 38:16:20 | 8 |
| 40 | GONDOUIN | Pascal | M | SE | FLERS-CONDE ATHLE | 38:19:22 | 27 |
| 41 | CENSIER | Pascal | M | V1 | FLERS-CONDE ATHLE | 38:27:18 | 9 |
| 42 | RICHARD | Olivier | M | SE | | 38:33:48 | 28 |
| 43 | AUZOU | Lionel | M | V1 | AUTRE | 38:35:11 | 10 |
| 44 | HELAINÉ | Norbert | M | V2 | | 38:36:07 | 5 |
| 45 | TOMAZ GABIRRO | José-Manuel | M | V1 | AC AVRANCHES | 38:36:39 | 11 |
| 46 | LAIR | Florian | M | ES | ACO SOURDEVAL | 38:38:20 | 2 |
| 47 | LECHEVALLIER | Franck | M | SE | GRANVILLE AC | 38:46:15 | 29 |
| 48 | DUGUEPEROUX | Michel | M | SE | GDM SAINT-JAMES | 38:52:21 | 30 |
| 49 | BESSIN | Christian | M | V1 | FLERS-CONDE ATHLE | 38:55:03 | 12 |
| 50 | LEVEAU | Nathalie | F | V1 | BA COUTANCES | 38:56:45 | 1 |
| 51 | GUERIN | Joel | M | V1 | ACO SOURDEVAL | 39:13:25 | 13 |

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|-----|----------------|------------|---|----|--------------------------|----------|----|
| 52 | LE DAIN | Bernard | M | V2 | CAEN ATHLETIC CLUB | 39:18:23 | 6 |
| 53 | AUGER | Guillaume | M | SE | POMPIERS AVRANCHES | 39:19:07 | 31 |
| 54 | JARRY | Alain | M | V1 | | 39:27:20 | 14 |
| 55 | GOHIN | Emmanuel | M | SE | LC BRETTEVILLE SUR ODON | 39:29:01 | 32 |
| 56 | DETIN | Olivier | M | SE | | 39:34:03 | 33 |
| 57 | LECOUFLE | Séverine | F | SE | ATHLE PAYS FOUGERES | 39:37:24 | 1 |
| 58 | FOUASSE | Raphael | M | SE | | 39:46:10 | 34 |
| 59 | DESCLOS | Loïc | M | V1 | | 39:49:35 | 15 |
| 60 | SEGUIN | Philippe | M | V1 | AUTRE | 39:57:59 | 16 |
| 61 | LAIZE | Anthony | M | SE | ACO SOURDEVAL | 40:00:38 | 35 |
| 62 | TALNEAU | David | M | SE | | 40:01:37 | 36 |
| 63 | FONTAINE | Didier | M | SE | GDM SAINT-JAMES | 40:04:00 | 37 |
| 64 | DUTHEIL | Arnaud | M | SE | GRANVILLE AC | 40:04:24 | 38 |
| 65 | MAILLARD | Alain | M | SE | JOGGEURS VAL DE SEE | 40:12:38 | 39 |
| 66 | LEVEAU | Jacques | M | V1 | BA COUTANCES | 40:14:01 | 17 |
| 67 | LEMAITRE | Bruno | M | V1 | AUTRE | 40:17:06 | 18 |
| 68 | MALENFANT | Loïc | M | V1 | CA CONDE TORIGNY | 40:18:24 | 19 |
| 69 | VINCENT | Christian | M | V1 | | 40:25:15 | 20 |
| 70 | LEGUILLON | Philippe | M | V1 | ACO SOURDEVAL | 40:29:20 | 21 |
| 71 | DIDIER-LAURENT | Pascal | M | V1 | FLERS-CONDE ATHLE | 40:32:05 | 22 |
| 72 | LESERVOISIER | Dominique | M | V1 | JOGGEURS VAL DE SEE | 40:40:30 | 23 |
| 73 | GESLIN | Ludovic | M | SE | AUTRE | 40:42:34 | 40 |
| 74 | GIROT | Jean-Luc | M | V1 | AC AVRANCHES | 40:43:30 | 24 |
| 75 | BLANCHET | Daniel | M | V1 | | 40:47:15 | 25 |
| 76 | DAN | Johann | M | SE | | 40:53:35 | 41 |
| 77 | DECEROIT | Dolores | F | SE | ACO SOURDEVAL | 40:55:23 | 2 |
| 78 | LEBRETON | Laurent | M | SE | | 40:56:28 | 42 |
| 79 | DESHAYES | Claude | M | V1 | USM VIRE | 40:57:33 | 26 |
| 80 | CARNET | André | M | SE | | 40:59:19 | 43 |
| 81 | GANNE | Serge | M | V2 | | 41:02:10 | 7 |
| 82 | SANSON | Loïc | M | SE | AUTRE | 41:06:27 | 44 |
| 83 | GLAGOE | William | M | SE | | 41:12:15 | 45 |
| 84 | MOREL | Christophe | M | V1 | | 41:19:51 | 27 |
| 85 | BERUEL | Stéphane | M | SE | AC AVRANCHES | 41:23:17 | 46 |
| 86 | ASSELIN | Denis | M | SE | | 41:26:16 | 47 |
| 87 | HUBERT | Daniel | M | V2 | AVENIR MORTAIN | 41:27:59 | 8 |
| 88 | BOULE | Laurent | M | SE | | 41:46:33 | 48 |
| 89 | CLOUARD | Francis | M | V1 | AC AVRANCHES | 41:50:27 | 28 |
| 90 | VAUTIER | Sébastien | M | SE | USM VIRE | 41:53:32 | 49 |
| 91 | LEBARBEY | Christophe | M | SE | GDM SAINT-JAMES | 41:54:38 | 50 |
| 92 | TRIGUEL | Laurent | M | SE | | 41:58:11 | 51 |
| 93 | CHAIGNON | Isabelle | F | SE | AC AVRANCHES | 41:59:00 | 3 |
| 94 | REBOURS | Jean-Yves | M | V2 | | 42:02:42 | 9 |
| 95 | RAULT | Stéphane | M | SE | ATHLETIC CLUB ANDELYSIEN | 42:03:13 | 52 |
| 96 | LENOIR | Alain | M | V1 | | 42:07:43 | 29 |
| 97 | BRION | Philippe | M | SE | | 42:10:56 | 53 |
| 98 | DELORME | Didier | M | V1 | ACO SOURDEVAL | 42:14:15 | 30 |
| 99 | BRAULT | Laurent | M | SE | | 42:23:25 | 54 |
| 100 | LOUPIL | Maryline | F | V1 | BAYARD ARGENTAN | 42:45:19 | 2 |
| 101 | MATHE | Stéphane | M | SE | AUTRE | 42:48:21 | 55 |
| 102 | LEBOUC | Emmanuel | M | SE | | 42:50:45 | 56 |
| 103 | BESNIER | Frédéric | M | SE | | 42:55:34 | 57 |
| 104 | VEILLARD | Loïc | M | SE | | 43:01:58 | 58 |
| 105 | LECLERQ | Willy | M | SE | | 43:09:12 | 59 |
| 106 | BOUFFORT | Didier | M | V1 | | 43:15:45 | 31 |
| 107 | LEBRETON | Thierry | M | V1 | AUTRE | 43:19:36 | 32 |
| 108 | LEMONNYER | Eric | M | V2 | | 43:20:25 | 10 |
| 109 | DEROUET | Mickael | M | SE | AUTRE | 43:25:25 | 60 |
| 110 | XXL | XXL | M | SE | | 43:28:19 | 61 |
| 111 | CHEVALIER | Cyrille | M | ES | | 43:33:30 | 3 |

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| 112 | DEBON | Franck | M | SE | JOGGEURS VAL DE SEE | 43:35:44 | 62 |
| 113 | GUERULT | Alain | M | V1 | | 43:38:12 | 33 |
| 114 | SEGUIN | Jean-Paul | M | V1 | ACO SOURDEVAL | 43:47:37 | 34 |
| 115 | MONIQUE | Jean-Luc | M | V2 | GDM SAINT-JAMES | 43:52:18 | 11 |
| 116 | COLIN | David | M | SE | POMPIERS AVRANCHES | 43:55:33 | 63 |
| 117 | SOL | Elvis | M | SE | AUTRE | 43:57:30 | 64 |
| 118 | MARGUERIE | Dominique | M | V1 | USM VIRE | 44:01:38 | 35 |
| 119 | TANQUERRAY | Pascal | M | V1 | | 44:14:35 | 36 |
| 120 | MARTINEL | Mireille | F | V1 | AS J.CARTIER ST MALO | 44:15:49 | 3 |
| 121 | LEGUILLON | Didier | M | SE | | 44:26:08 | 65 |
| 122 | LECONTE | Jacky | M | V1 | | 44:28:18 | 37 |
| 123 | LANBELIN | Thomas | M | JU | AUTRE | 44:35:06 | 1 |
| 124 | LEBEURIER | Christian | M | V1 | | 44:39:10 | 38 |
| 125 | BARON | Jean-Yves | M | V1 | | 44:45:21 | 39 |
| 126 | MIMET | Eddy | M | SE | | 44:47:20 | 66 |
| 127 | SALMON | Jean-Paul | M | V1 | | 44:47:50 | 40 |
| 128 | GENDRE | David | M | SE | | 44:48:15 | 67 |
| 129 | LECLERCQ | Jérôme | M | SE | | 44:52:16 | 68 |
| 130 | LEMENAGER | Alexandre | M | JU | | 44:56:36 | 2 |
| 131 | PINEL | Joel | M | V2 | USM VIRE | 44:56:59 | 12 |
| 132 | FLORIN | David | M | SE | AVENIR MORTAIN | 44:57:21 | 69 |
| 133 | LECAMUS | Réjane | F | SE | GDM SAINT-JAMES | 44:57:53 | 4 |
| 134 | PAIN | Jean-François | M | SE | GDM SAINT-JAMES | 44:58:29 | 70 |
| 135 | DELANOE | Armel | M | SE | GDM SAINT-JAMES | 45:01:25 | 71 |
| 136 | SEGUIN | Jacky | M | V1 | | 45:03:30 | 41 |
| 137 | LECHARPENTIER | Bruno | M | V1 | GDM SAINT-JAMES | 45:05:04 | 42 |
| 138 | QUETRON | Alain | M | SE | GDM SAINT-JAMES | 45:05:09 | 72 |
| 139 | BEDOS | Lilianne | F | V2 | CAP PEZENAS | 45:05:28 | 1 |
| 140 | FLAUX | Stéphane | M | SE | | 45:07:59 | 73 |
| 141 | MOUTON | Emmanuel | M | SE | | 45:16:36 | 74 |
| 142 | LAUNAY | Charles | M | V3 | | 45:19:30 | 1 |
| 143 | L'HERMITTE | Régis | M | V2 | | 45:30:25 | 13 |
| 144 | LEGRAND | Henri | M | V1 | | 45:44:29 | 43 |
| 145 | BIGOT | Lionel | M | V1 | GRANVILLE AC | 45:53:39 | 44 |
| 146 | DREAU | Didier | M | V2 | | 45:59:10 | 14 |
| 147 | GALIAZZO | Pierre-Jean | M | JU | | 46:08:40 | 3 |
| 148 | ROUSSEAU | Théo | M | CA | | 46:12:05 | 1 |
| 149 | LECLERC | Jérôme | M | V1 | | 46:12:12 | 45 |
| 150 | DESPAS | Régis | M | SE | | 46:13:28 | 75 |
| 151 | MAUGER | Christel | M | SE | AUTRE | 46:16:42 | 76 |
| 152 | GUIBOUT | Jérôme | M | SE | AUTRE | 46:22:54 | 77 |
| 153 | HERMON | Stéphane | M | SE | | 46:26:36 | 78 |
| 154 | CANU | Jean-Claude | M | V3 | GRANVILLE AC | 46:30:37 | 2 |
| 155 | NOUVEAU | Xavier | M | SE | | 46:31:32 | 79 |
| 156 | GALODE | Michel | M | V3 | USM VIRE | 46:35:23 | 3 |
| 157 | BISSON | Rose-Marie | F | SE | GRANVILLE AC | 46:37:01 | 5 |
| 158 | LABBE | Patrick | M | V1 | | 46:40:01 | 46 |
| 159 | CARAES | Odette | F | V1 | GDM SAINT-JAMES | 46:48:14 | 4 |
| 160 | GUERIN | Alfred | M | SE | | 46:49:39 | 80 |
| 161 | MADEC | Thérèse | F | V2 | | 46:50:03 | 2 |
| 162 | JOUENNE | Mickael | M | SE | | 46:52:23 | 81 |
| 163 | NOUVEL | Jean-Louis | M | V1 | | 46:56:11 | 47 |
| 164 | ROLLAND | Jean-Charles | M | V1 | ACO SOURDEVAL | 46:59:54 | 48 |
| 165 | RADOUL | Lucille | F | SE | | 47:03:12 | 6 |
| 166 | GATE | Alain | M | V1 | | 47:04:33 | 49 |
| 167 | JOURDAN | Franck | M | V1 | | 47:05:22 | 50 |
| 168 | CLEMENT | Francis | M | V1 | JOGGEURS VAL DE SEE | 47:19:13 | 51 |
| 169 | BINET | Guillaume | M | JU | AUTRE | 47:22:13 | 4 |
| 170 | JULIEN | Mickael | M | SE | | 47:26:43 | 82 |
| 171 | FERRE | Emile | M | V2 | | 47:28:35 | 15 |

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| 172 | SAVEY | Gilbert | M | V3 | | 47:33:12 | 4 |
| 173 | COQUEMONT | Sébastien | M | SE | | 47:33:21 | 83 |
| 174 | BARBEDETTE | Franck | M | SE | | 47:37:19 | 84 |
| 175 | GAILLARD | Ollivier | M | SE | COURIR AU COGLAIS | 47:41:18 | 85 |
| 176 | VASLET | Guy | M | V2 | GRANVILLE AC | 47:41:28 | 16 |
| 177 | MASSON | Benoit | M | SE | | 47:42:39 | 86 |
| 178 | GODEFROY | Nathalie | F | SE | | 47:46:38 | 7 |
| 179 | GOUPIL | Jacky | M | V1 | AUTRE | 47:55:07 | 52 |
| 180 | AUBREE | Othella | M | SE | | 47:57:09 | 87 |
| 181 | TURPIN | Lionel | M | V1 | | 47:57:57 | 53 |
| 182 | AUMONT | Stéphane | M | SE | | 48:04:37 | 88 |
| 183 | BAYARD | Olivier | M | V1 | | 48:07:12 | 54 |
| 184 | PECQUEUX | Pascal | M | V1 | TC VAL SAINT PERE | 48:07:38 | 55 |
| 185 | HELLENNE | Alexis | M | CA | | 48:16:04 | 2 |
| 186 | PAUTREL | Patrick | M | V1 | COURIR EN BAIE | 48:20:47 | 56 |
| 187 | EON | Denis | M | V1 | | 48:25:59 | 57 |
| 188 | ARROUAS | Ginette | F | V2 | AUTRE | 48:31:16 | 3 |
| 189 | PIHAN | Laurent | M | V1 | | 48:31:39 | 58 |
| 190 | LERREAU | Michel | M | V2 | AUTRE | 48:34:19 | 17 |
| 191 | WEPIERRE | Désiré | M | V2 | GDM SAINT-JAMES | 48:35:15 | 18 |
| 192 | LEBON | Patricia | F | V1 | GDM SAINT-JAMES | 48:46:35 | 5 |
| 193 | ABLUN | Gérard | M | V2 | | 48:54:14 | 19 |
| 194 | DE SOUSA | Martine | F | SE | BAYARD ARGENTAN | 48:56:20 | 8 |
| 195 | MONFORT | Philippe | M | V1 | CA CONDE TORIGNY | 49:01:24 | 59 |
| 196 | BRIGNON | Didier | M | V1 | AUTRE | 49:11:57 | 60 |
| 197 | ROGER | Laurence | F | SE | | 49:22:04 | 9 |
| 198 | BAISNEE | Eric | M | SE | | 49:23:00 | 89 |
| 199 | JAMET | Vincent | M | V1 | | 49:31:35 | 61 |
| 200 | POIGNANT | Olivier | M | SE | | 49:33:57 | 90 |
| 201 | DUFOUR | Jérôme | M | SE | | 49:35:21 | 91 |
| 202 | LEMASLE | Yves | M | V1 | | 49:37:31 | 62 |
| 203 | LEZAY | Olivier | M | SE | | 49:45:11 | 92 |
| 204 | PAUTREL | Chantal | F | V1 | COURIR EN BAIE | 49:50:20 | 6 |
| 205 | DESGRANGES | Steve | M | V1 | | 49:52:19 | 63 |
| 206 | DELATRE | Dominique | M | V2 | | 49:56:36 | 20 |
| 207 | BRARD | Jean-Luc | M | V2 | | 49:58:05 | 21 |
| 208 | BREHIER | Etienne | M | V1 | | 50:01:11 | 64 |
| 209 | PREAUX | Laurent | M | V1 | POMPIERS AVRANCHES | 50:08:31 | 65 |
| 210 | GOBE | Jérôme | M | SE | | 50:09:06 | 93 |
| 211 | DUBOSC | Benoit | M | V1 | | 50:09:10 | 66 |
| 212 | MORAZIN | René | M | V3 | | 50:14:55 | 5 |
| 213 | OBLIN | Pierre | M | JU | | 50:16:16 | 5 |
| 214 | VAUDOIT | Arnaud | M | SE | AUTRE | 50:17:13 | 94 |
| 215 | LEBRETON | Denis | M | V1 | | 50:22:34 | 67 |
| 216 | LAISNE | Jérôme | M | SE | | 50:31:08 | 95 |
| 217 | JOOS | Didier | M | V1 | | 50:34:32 | 68 |
| 218 | PORQUET | Alain | M | V1 | | 50:35:22 | 69 |
| 219 | LEMONNIER | Théophile | M | V2 | | 50:35:57 | 22 |
| 220 | DUBOIS | Roger | M | V3 | AVENIR MORTAIN | 50:39:08 | 6 |
| 221 | LEPROVOST | François | M | V1 | | 50:43:43 | 70 |
| 222 | LEPAGELET | Alexandra | F | SE | POMPIERS AVRANCHES | 50:44:04 | 10 |
| 223 | LEGENDRE | Frédéric | M | SE | | 50:45:01 | 96 |
| 224 | PACILLY | Jean-Pierre | M | V1 | | 50:45:48 | 71 |
| 225 | PAUTRET | Ludovic | M | V1 | | 51:00:19 | 72 |
| 226 | TOSTAIN | Thierry | M | V1 | | 51:18:31 | 73 |
| 227 | BOSSIERE | Jean-Claude | M | V3 | | 51:18:59 | 7 |
| 228 | THELOT | Isabelle | F | SE | | 51:27:22 | 11 |
| 229 | BARBOT | Philippe | M | V2 | | 51:39:23 | 23 |
| 230 | NORMAND | Gael | M | SE | | 51:43:42 | 97 |
| 231 | GUERINEL | Nadia | F | V1 | | 51:47:41 | 7 |

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| 232 | MENARD | Jérôme | M | SE | AUTRE | 52:00:30 | 98 |
| 233 | PAUL | Arnaud | M | SE | | 52:02:16 | 99 |
| 234 | BOUTEMY | Noel | M | V2 | | 52:10:30 | 24 |
| 235 | ROUSSEAU | Roland | M | V1 | | 52:21:39 | 74 |
| 236 | PORCHER | Franck | M | SE | | 52:24:39 | 100 |
| 237 | TESSIER | Gaetan | M | SE | | 52:28:59 | 101 |
| 238 | TESNIERE | Marie-Laure | F | V1 | | 52:29:54 | 8 |
| 239 | LEGOUPIL | Jean-Marc | M | V1 | | 52:32:07 | 75 |
| 240 | LEBLANC | Denise | F | V2 | ATHLE PLUMAUGAT | 53:04:30 | 4 |
| 241 | BAILLEUL | Laurent | M | SE | AUTRE | 53:14:16 | 102 |
| 242 | BAZIRE | Denis | M | V2 | | 53:30:40 | 25 |
| 243 | FOSSARD | Jean-Claude | M | V3 | | 53:35:17 | 8 |
| 244 | VAINTAN | Alain | M | SE | | 53:38:38 | 103 |
| 245 | GUIGO | Bertrand | M | V1 | | 53:46:37 | 76 |
| 246 | ROMUALD | Cyril | M | SE | POMPIERS AVRANCHES | 53:51:00 | 104 |
| 247 | AUBERT | Fabienne | F | SE | | 54:05:36 | 12 |
| 248 | CHALLANDE | Chantal | F | V1 | BA COUTANCES | 54:22:51 | 9 |
| 249 | MAHIEU | Sylvain | M | SE | | 54:28:23 | 105 |
| 250 | HELIE | Elisabeth | F | V2 | | 54:30:57 | 5 |
| 251 | BESNARD | Marie | F | V2 | | 54:36:03 | 6 |
| 252 | CHAUVIN | Marie-Louise | F | SE | | 54:48:40 | 13 |
| 253 | L'HORPHELIN | Alain | M | V2 | | 54:51:27 | 26 |
| 254 | BOZIER | Hélène | F | V2 | | 54:52:48 | 7 |
| 255 | LEMONNIER | Pascal | M | SE | | 54:57:36 | 106 |
| 256 | COSSE | Bertrand | M | SE | AUTRE | 55:45:41 | 107 |
| 257 | UNGOY | Jacques | M | V1 | | 56:13:28 | 77 |
| 258 | DELEPINE | Hervé | M | V1 | TC VAL SAINT PERE | 56:15:32 | 78 |
| 259 | TRIBOUILLARD | Thierry | M | SE | | 56:31:38 | 108 |
| 260 | DESPAS | Alexandra | F | SE | | 57:46:38 | 14 |
| 261 | CHARLIER | Frédéric | M | SE | | 58:11:00 | 109 |
| 262 | KIES | Laurent | M | SE | | 58:14:02 | 110 |
| 263 | DELATRE | Annick | F | V1 | | 58:51:34 | 10 |
| 264 | HEGO | Jean-Baptiste | M | SE | | 59:47:41 | 111 |
| 265 | BOUCHET | Yves | M | V1 | POMPIERS AVRANCHES | 60:54:28 | 79 |
| 266 | DAVY | Louis | M | V3 | | 61:27:18 | 9 |
| 267 | BRARD | Julie | F | SE | | 61:33:13 | 15 |
| 268 | MARTINEL | Sylvie | F | V1 | | 62:52:10 | 11 |
| 269 | LEMETAYER | Robert | M | V3 | CS GARNISON RENNES | 63:16:20 | 10 |
| 270 | SCHMITZ | Thierry | M | V2 | | 64:00:00 | 27 |
| 271 | LEPESANT | Philippe | M | V1 | AUTRE | 64:00:18 | 80 |
| 272 | GRIVEL | Hervé | M | SE | | 65:09:21 | 112 |
| 273 | BEAURIEUX | Béatrice | F | SE | | 66:02:00 | 16 |
| 274 | GOHIN | Mélaine | F | SE | | 66:46:55 | 17 |
| 275 | BOUQUET | Marie | F | V3 | | 67:19:03 | 1 |
| 276 | GABE | Christian | M | V1 | | 68:00:00 | 81 |
| 277 | FAUVEL | Marie | F | V1 | | 68:01:00 | 12 |
| 278 | COSNIER | Maurice | M | V3 | | 68:02:00 | 11 |

Résultats 3.3 km (minimes)

| Class | Nom | Prénom | Sexe | Cat | Club | Temps | Class Cat. |
|-------|----------|-------------|------|-----|---------------|----------|------------|
| 1 | FILLEUL | Christopher | M | CA | ACO SOURDEVAL | 12:17:17 | 1 |
| 2 | LECOURT | VALENTIN | M | CA | | 12:39:38 | 2 |
| 3 | LEMEE | Aurélien | M | CA | ACO SOURDEVAL | 12:51:19 | 3 |
| 4 | DEBIEU | Quentin | M | MI | | 12:57:24 | 1 |
| 5 | GARNIER | Romain | M | MI | ES HAYLANDE | 13:03:17 | 2 |
| 6 | BRINDEAU | Anthony | M | MI | | 13:10:16 | 3 |
| 7 | GUERIN | Aurore | F | CA | ACO SOURDEVAL | 13:14:05 | 1 |
| 8 | CHARTIER | Karl | M | MI | AC AVRANCHES | 13:57:16 | 4 |

| | | | | | | | |
|----|------------------|-------------|---|----|-------------------------|----------|----|
| 9 | ORVAIN | NOEMIE | F | CA | AUTRE | 14:01:52 | 2 |
| 10 | COUILLARD | Laurianne | F | CA | AC AVRANCHES | 14:10:44 | 3 |
| 11 | MARIE ANGE LIQUE | JORDAN | M | MI | AUTRE | 14:45:14 | 5 |
| 12 | LEPELLETIER | Coralie | F | CA | GRANVILLE ATHLETIC CLUB | 14:47:46 | 4 |
| 13 | CHEVAL | Clément | M | MI | GDM SAINT-JAMES | 14:50:43 | 6 |
| 14 | CHAUMONT | Nathalie | F | MI | | 15:02:16 | 1 |
| 15 | ROUSSEL | Jordan | M | MI | ACO SOURDEVAL | 15:03:31 | 7 |
| 16 | SAUVAGET | Quentin | M | MI | GDM SAINT-JAMES | 15:13:23 | 8 |
| 17 | FLEURY | DIMITRI | M | MI | AUTRE | 15:58:04 | 9 |
| 18 | HELIE | Vincent | M | MI | GDM SAINT-JAMES | 15:58:53 | 10 |
| 19 | LAURENT | Manon | F | MI | ES HAYLANDE | 16:06:04 | 2 |
| 20 | PLE | Eléonore | F | MI | AC AVRANCHES | 16:29:49 | 3 |
| 21 | PEURUCQ | ANTOINE | M | MI | AUTRE | 16:32:04 | 11 |
| 22 | HUARD | Marine | F | MI | ACO SOURDEVAL | 16:38:18 | 4 |
| 23 | PASQUER | Gladys | F | MI | GDM SAINT-JAMES | 16:43:03 | 5 |
| 24 | DUMONT | Marie-Laure | F | MI | ACO SOURDEVAL | 16:48:10 | 6 |
| 25 | AUBERT | Maëlle | F | MI | AC AVRANCHES | 17:32:23 | 7 |
| 26 | ORVAIN | Noémie | F | CA | GDM SAINT-JAMES | 17:52:16 | 5 |
| 27 | CROCHET | Laurie | F | MI | ACO SOURDEVAL | 18:32:38 | 8 |
| 28 | HUET | Jennifer | F | MI | ACO SOURDEVAL | 20:54:10 | 9 |