

Résultats Trail de la Vallée de la Sélune, Les Biards (50), Samedi 23 et Dimanche 24 mars 2019

Résultats téléchargés sur <http://www.normandiecouseapied.com>

Résultats 10 km nocturne				
1	42'52"	LEBEURIER Felix		SEM/93
2	45'53"	LELIEVRE Etienne	Aco Sourdeval	SEM/90
3	48'14"	NICOLLE Martin		JUM/01
4	48'30"	LAGREE Sylvain	Joggers Louvigneens	V1M/79
5	49'02"	ALMIN Julien	Avenir Mortain	SEM/85
6	49'33"	LEDOS Fabrice	Aco Sourdeval	V1M/73
7	49'34"	LE PROVOST Philippe	Les Joggeurs Du Val De See	V2M/69
8	49'36"	LECERF Gael	Les Joggeurs Du Val De See	SEM/82
9	50'03"	AVENEL Vincent	Gdm Saint-james	SEM/81
10	50'05"	CHARUEL Clement		SEM/95
11	50'08"	SEMERIL Jacques	Gdm Saint-james	V1M/70
12	50'14"	GARNIER Laurent	Parigne Sport Nature	V1M/73
13	50'49"	ASSELIN Loic	Les Monts D'aunay	V1M/74
14	50'55"	CHEREL Damien		SEM/87
15	51'42"	DECHANCE Benoit	Aco Sourdeval	SEM/86
16	51'43"	SAVARD David		SEM/82
17	51'46"	VIARD Axel	Les Loups	SEM/88
18	51'58"	SECHET Jerome		SEM/88
19	52'00"	GARNIER Jerome	Etoile Sportive Olivet	V1M/76
20	52'05"	LEHERICEY Boris		V1M/77
21	52'07"	BESNARD Alexandre	Land Running	SEM/85
22	52'28"	GUILLAUME Baptiste	La Foulee Gesnoise	SEM/82
23	52'47"	BORDE Jerome	Avenir Mortain	V1M/74
24	53'07"	LEVALLOIS Olivier	Us Acome	V1M/79
25	53'43"	MOISSERON Pascal	Us Acome	V1M/78
26	54'20"	DUGUE Romain		SEM/93
27	54'25"	HELI Arnaud	Us Acome	SEM/86
28	54'50"	GUIOT Stan		SEM/80
29	55'05"	LETONDEUR Gwendal	Club Rennais De Course D'orien	SEM/96
30	55'28"	FAVIER Maxime	Jogg Hilaire	SEM/82
31	55'40"	LEROUX Yoann	Athle Pays De Fougères *	SEM/82
32	55'47"	LEBANSAIS Remy	Joggers Louvigneens	V2M/63
33	55'55"	JEREMY Ody	Team Dechance	SEM/86
34	56'00"	BENOIT Franck		V2M/69
35	56'11"	PAUTONNIER Justin		SEM/91
36	56'33"	BEAUJOUAN Morgan	Cap Conde	SEM/90
37	56'47"	PIBOUIN Stephane	Us Acome	SEM/80
38	56'49"	VOIVENEL Vincent	Tc Val	SEM/83
39	56'50"	GODILLE David		V1M/79
40	57'25"	GAUTRAIS Jean-francois		SEM/83
41	57'31"	BAZIN Maxime		SEM/87
42	57'48"	GRIGNON-MASSE Jean-alberic		V3M/59
43	58'39"	PINOT Jeremy		SEM/89
44	58'39"	TOULLIER Thierry		V1M/76
45	58'40"	PRIE David		SEM/88
46	58'40"	ANFRAY Jerome	Us Acome	SEM/88
47	58'44"	COUPPEY Olivier		SEM/84
48	58'53"	BRIENS Guillaume	Ac Avranches	V1M/71
49	58'57"	LEFORGEAIS Olivier		V1M/70

50	58'58"	PENLOUP Leo		JUM/00
51	59'02"	LABADIE Guillaume		V1M/78
52	59'08"	LEFRANC Clovis	Tc Val	SEM/82
53	59'19"	PINCON Frederic	Us St Berthevin	V1M/75
54	59'43"	JOUIN Cedric		V1M/79
55	59'49"	LEBASCLE Jacky	Avenir Mortain	V2M/65
56	1h00'00"	PIOGER David		SEM/84
57	1h00'12"	CAMUS Benoit		SEM/81
58	1h00'27"	VETOIS Alexandra		SEF/86
59	1h01'01"	NICOLLE Benjamin		SEM/92
60	1h01'10"	JAMMES David		V1M/72
61	1h01'10"	GALOPIN Michel	Aco Sourdeval	V3M/54
62	1h01'15"	ALLAIRE Philippe	Jogg'hilaire	V3M/59
63	1h01'17"	PAUTRET Lucas		ESM/99
64	1h01'23"	ANGOT Nicolas	Les Joggeurs De Ducey	SEM/82
65	1h01'25"	POULLAIN Manuel	Us Acome	V1M/75
66	1h01'38"	HOUSTIN Abel	Jogg'hilaire	V2M/61
67	1h01'39"	DEDIEU Anne	Avenir Mortain	V1F/73
68	1h01'41"	CORDON Loic	Cr Normandie	V1M/71
69	1h01'47"	ALEXIS Pigeon		JUM/01
70	1h01'49"	WILFRIED Dufour		SEM/84
71	1h02'03"	BOISANFRAY Johan		SEM/84
72	1h02'23"	PODEVIN Yvan	Gdm Saint-james	V1M/74
73	1h03'05"	LEBEURIER Camille		SEM/88
74	1h03'17"	SOUL Jean claude	Us Acome	V2M/64
75	1h03'31"	HERVE Ludovic	Les Joggeurs De Ducey	V1M/70
76	1h03'36"	FILLATRE Emmanuel		SEM/83
77	1h04'01"	HEUDES Didier		V1M/75
78	1h04'11"	HIRBEC Nicolas	Galoupaden	SEM/84
79	1h05'08"	GRASSET Damien		SEM/92
80	1h05'08"	ROCHEFORT Maxime		SEM/92
81	1h05'23"	PIOGER Cedric	Avenir Mortain	SEM/81
82	1h05'33"	GANNE Kilian		CAM/02
83	1h05'46"	LAIR Vincent		V2M/66
84	1h06'17"	SIRRE Cyril	Les Joggeurs De Ducey	V1M/78
85	1h06'44"	ALMIN Solene	Avenir Mortain	SEF/86
86	1h06'45"	VALET Remi	Isigny Running	V1M/72
87	1h07'20"	SCHUFFENECKER Martin	Osse Sport Nature	SEM/95
88	1h07'22"	CROCQUEVIEILLE Aurelie	Running En Bocage	SEF/83
89	1h07'25"	GODEFROY Arnaud	Trv	V1M/74
90	1h08'15"	BODIN Didier	Psn	V1M/72
91	1h08'20"	LEPLEY Sandrine		V1F/77
92	1h08'37"	HAMEL Marie-laure		SEF/89
93	1h08'41"	TIREL Alexis		SEM/83
94	1h08'48"	DAIROU David		SEM/83
95	1h09'03"	DESGRANGES Jerome	Us Acome	V1M/74
96	1h09'21"	TOUDICK Thomas		SEM/88
97	1h09'22"	ROCHEFORT Sophie		SEF/83
98	1h09'25"	HUARD Loic		V2M/64
99	1h10'08"	HEBERT Pascal	Les Joggeurs De Ducey	V2M/64
100	1h10'12"	BOUCE Michel		V2M/60
101	1h10'23"	JABET Anne-claire		SEF/82
102	1h10'27"	GOUVENOU Sylvie	Avenir Mortain	V2F/63
103	1h11'00"	COURTEILLE Julien		ESM/99
104	1h11'26"	HEREMBOURG Sylvie	Les Joggeurs De Ducey	V1F/71
105	1h11'54"	MARTINEL Laetitia		SEF/88
106	1h12'06"	TOUDICK Thierry		V2M/62

107	1h12'16"	GUERIN Emmanuel		V2M/68
108	1h12'23"	GANNE David		SEM/93
109	1h12'42"	PHILIPPE Romuald		SEM/82
110	1h13'16"	POIRIER David		SEM/80
111	1h13'44"	JOURDAN Sandrine	Les Joggeurs De Ducey	V1F/75
112	1h13'46"	CHESNEL Guillaume	Isigny Running	SEM/80
113	1h13'53"	GIRES Nicolas		V2M/64
114	1h14'35"	LELONG Vanessa	Traiteurs En Cotentin	SEF/80
115	1h15'25"	LABAUNE Frederic		SEM/83
116	1h15'53"	FAUDET Ludovic	Jogg'hilaire	V1M/77
117	1h15'54"	GARDANT Edwige		SEF/81
118	1h16'04"	WAXIN Franck	Quoi De Neuf Runner	SEM/80
119	1h16'06"	LEVALOIS Coralie	Quoi De Neuf Runners	SEF/84
120	1h16'14"	LUKSENBERG Sophie		V2F/64
121	1h16'27"	DEGUINE Eric		V2M/69
122	1h16'47"	JEANNE Sebastien		V1M/73
123	1h17'51"	CLOUARD Anthony		SEM/84
124	1h17'51"	RENARD Jonathan		SEM/83
125	1h18'00"	ROGER Gwenael	Us Acome	V1M/75
126	1h18'48"	GANNE Sarah		V1F/73
127	1h19'52"	CHOPIN Sandra		SEF/84
128	1h19'53"	MESSAGER Camille		SEF/83
129	1h20'17"	LE MUEY Anthony	Granville Ac	SEM/84
130	1h20'27"	FARDIN Christian	Les Joggeurs De Ducey	V3M/53
131	1h20'40"	BENOIT Valerie		V1F/75
132	1h20'45"	FAISSOLE Julie		V1F/79
133	1h21'41"	MARCHAND Sabrina		V1F/77
134	1h22'56"	CHARBONNEL Severine	Les Joggeurs De Ducey	V1F/76
135	1h23'43"	BOSSARD Camille	Club Rennais De Course Dorient	SEF/95
136	1h23'48"	STERNAT Alban		V1M/77
137	1h24'00"	GUESDON Laurence	Avenir Mortain	V1F/77
138	1h24'43"	COURTEILLE Emilie	Avenir Mortain	SEF/81
139	1h24'43"	JEHAN Marie		SEF/81
140	1h26'10"	TEILLON-MAATOUG Anna		SEF/87
141	1h28'39"	PRIME Annie-france	Les Joggers Du Couesnon	SEF/81
142	1h28'41"	DUHAMEL Marlene	Gdm Saint-james	SEF/80
143	1h28'41"	PINOT Blandine	Les Joggers Du Couesnon	V1F/70
144	1h29'25"	STEPHANIE Pigeon		SEF/93
145	1h30'13"	BERTAILS Emilie		SEF/82
146	1h30'23"	LESAULNIER Chloe		SEF/92
147	1h30'23"	HURE Wilfried		SEM/85
148	1h31'55"	MORIN David		V1M/72

Résultats 10 km diurne

1	48'41"	ARNAUD Lemenuel		SEM/82
2	49'57"	VIEL Michel		SEM/88
3	50'30"	BOUDONNET Paul		SEM/96
4	52'49"	LELIEVRE Etienne	Aco Sourdeval	SEM/90
5	53'19"	AVENEL Vincent	Gdm Saint-james	SEM/81
6	53'20"	CHARUEL Clement		SEM/95
7	53'24"	GARNIER Laurent	Parigne Sport Nature	V1M/73
8	53'53"	NICOLLE Martin		JUM/01
9	54'29"	HEUZE Pierrick	Us Acome	V1M/73
10	55'21"	LESUEUR Quentin		JUM/01
11	55'57"	GASNIER Emilien		SEM/83
12	56'19"	CHEREL Damien		SEM/87
13	57'23"	BORDE Jerome	Avenir Mortain	V1M/74
14	57'25"	ROCHEFORT Maxime		SEM/92

15	57'50"	GUILLAUME Baptiste	La Foulee Gesnoise	SEM/82
16	58'17"	JEREMY Odyé	Team Dechance	SEM/86
17	58'18"	LODE Mickael		V1M/78
18	58'45"	LEC'HVIEN Benjamin		SEM/96
19	58'45"	GUESDON Benoit		SEM/88
20	59'36"	LEMARDELEY Eric		V1M/74
21	59'55"	CHAIGNON Isabelle		SEF/81
22	1h01'40"	SAVARY Felicie	Manche Athle Centre Sud*	SEF/96
23	1h01'55"	LEBASCLE Jacky	Avenir Mortain	V2M/65
24	1h03'32"	BENOIT Jerome	Gdm Saint-james	SEM/87
25	1h03'58"	DESCLOS Loic		V2M/64
26	1h04'03"	PENLOUP Gilles		V3M/59
27	1h04'14"	JOSSEAUME Fabien		SEM/89
28	1h04'49"	GALOPIN Michel	Aco Sourdeval	V3M/54
29	1h05'18"	ANFRAY Jerome	Us Acome	SEM/88
30	1h05'30"	GONTIER Franck		V1M/79
31	1h05'50"	LABBE Loic		V3M/54
32	1h05'53"	LEVAVASSEUR Vincent	Les Joggeurs De Ducey	SEM/83
33	1h05'53"	TURPIN Michel	Running Loisirs Virois	V3M/57
34	1h06'08"	PIOGER David		SEM/84
35	1h06'29"	ALLAIRE Philippe	Jogg'hilaire	V3M/59
36	1h06'55"	ARNAUD Louvel		V1M/76
37	1h08'04"	VIVIER Patrice		V1M/77
38	1h08'39"	TOULLIER Thierry		V1M/76
39	1h09'12"	POUPION Didier	Flers-conde Sur Noireau Athle*	V2M/63
40	1h09'27"	VEROVE Florent		SEM/81
41	1h09'27"	BRIENS Stephane		SEM/82
42	1h09'33"	HEUDES Didier		V1M/75
43	1h09'46"	LAMBERT Vincent	Les Joggeurs De Ducey	V1M/75
44	1h10'15"	SEVER Jerome	Asptt Fougeres	V1M/72
45	1h10'23"	MARIE Jimmy		V1M/77
46	1h10'34"	LEMONNIER Gabriel		V2M/61
47	1h10'42"	GANNE Kilian		CAM/02
48	1h10'42"	HERVE Ludovic	Les Joggeurs De Ducey	V1M/70
49	1h10'47"	LARONCHE Francois		V1M/75
50	1h10'55"	HELIE Marion	Granville Ac	JUF/01
51	1h10'59"	COQUELIN Samuel	Les Joggeurs De Ducey	V1M/78
52	1h12'14"	HUCTEAU Stephane		V1M/78
53	1h12'15"	DRAULT Olivier		V1M/76
54	1h12'30"	GAUCHER Regis		V2M/69
55	1h12'59"	LEBARBE Stephane		V2M/68
56	1h13'43"	BOITON Jean	Us Acome	SEM/87
57	1h13'47"	RABASSE Franck		V1M/71
58	1h14'04"	COQUELIN Mickael		V2M/67
59	1h14'24"	GUINEBAULT Kevin	Les Joggeurs De Ducey	SEM/87
60	1h14'52"	DESGUE Samuel		V1M/78
61	1h15'19"	MARIE Sandrine		V1F/78
62	1h15'23"	GRASSET Damien		SEM/92
63	1h15'44"	SALLES Claudy		V1F/78
64	1h15'49"	HEE Valentin		SEM/86
65	1h16'04"	JOUATEL Sandra		V1F/75
66	1h16'08"	HOURMAN Nathalie		V2F/66
67	1h16'14"	JEHANNIN Eric		V1M/71
68	1h17'04"	HELIE Stephanie		V1F/78
69	1h17'04"	HELIE Hugues		V1M/78
70	1h17'18"	HURE Wilfried		SEM/85
71	1h17'45"	GRICOURT Karine		V1F/77

72	1h17'57"	MANNEHEUT Benjamin		SEM/90
73	1h17'58"	LEFEVRE Francis		V1M/77
74	1h18'38"	MORIN Julie	Isigny Running	SEF/82
75	1h18'38"	MARIN Stephanie		V1F/76
76	1h18'38"	PRUNIER Elodie	Les Joggeurs De Ducey	SEF/86
77	1h19'38"	BOUCE Angelique		SEF/90
78	1h20'17"	JOURDAN Sandrine	Les Joggeurs De Ducey	V1F/75
79	1h21'43"	CHESNEL Guillaume	Isigny Running	SEM/80
80	1h21'54"	HAROU Olivier	Joggeurs Du Val De See	V2M/64
81	1h23'21"	LOISEL Franck		V1M/76
82	1h23'28"	ROGER Gwenael	Us Acome	V1M/75
83	1h23'37"	RABASSE Olivier		V1M/73
84	1h23'41"	ROBIN Emmanuelle		V1F/78
85	1h25'22"	GUESDON Laurence	Avenir Mortain	V1F/77
86	1h26'02"	ANGER Karine	Alencon Trail	V1F/79
87	1h26'09"	LE MUEY Anthony	Granville Ac	SEM/84
88	1h27'30"	POIRIER David		SEM/80
89	1h27'41"	PETIT Christelle		V1F/75
90	1h27'57"	PHILIPPE Romuald		SEM/82
91	1h29'41"	BENOIT Valerie		V1F/75
92	1h30'13"	LEBASSAC Dominique	Jogg'hilaire	V2M/61
93	1h30'13"	LETOURNEUR Carole	Jogg'hilaire	V1F/77
94	1h30'18"	GODIER Isabelle	Jogg'hilaire	V2F/65
95	1h30'20"	SAINT Elodie		V1F/73
96	1h30'20"	CHOPIN Sandra		SEF/84
97	1h30'25"	MESSAGER Camille		SEF/83
98	1h30'56"	DESLANDES Florence		V1F/75
99	1h31'00"	MOREAU Elodie	Jogg'hilaire	SEF/82
100	1h31'55"	GANNE Sarah		V1F/73
101	1h32'04"	CHENU Stephanie		V1F/76
102	1h32'21"	CHARLIN Arnaud		SEM/82
103	1h32'37"	LEBIGOT Marie		V1F/77
104	1h34'05"	BOSSARD Camille	Club Rennais De Course Dorient	SEF/95
105	1h35'14"	HIRBEC Adeline		SEF/85
106	1h36'01"	CHEVAL Celine	Courir A Dol	V1F/77
107	1h36'53"	BUSNEL Annick	Jogg'hilaire	V3F/55
108	1h37'25"	MONGY Stephanie	Ac Avranches	V1F/75
109	1h37'34"	RIBET Helene		SEF/88
110	1h38'10"	BRIENS Francoise	Ac Avranches	V2F/69
111	1h38'42"	PINSON Stephane		V2M/67
112	1h39'20"	MEANCE Sandrine	Les Joggeurs De Ducey	V1F/75
113	1h39'21"	LECLERCQ Beatrice	Tc Val	V1F/77
114	1h39'26"	MEIGNAN Stephane		V1M/76
115	1h39'33"	LESAULNIER Chloe		SEF/92
116	1h39'36"	BERTAILS Emilie		SEF/82
117	1h39'53"	TEILLON-MAATOUG Anna		SEF/87
118	1h41'08"	LEFEVRE Sylvie		V3F/59
119	1h42'14"	MAZIER Catherine		V2F/66
120	1h43'20"	MORIN David		V1M/72
Résultats 23 km				
1	1h42'50"	LEBEURIER Felix		SEM/93
2	1h43'14"	CHORIN Alban	Athle Pays De Fougeres *	SEM/80
3	1h48'30"	DEBIEU Leo		SEM/96
4	1h52'03"	MURIEL Philippe	Les Joggeurs De Ducey	V1M/78
5	1h52'28"	GARNIER Laurent	Trail Des Moulins	SEM/80
6	1h53'45"	LECLERC Pascal		V1M/75
7	1h58'26"	BRIAND Serge	Tc Val	V2M/63

8	2h01'48"	PAVIOT Erwan	Asppt	SEM/81
9	2h02'23"	HOUSTIN Yoann		SEM/84
10	2h02'47"	ADRIEN Antoine		SEM/83
11	2h03'14"	LE PROVOST Philippe	Les Joggeurs Du Val De See	V2M/69
12	2h04'30"	BARBOT Jerome	Les Joggeurs Du Val De See	V1M/78
13	2h04'33"	DESCLOS Maxime		SEM/96
14	2h05'36"	CAHOUR Arnaud		SEM/83
15	2h06'29"	CARNET Adrien		SEM/88
16	2h07'11"	ROSSIGNOL Arnaud	Avenir Mortain	V1M/79
17	2h07'25"	LECERF Gael	Les Joggeurs Du Val De See	SEM/82
18	2h07'33"	ANGENARD Jerome		V1M/73
19	2h07'35"	DECHANCE Benoit	Aco Sourdeval	SEM/86
20	2h07'40"	BESNARD Alexandre	Land Running	SEM/85
21	2h07'41"	LAGREE Sylvain	Joggers Louvigneens	V1M/79
22	2h08'33"	PIBOUIN Stephane	Us Acome	SEM/80
23	2h08'44"	GARNIER Jerome	Etoile Sportive Olivet	V1M/76
24	2h08'57"	SAVARD David		SEM/82
25	2h09'31"	POUPINET Jean christophe		V2M/68
26	2h09'55"	ASSELIN Loic	Les Monts D'aunay	V1M/74
27	2h11'05"	DESPAS Sebastien		SEM/82
28	2h11'13"	GIROULT Sebastien		V2M/69
29	2h11'26"	LEON Anthony		SEM/93
30	2h11'34"	LETESSIER Philippe	Granville Ac	V2M/61
31	2h11'52"	VIRLOUVET Jerome		V1M/76
32	2h12'30"	MARCAULT Caroline	Team Dechance	SEF/86
33	2h13'39"	LEFOULON Richard	Casf Safran	V1M/76
34	2h13'46"	LEDOS Fabrice	Aco Sourdeval	V1M/73
35	2h14'14"	PEIGNEY Thierry		V2M/65
36	2h14'15"	POULLAIN Manuel	Us Acome	V1M/75
37	2h14'27"	ANGOT Michel		V3M/57
38	2h16'02"	FROMEAUX Samuel		V1M/72
39	2h16'36"	PAINBLANC Romain		SEM/83
40	2h17'27"	PAUTONNIER Justin		SEM/91
41	2h17'37"	MACE Romain		SEM/89
42	2h19'25"	VOIVENEL Vincent	Tc Val	SEM/83
43	2h19'50"	GUIOT Stan		SEM/80
44	2h20'51"	GODILLE David		V1M/79
45	2h22'14"	LEBRETON Franck		V1M/78
46	2h22'19"	ANGOT Nicolas	Les Joggeurs De Ducey	SEM/82
47	2h22'41"	PORTAIS Julien	Stade Athletique Bayeusain	SEM/88
48	2h23'03"	BENOIT Franck		V2M/69
49	2h23'32"	BAZIN Maxime		SEM/87
50	2h23'35"	BOUCE Jeremie	Isigny Running	SEM/87
51	2h23'36"	MONTECOT Jerome		SEM/84
52	2h23'42"	HENRY Philippe	Ac Avranches	V2M/67
53	2h23'47"	LORENT Morgan	Tc Val	SEM/92
54	2h23'51"	JEANNE Sebastien		V1M/73
55	2h23'53"	BRACONNIER Arnaud	Us Acome	V1M/79
56	2h23'58"	GRIGNON-MASSE Jean-alberic		V3M/59
57	2h24'58"	JULIEN Mathieu		V1M/74
58	2h25'08"	LECOURTOIS Jerome		SEM/88
59	2h25'41"	PIOGER Romain		SEM/88
60	2h25'55"	DELAIRE Martial		V2M/65
61	2h26'05"	MALLIOPOULOS Xavier	Berck Athletisme Cote D'opale	V2M/64
62	2h26'15"	LAUNAY Romain		SEM/85
63	2h26'43"	CHAUCHIS Laurent	Tc Val	SEM/89
64	2h27'07"	CHALLES Loic		V2M/69

65	2h27'09"	LETONDEUR Gwendal	Club Rennais De Course D'orien	SEM/96
66	2h28'05"	MARANDEAU Laurent		V1M/74
67	2h28'09"	DOBICHE Samuel	Us Acome	V1M/73
68	2h28'18"	MALLE Noemie		SEF/88
69	2h28'27"	DUVAL Jean-noel		V1M/71
70	2h28'29"	NORGEOT Thomas	Les Joggeurs Du Val De See	SEM/92
71	2h29'12"	GUIBOUT Vincent	Sapeur-pompier Argentan	V1M/73
72	2h30'03"	BANNIER Stephane		V2M/67
73	2h30'31"	LIGER Jean charles		SEM/85
74	2h30'34"	ANGENARD Loic		SEM/82
75	2h30'35"	FREMONT Laurent		V2M/68
76	2h30'56"	PINCON Frederic	Us St Berthevin	V1M/75
77	2h31'22"	LECLERCQ Benoit	Tc Val	V1M/74
78	2h31'43"	BILLOIS Vincent	Courir En Baie Pontorson	SEM/85
79	2h32'02"	BOUTRUCHE Alain	Laval Agglo Athle 53*	V1M/77
80	2h32'02"	BOUTRUCHE Aurelien		SEM/86
81	2h32'08"	FOURSIN Guillaume		SEM/81
82	2h32'21"	LEPLEY Sandrine		V1F/77
83	2h32'21"	JOUIN Cedric		V1M/79
84	2h32'56"	LEHUGEUR Alain		V2M/65
85	2h33'08"	PAUTRET Francois		SEM/94
86	2h34'34"	BOURASSIN Jean-baptiste		SEM/96
87	2h34'45"	LELANDAIS Frederic	Courir En Baie Pontorson	SEM/84
88	2h34'46"	DUPRE Kevin		SEM/83
89	2h34'47"	DEDIEU Anne	Avenir Mortain	V1F/73
90	2h35'15"	MONNIER Jonathan		SEM/86
91	2h36'02"	SECHET Jerome		SEM/88
92	2h36'39"	TANSORIER Clement		SEM/95
93	2h37'28"	FOUCAULT Bruno		V2M/67
94	2h37'40"	JOUENNE Loic	Ac Avranches	V2M/67
95	2h37'42"	ANGER Sebastien	Alencon Trail	V1M/74
96	2h37'54"	DEME Didier		SEM/80
97	2h38'36"	ERNAULT Stephane	Us Acome	V2M/68
98	2h38'37"	MARTIN Ludovic	Us Acome	SEM/82
99	2h38'37"	GAUTRAIS Jean-francois		SEM/83
100	2h38'56"	BRIENS Guillaume	Ac Avranches	V1M/71
101	2h39'42"	COUPPEY Olivier		SEM/84
102	2h39'44"	DUPRE Freddy	Vautorte	SEM/81
103	2h41'43"	BEURY Mickael		SEM/82
104	2h41'48"	LELOY Philippe		V1M/70
105	2h42'12"	BEAUJOUAN Morgan	Cap Conde	SEM/90
106	2h42'24"	CHEVALIER Alain		V2M/60
107	2h43'03"	FILLATRE Yoann		SEM/87
108	2h43'20"	CORDON Loic	Cr Normandie	V1M/71
109	2h43'34"	BOISANFRAY Johan		SEM/84
110	2h43'45"	PINOT Jeremy		SEM/89
111	2h43'49"	FABRE Richard		V1M/77
112	2h43'53"	LAUNAY Julien		SEM/80
113	2h44'09"	JOLYS Olivier		V1M/75
114	2h44'18"	LAIRYS Alexis		SEM/90
115	2h44'40"	CROCQUEVIEILLE Aurelie	Running En Bocage	SEF/83
116	2h44'42"	LABADIE Guillaume		V1M/78
117	2h44'45"	DENIAU Franck		V1M/75
118	2h45'04"	BOURASSIN Olivier		V2M/64
119	2h45'11"	ESNOULT Philippe	Gdm Saint-james	V2M/67
120	2h46'39"	NORMAND Guillaume		V1M/77
121	2h46'42"	CAVAILLON Pierre		V2M/64

122	2h46'52"	DAUVIN Didier	Ac Avranches	V3M/58
123	2h47'06"	GUINEBAULT Thomas	Les Joggeurs De Ducey	SEM/86
124	2h47'08"	JUMELAIS Gaetan		V1M/75
125	2h47'09"	MANCEAU Miguel		V1F/76
126	2h49'35"	ROSSELIN Francois	Granville Ac	SEM/85
127	2h51'27"	JABET Anne-claire		SEF/82
128	2h55'23"	JAUNET Eric		V1M/70
129	2h55'30"	HEUZE Alexandre		SEM/83
130	2h55'33"	ROBIDEL Magalie	Gdm Saint-james	SEF/82
131	2h55'38"	LECOIFFIER Mathieu		SEM/94
132	2h55'42"	LEFEVRE Linda	Ac Avranches	V1F/78
133	2h56'00"	HIRBEC Nicolas	Galoupaden	SEM/84
134	2h56'12"	PIOGER Cedric	Avenir Mortain	SEM/81
135	2h56'24"	GOUVENOU Sylvie	Avenir Mortain	V2F/63
136	2h56'37"	FAUCHON Thomas		SEM/94
137	3h03'10"	GIRES Nicolas		V2M/64
138	3h03'49"	LEROUX Yoann	P Fougeres - S/l La Vigilante	SEM/82
139	3h04'41"	HEUZE Patricia		V2F/66
140	3h04'55"	GODEFROY Arnaud	Trv	V1M/74
141	3h05'12"	LUKSEMBERG Sophie		V2F/64
142	3h06'13"	LELONG Vanessa	Traileurs En Cotentin	SEF/80
143	3h06'19"	LABAUNE Frederic		SEM/83
144	3h13'30"	BIGNON Ludovic	Vaillante Vertou	V1M/70
145	3h13'45"	LEGENDRE Didier		V2M/60
146	3h14'18"	FOURNIER Eddy		V1M/74
147	3h14'43"	COMPAGNON Christophe		V1M/71
148	3h15'07"	PINCON Nathalie		V1F/76
149	3h17'45"	GUERIN Emmanuel		V2M/68
150	3h24'22"	STERNAT Alban		V1M/77