

Résultats Course des 4 Vents, Epaney (14)

Dimanche 30 juin 2019

Résultats téléchargés sur <http://www.normandiecoursaepied.com>

| Résultats 13 km | | | | |
|-----------------|----------|---------------------|--------------------------------|--------|
| 1 | 50'06" | GOGO Basile | Granville Triathlon | SEM/ |
| 2 | 50'53" | IZABELLE Sebastien | Les Sympas | V1M/ |
| 3 | 52'08" | JANOT Etienne | Granville Ac | ESM/98 |
| 4 | 53'55" | COCHET Jerome | S/I Stade Saint-Io | V2M/69 |
| 5 | 54'09" | JEANNE Arthur | Cotentin Racing Club | SEM/92 |
| 6 | 54'47" | BURZICKI Gregory | Lc Bretteville Sur Odon | SEM/82 |
| 7 | 55'18" | ENGUEHARD Julien | Aco Sourdeval | SEM/85 |
| 8 | 55'42" | COLIN Alexandre | Les Tritons Condeens | SEM/84 |
| 9 | 55'45" | GOHARD Frederic | Les Sympas | VEM/75 |
| 10 | 56'22" | BROTELANDE Thibaut | Cotentin Racing Club | SEM/91 |
| 11 | 56'48" | BARBOT Jerome | Joggeurs Du Val De See | VEM/78 |
| 12 | 57'01" | HENRY Eddie | | SEM/87 |
| 13 | 57'27" | BREARD Philippe | | VEM/72 |
| 14 | 57'32" | LEMAL Cedric | S/I Stade Saint-Io | V1M/77 |
| 15 | 57'33" | HEBERT Alexandre | | SEM/89 |
| 16 | 57'40" | DELHUMEAU Enzo | | JUM/01 |
| 17 | 58'42" | MARIE Anthony | | VEM/75 |
| 18 | 58'50" | HEBERT Stephane | | VEM/69 |
| 19 | 58'54" | MORIN Gervais | Joggeurs Du Val De See | VEM/72 |
| 20 | 58'54" | OSMOND Sebastien | | VEM/79 |
| 21 | 59'00" | GIROULT Sebastien | | VEM/69 |
| 22 | 59'00" | LETONDU Cedric | Granville Triathlon | SEM/93 |
| 23 | 59'03" | HELAIN Norbert | Amical Bowling Cherbourg | VEM/55 |
| 24 | 59'34" | MULLER Jeremie | Granville Triathlon | SEM/82 |
| 25 | 59'44" | SIMON Julien | | VEM/73 |
| 26 | 59'48" | PIHAN Vincent | | SEM/81 |
| 27 | 59'59" | BAUDRY Fabien | | SEM/89 |
| 28 | 1h00'06" | HEURTAUX Cedric | | VEM/75 |
| 29 | 1h00'07" | PRUDHOMME Romain | S/I C. D'athletisme Conde-tori | SEM/84 |
| 30 | 1h00'09" | LEMARCHAND Thierry | Cap Conde | V2M/66 |
| 31 | 1h00'19" | FAUDET Fabrice | Aco Sourdeval | SEM/81 |
| 32 | 1h00'27" | BROTELANDE Thierry | S/I Club Sportif Carentanais | V1M/71 |
| 33 | 1h00'53" | FONTANINI Renato | | SEM/95 |
| 34 | 1h00'57" | LOUANTIER Jeremy | Granville Triathlon | SEM/91 |
| 35 | 1h01'20" | ROBINE Mathieu | | SEM/80 |
| 36 | 1h01'33" | RESBEUT Pierre-jean | Granville Ac | SEM/90 |
| 37 | 1h01'35" | GERMAIN Rodolph | | VEM/70 |
| 38 | 1h01'54" | DURAND Johann | | VEM/71 |
| 39 | 1h02'04" | CHURIN Guillaume | | SEM/81 |
| 40 | 1h02'09" | BUNEL Dominique | Neuilly Sur Marne Athletisme | V2M/68 |
| 41 | 1h02'53" | RESBEUT Maxime | | SEM/92 |
| 42 | 1h02'59" | LEGUILLON Philippe | Aco Sourdeval | V2M/65 |
| 43 | 1h03'21" | JOSSIER Nicolas | | VEM/76 |
| 44 | 1h03'56" | DORTEE Damien | Perso | SEM/85 |
| 45 | 1h04'31" | JARDIN Lionel | Flers-conde Sur Noireau Athle* | V3M/58 |
| 46 | 1h04'38" | CADOR Loic | Association Sportive Renault T | V1M/77 |
| 47 | 1h04'49" | PIGEON Baptiste | | SEM/96 |
| 48 | 1h05'25" | GILLOT Stephane | | SEM/80 |
| 49 | 1h05'33" | GAUCHER Cyril | | VEM/72 |

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| 50 | 1h05'35" | CHAPDELAIN Paul | | ESM/97 |
| 51 | 1h05'41" | JACKY Langevin | Cap Conde | VEM/68 |
| 52 | 1h05'51" | PIEDAGNEL Edouard | | VEM/77 |
| 53 | 1h06'13" | MILLET Olivier | Gdm Saint-james | V2M/64 |
| 54 | 1h06'17" | GICQUEL Eric | | VEM/60 |
| 55 | 1h06'20" | DUCLOS Eric | | VEM/76 |
| 56 | 1h06'26" | GALLAIS Franck | Lc Bretteville Sur Odon | V2M/65 |
| 57 | 1h06'32" | JEZEQUEL Nicolas | | VEM/71 |
| 58 | 1h06'44" | MADELAINE Daniel | Les Agnelets | VEM/53 |
| 59 | 1h07'05" | CALLARD Damien | | SEM/82 |
| 60 | 1h07'10" | BINARD Eric | | VEM/72 |
| 61 | 1h07'17" | LIZEE Boris | Granville Triathlon | VEM/73 |
| 62 | 1h07'33" | EUDINE Ludovic | Les Loups De Moyon | SEM/85 |
| 63 | 1h07'49" | BIENASSIS Simon | | SEM/95 |
| 64 | 1h07'49" | BOYER Nicolas | | VEM/74 |
| 65 | 1h07'50" | LE GUELVOUIT Raphael | | VEM/70 |
| 66 | 1h07'55" | BRUNET Jeremie | | SEM/88 |
| 67 | 1h08'11" | DALIGAULT Christophe | Lc Bretteville Sur Odon | V2M/65 |
| 68 | 1h08'13" | ENCOIGNARD Thierry | Granville Ac | V2M/66 |
| 69 | 1h08'16" | LEBEURIER Camille | | SEM/88 |
| 70 | 1h08'17" | TONINI Damien | Cap Conde | VEM/69 |
| 71 | 1h08'21" | LOISEL Anne-charlotte | | SEF/80 |
| 72 | 1h08'27" | LECOUFLET David | Lc Bretteville Sur Odon | V1M/77 |
| 73 | 1h08'44" | BOISSEL Arnaud | Curva Nord Granville | VEM/73 |
| 74 | 1h08'47" | BAISNEE Eric | | VEM/68 |
| 75 | 1h08'49" | TOULLIER Patricia | Aco Sourdeval | SEF/81 |
| 76 | 1h08'53" | LIENARD Jerome | | VEM/70 |
| 77 | 1h08'55" | COLIN Pauline | | SEF/86 |
| 78 | 1h09'09" | HAMEL Dolores | | VEF/79 |
| 79 | 1h09'16" | BRUNET Joel | | VEM/67 |
| 80 | 1h09'55" | BREHIER Etienne | Granville Ac | V2M/64 |
| 81 | 1h09'58" | CHAUVIN Arnaud | | VEM/73 |
| 82 | 1h10'06" | DESPLANQUES Cyrille | S/I C. D'athletisme Conde-tori | V1M/72 |
| 83 | 1h10'25" | BAUDE Cedric | | SEM/82 |
| 84 | 1h10'25" | GRIGY Julien | | SEM/81 |
| 85 | 1h10'35" | LANDAIS Jean-baptiste | Granville Triathlon | SEM/91 |
| 86 | 1h10'38" | CORINNE Langevin | Cap Conde | VEF/67 |
| 87 | 1h10'49" | ESNOULT Philippe | Gdm Saint-james | V2M/67 |
| 88 | 1h11'04" | ALLIZARD Patrick | Lc Bretteville Sur Odon | V2M/61 |
| 89 | 1h11'05" | DUCHEMIN Sebastien | | VEM/76 |
| 90 | 1h11'06" | BROTELANDE Jacques | | VEM/59 |
| 91 | 1h11'20" | BACHOTET Philippe | Ac Avranches | V2M/62 |
| 92 | 1h11'31" | NOBIS Michel | Granville Ac | V3M/57 |
| 93 | 1h11'33" | LOUIS Tony | | VEM/76 |
| 94 | 1h11'53" | RENOUF Patrice | | VEM/56 |
| 95 | 1h12'07" | ROUTIER Wilfried | | VEM/79 |
| 96 | 1h12'12" | RESBEUT Julien | | ESM/98 |
| 97 | 1h12'20" | GIBERT Jeanmarc | | SEM/85 |
| 98 | 1h12'24" | SCHWARTZMANN Jean-jacques | Lc Bretteville Sur Odon | V2M/61 |
| 99 | 1h12'44" | GIOT Camille | Cotentin Racing Club | SEF/91 |
| 100 | 1h12'46" | HAIRON Mickael | | VEM/74 |
| 101 | 1h12'48" | MOREL Nicolas | St Baudelle Endurance Loisir | V1M/71 |
| 102 | 1h12'50" | HERVIEU Sabrina | S/I C. D'athletisme Conde-tori | V1F/77 |
| 103 | 1h12'50" | CHAMPBERTAULT Mathieu | S/I C. D'athletisme Conde-tori | SEM/81 |
| 104 | 1h13'06" | LECAMUS Rejane | Gdm Saint-james | V1F/77 |
| 105 | 1h13'06" | WEPIERRE Desire | Gdm Saint-james | V3M/51 |
| 106 | 1h13'10" | PESQUEREL Alain | | VEM/79 |

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|-----|----------|------------------------|-----------------------------|--------|
| 107 | 1h13'18" | VILDEY Mickael | | VEM/74 |
| 108 | 1h13'27" | LECHEVALLIER Frederic | | SEM/80 |
| 109 | 1h13'31" | FOLLAIN Yannick | Joggeurs Du Val De See | VEM/71 |
| 110 | 1h13'36" | HENRY Jean-yves | | VEM/53 |
| 111 | 1h13'37" | SAUVE Yves | Aco Sourdeval | V3M/58 |
| 112 | 1h13'38" | MARTINEAU Anne | Gdm Saint-james | V1F/70 |
| 113 | 1h13'52" | HEBERT Pauline | | SEF/93 |
| 114 | 1h14'19" | RITZENTHALER Thierry | | VEM/65 |
| 115 | 1h14'32" | LEJAMTEL Olivier | Joggeurs Du Val De See | VEM/72 |
| 116 | 1h14'40" | HOURMAN Nathalie | | VEF/66 |
| 117 | 1h14'49" | DAIGREMONT Laurent | | VEM/66 |
| 118 | 1h14'49" | UNVOY Jacques | | VEM/61 |
| 119 | 1h14'56" | LESOIF Joel | Granville Ac | V2M/60 |
| 120 | 1h15'02" | GUILLIN Lucile | Lc Bretteville Sur Odon | SEF/92 |
| 121 | 1h15'18" | LEBRETON Denis | | VEM/61 |
| 122 | 1h15'19" | DUCHEMIN Francois | | SEM/88 |
| 123 | 1h15'29" | FELIX Janey | | VEF/76 |
| 124 | 1h15'43" | BODIN Claire | Gdm Saint-james | SEF/83 |
| 125 | 1h15'48" | JUILLET Romain | S/I Ca Nord Ouest Mayennais | SEM/96 |
| 126 | 1h15'56" | JUILLET Pascal | S/I Ca Nord Ouest Mayennais | V2M/67 |
| 127 | 1h16'23" | AUVRAY Patrice | | VEM/71 |
| 128 | 1h16'45" | HOLLOCOU Laurence | Lc Bretteville Sur Odon | V1F/73 |
| 129 | 1h17'00" | JEANNE Jean-francois | | VEM/75 |
| 130 | 1h17'02" | CHAUVEL Jonathan | Granville Ac | SEM/85 |
| 131 | 1h17'13" | LHOTE Francois | Mj Authon Du Perche | VEM/73 |
| 132 | 1h17'28" | HEWERTSON Sophie | | SEF/80 |
| 133 | 1h17'30" | LEMENOREL Nadege | Joggeurs Du Val De See | VEF/76 |
| 134 | 1h17'33" | MARCAIS Laurent | | VEM/68 |
| 135 | 1h18'02" | LECLERC Camille | | SEF/89 |
| 136 | 1h18'07" | LEVIEUX Christophe | | VEM/68 |
| 137 | 1h18'08" | LEPAULMIER Denis | Les Agnelets | VEM/56 |
| 138 | 1h18'21" | POTEY Marie-line | | VEF/77 |
| 139 | 1h18'25" | MAZIER Laurence | | VEF/69 |
| 140 | 1h18'26" | BRAULT Jean-louis | Gdm Saint-james | V3M/54 |
| 141 | 1h18'45" | CHUPEAU Bertrand | | VEM/65 |
| 142 | 1h18'50" | MERLOT Francoise | Granville Triathlon | VEF/59 |
| 143 | 1h19'00" | LEFRANC Julie | | VEF/79 |
| 144 | 1h19'03" | BRANDEBOURGER Danielle | Les Agnelets | VEF/66 |
| 145 | 1h19'03" | ROBIDEL Magalie | Gdm Saint-james | SEF/82 |
| 146 | 1h19'12" | LEMAITRE Gerard | Crm | VEM/61 |
| 147 | 1h19'29" | PILLET Jean-paul | Mj Authon Du Perche | VEM/58 |
| 148 | 1h19'32" | CAMAX Gisele | | VEF/59 |
| 149 | 1h19'36" | LEMARECHAL Patrick | S/I Ca Nord Ouest Mayennais | V3M/59 |
| 150 | 1h19'51" | MONSALLIER Guy | | VEM/63 |
| 151 | 1h19'52" | HAREAU Pierre | Mj Authon Du Perche | VEM/59 |
| 152 | 1h19'54" | MARTIN Clementine | | SEF/84 |
| 153 | 1h20'08" | OGER Nathalie | | VEF/67 |
| 154 | 1h20'16" | GINISTY Joseph | | VEM/56 |
| 155 | 1h20'28" | BIENASSIS Yannick | | VEM/68 |
| 156 | 1h20'36" | BUFFETTI Bertrand | Lc Bretteville Sur Odon | V1M/73 |
| 157 | 1h20'45" | TONINI Diana | Cap Conde | VEF/68 |
| 158 | 1h21'03" | CLAUSS Laurent | | VEM/67 |
| 159 | 1h21'13" | EDELIN Christophe | | VEM/68 |
| 160 | 1h21'35" | QUINQUENEL Christine | | VEF/56 |
| 161 | 1h21'55" | BAUDRY Maud | | SEF/91 |
| 162 | 1h21'56" | LAIGNEL Mickael | | SEM/84 |
| 163 | 1h22'16" | COROLLER Gaelle | | SEF/82 |

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|-----|----------|--------------------------|-------------------------|--------|
| 164 | 1h22'43" | MARTIN Nadine | | VEF/60 |
| 165 | 1h22'44" | MARTIN Claude | | VEM/53 |
| 166 | 1h22'54" | DU BURCK Laurent | Lc Bretteville Sur Odon | V2M/64 |
| 167 | 1h23'03" | CHEVRIER Anne-claire | | SEF/87 |
| 168 | 1h23'03" | CHEVALLIER Romain | | SEM/87 |
| 169 | 1h23'17" | LEMONNIER Pascal | | VEM/56 |
| 170 | 1h23'20" | HURON GRILLOT Frederique | | VEF/59 |
| 171 | 1h23'53" | LEHUGEUR Martine | Cap Conde | VEF/66 |
| 172 | 1h23'53" | BIARD Camille | | SEF/91 |
| 173 | 1h23'54" | HAROU Olivier | Joggeurs Du Val De See | VEM/64 |
| 174 | 1h23'55" | PREVEL Sophie | Cap Conde | VEF/79 |
| 175 | 1h24'09" | PITRAYES Olivier | | VEM/74 |
| 176 | 1h24'15" | RAPICAULT Jean-marie | | VEM/66 |
| 177 | 1h24'29" | DUQUENNOY Simon | | SEM/87 |
| 178 | 1h24'39" | RIGOT Stephane | | VEM/72 |
| 179 | 1h24'40" | BRUNET Eric | | VEM/64 |
| 180 | 1h24'54" | LEROUGE Ophelie | | VEF/79 |
| 181 | 1h26'04" | LARUELLE Eric | Aub Sante | VEM/65 |
| 182 | 1h26'31" | GUILLON Sebastien | | SEM/80 |
| 183 | 1h26'53" | CASSIN Bruno | | VEM/58 |
| 184 | 1h26'57" | BROQUIN Vincent | | SEM/84 |
| 185 | 1h27'03" | DOUARD Anne-sophie | | SEF/86 |
| 186 | 1h27'04" | DOUARD Alain | Ccap | VEM/56 |
| 187 | 1h27'19" | MARIE Eliane | Aco Sourdeval | V3F/53 |
| 188 | 1h28'05" | ETIENNE Sylvie | | VEF/67 |
| 189 | 1h28'43" | MARIAULT Philippe | | VEM/62 |
| 190 | 1h28'43" | MARIAULT Fabienne | | VEF/66 |
| 191 | 1h28'51" | LECONTE Amelie | La Ceriseenne | SEF/87 |
| 192 | 1h29'27" | MERLOT Marc | | VEM/58 |
| 193 | 1h29'29" | DUMAINE Didier | | VEM/63 |
| 194 | 1h29'53" | DAUGEARD Isabelle | | VEF/70 |
| 195 | 1h30'20" | NABUSSET Marine | | SEF/82 |
| 196 | 1h30'22" | ETIENVRE Lenaig | Tc Val | SEF/85 |
| 197 | 1h30'37" | BLIN Anne-sophie | | SEF/86 |
| 198 | 1h30'37" | BLIN Cedric | | SEM/80 |
| 199 | 1h30'38" | ROLLAND Philippe | | VEM/58 |
| 200 | 1h30'38" | KLING Maryvonne | | VEF/62 |
| 201 | 1h31'18" | DAVID Sebastien | | VEM/70 |
| 202 | 1h31'56" | DENHAERYNCK Celine | | SEF/86 |
| 203 | 1h32'35" | LEDUC Vincent | | SEM/89 |
| 204 | 1h32'47" | CHERADAME Solene | | SEF/92 |
| 205 | 1h34'54" | SAINT-LO Pierre | Pstvqca | SEM/86 |
| 206 | 1h36'31" | DENHAERYNCK William | | SEM/83 |
| 207 | 1h36'56" | MILCENT Cyrille | | SEM/81 |
| 208 | 1h36'57" | LAUNAY Maryline | | SEF/84 |
| 209 | 1h38'19" | SESBOUE Olivier | | VEM/59 |
| 210 | 1h38'23" | DENIS Ugo | | VEM/76 |
| 211 | 1h39'00" | HERVIEU Isabelle | | SEF/94 |
| 212 | 1h39'01" | GUILLON Jacques | | VEM/65 |
| 213 | 1h39'02" | CLERAUX Jacques | | VEM/64 |
| 214 | 1h40'52" | MASSOT Anne-caroline | | SEF/91 |
| 215 | 1h40'52" | CONFAIS Mathilde | | SEF/82 |
| 216 | 1h41'25" | BOSQUET Patrick | | VEM/73 |
| 217 | 1h41'25" | JANOT Christophe | Granville Ac | V2M/69 |

Résultats 7 km

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|---|--------|------------------|---------------|--------|
| 1 | 25'59" | LELIEVRE Etienne | Aco Sourdeval | SEM/90 |
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| 2 | 26'32" | BUNEL Thibault | S/I Ba Coutances | SEM/91 |
| 3 | 26'42" | CHAUVIN Sullivan | Gdm Saint-james | SEM/82 |
| 4 | 27'11" | RUAULT Samuel | Ac Avranches | V1M/76 |
| 5 | 27'30" | PICARD Maxime | Ac Avranches | SEM/89 |
| 6 | 28'24" | BUSNEL Morgan | Cotentin Racing Club | SEM/91 |
| 7 | 28'38" | ANDRE Erwann | | VEM/74 |
| 8 | 28'48" | GASNIER Louis | Aco Sourdeval | CAM/03 |
| 9 | 28'59" | HUE Benjamin | Granville Ac | SEM/88 |
| 10 | 29'17" | CHAMPIN Jeremie | Lc Bretteville Sur Odon | SEM/83 |
| 11 | 30'06" | LECOUFLET Enzo | Lc Bretteville Sur Odon | CAM/03 |
| 12 | 30'48" | DESLANDES Jean-philippe | | SEM/89 |
| 13 | 31'11" | RUAULT Paul | | CAM/03 |
| 14 | 31'23" | COURTOIS Guillaume | Granville Ac | SEM/86 |
| 15 | 31'25" | JOUAUDIN Nadine | Granville Ac | V1F/73 |
| 16 | 31'52" | CHAPDELAINE Ludovic | | SEM/83 |
| 17 | 31'53" | PELLEGER Loic | | SEM/87 |
| 18 | 32'01" | HEBERT Timothee | | SEM/95 |
| 19 | 32'14" | DUHAMEL Dimitri | Sapeurs -pompiers De Brehal | VEM/78 |
| 20 | 32'58" | ALLAIS Salomon | | CAM/03 |
| 21 | 33'00" | ALLAIS Ulysse | Usm Vire | JUM/01 |
| 22 | 33'15" | BOUGON Mickael | | VEM/76 |
| 23 | 33'21" | LELOUP Simon | | SEM/88 |
| 24 | 33'50" | YAH I Enzo | | CAM/03 |
| 25 | 33'54" | GONTIER Anthony | | SEM/87 |
| 26 | 34'09" | JEAN Pierre | | SEM/82 |
| 27 | 34'59" | ESNAULT David | | VEM/75 |
| 28 | 35'41" | REQUIER Octavien | | CAM/03 |
| 29 | 35'46" | HAMEL Manuella | Aco Sourdeval | V1F/78 |
| 30 | 36'06" | DESPONTS Sandy | | SEF/88 |
| 31 | 36'37" | HELIE Marion | Granville Ac | JUF/01 |
| 32 | 36'56" | CHAZOUILLERES Cedric | | VEM/77 |
| 33 | 37'10" | LENOURRY Yves | | VEM/59 |
| 34 | 37'16" | MORIN Francois | | SEM/85 |
| 35 | 37'19" | HAMEL Jocelyne | Aco Sourdeval | V3F/58 |
| 36 | 37'21" | LAHAYE Cyril | | VEM/79 |
| 37 | 37'26" | HEZEAU Carole | Gdm Saint-james | SEF/89 |
| 38 | 37'27" | PRESTAT Martial | | SEM/81 |
| 39 | 37'29" | MILAN Guillaume | | VEM/77 |
| 40 | 37'34" | LEMARESQUET Morgane | Lc Bretteville Sur Odon | SEF/87 |
| 41 | 37'45" | VIGOT Thomas | | JUM/01 |
| 42 | 38'08" | ROUSSEAU Marion | | SEF/87 |
| 43 | 38'21" | HAMEL Gerard | Aco Sourdeval | V3M/57 |
| 44 | 38'33" | LEPILEUR Kevin | | SEM/96 |
| 45 | 38'38" | MARIE Nadine | S/I Stade Saint-lo | V1F/74 |
| 46 | 38'51" | QUESNEL Guillaume | Les Loups De Moyon | SEM/84 |
| 47 | 38'51" | PRUDENT Sebastien | | VEM/73 |
| 48 | 38'58" | AUVRAY Cecile | | VEF/73 |
| 49 | 39'06" | LETOURNEUR Franck | | SEM/82 |
| 50 | 39'06" | LETOURNEUR Guillaume | | SEM/86 |
| 51 | 39'10" | DESMONTS Amelie | Cpam 50 | SEF/88 |
| 52 | 39'30" | ALLAIS Laurent | | VEM/67 |
| 53 | 39'34" | COTILLARD Maryline | Gdm Saint-james | V1F/70 |
| 54 | 39'34" | COTILLARD Stephane | Gdm Saint-james | V1M/70 |
| 55 | 39'37" | NORGEOT Lydie | Usm Vire | V2F/64 |
| 56 | 40'02" | SCHWARTZMANN Thibaud | Lc Bretteville Sur Odon | SEM/91 |
| 57 | 40'04" | FAVRAY Franck | | VEM/72 |
| 58 | 40'05" | LE MAZIER Michel | Villers Bocage Endurance14 | VEM/60 |

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|-----|--------|--------------------------|--------------------------------|--------|
| 59 | 40'09" | MARTIN Antony | | SEM/89 |
| 60 | 40'23" | DE RIVAS Raphael | | SEM/93 |
| 61 | 40'25" | LEGRAND Yves | Ea Cergy Pontoise Athletisme * | V2M/63 |
| 62 | 40'32" | BEAUBIGNY Elise | | SEF/81 |
| 63 | 40'32" | HERBERT Severine | | SEF/94 |
| 64 | 40'38" | GROUT Isabelle | | VEF/67 |
| 65 | 40'40" | BURNOUF Emilie | | SEF/81 |
| 66 | 40'42" | LEVARD Didier | | VEM/54 |
| 67 | 40'47" | TISON Brandon | | SEM/95 |
| 68 | 40'47" | BUSSON Marjolaine | Granville Ac | SEF/88 |
| 69 | 40'54" | JEAN Valentin | | SEM/95 |
| 70 | 40'55" | OESTEREICH Vincent | | VEM/74 |
| 71 | 40'59" | LEFEVRE Celine | | VEF/79 |
| 72 | 41'12" | LECUIR Christophe | | VEM/69 |
| 73 | 41'14" | VIEL Cecile | Lc Bretteville Sur Odon | SEF/89 |
| 74 | 41'15" | LECOUFLET Virginie | Lc Bretteville Sur Odon | V1F/79 |
| 75 | 41'15" | GALLAIS Adele | Lc Bretteville Sur Odon | SEF/96 |
| 76 | 41'34" | RICHE Yannick | | VEM/74 |
| 77 | 41'39" | HELIE Daniel | J Aine Courir | V4M/49 |
| 78 | 41'43" | VERNIER Sylvain | | VEM/76 |
| 79 | 41'45" | ROBLOT Eric | | VEM/76 |
| 80 | 41'47" | BATAILLE Jean-pierre | | VEM/50 |
| 81 | 41'47" | GIARD Gerard | | VEM/62 |
| 82 | 41'48" | MARIE Caroline | Usm Vire | V2F/63 |
| 83 | 41'53" | HALLEY Katia | | VEF/67 |
| 84 | 42'09" | MUELLER Anne-sophie | | SEF/92 |
| 85 | 42'13" | GUENON Eric | | VEM/59 |
| 86 | 42'18" | MESSAN Folly | | SEM/89 |
| 87 | 42'44" | PICHARD Nathalie | | VEF/69 |
| 88 | 42'44" | LEBLANC Jerome | | VEM/77 |
| 89 | 43'04" | FILY-PATINEC Marie-laure | | VEF/67 |
| 90 | 43'05" | FILY Herve | | VEM/65 |
| 91 | 43'06" | BOULET Damien | | SEM/85 |
| 92 | 43'07" | BIGREL Anthony | | SEM/80 |
| 93 | 43'18" | CADOR Charline | | VEF/77 |
| 94 | 43'26" | PREVEL Bruno | | VEM/60 |
| 95 | 44'13" | ALEXIS Richard | | VEM/69 |
| 96 | 44'20" | ANSELMETTI David | | SEM/81 |
| 97 | 44'24" | LARBI Sonia | | SEF/81 |
| 98 | 44'26" | CAVE Sonia | | SEF/82 |
| 99 | 44'33" | MORIN Gaelle | | SEF/86 |
| 100 | 44'33" | PIEDAGNEL Josiane | | VEF/56 |
| 101 | 44'38" | HERBERT Philippe | | VEM/56 |
| 102 | 44'49" | YAHY Celine | S/I C. D'athletisme Conde-tori | V1F/75 |
| 103 | 44'50" | LETOURNEUR Mickael | As Pointe Cotentin | VEM/75 |
| 104 | 45'33" | AUVRAY Solene | Les Loups De Moyon | SEF/95 |
| 105 | 45'49" | SIMON Patricia | | VEF/76 |
| 106 | 45'52" | PERRIER Sebastien | | VEM/77 |
| 107 | 45'54" | CHEVILLARD Samuel | | VEM/76 |
| 108 | 45'54" | CHEVILLARD Marion | | SEF/81 |
| 109 | 45'54" | LEPESANT KERAUDREN Marie | | VEF/79 |
| 110 | 46'01" | LEJAMTEL Olivier | | VEM/73 |
| 111 | 46'02" | RUAULT Sandrine | | VEF/74 |
| 112 | 46'06" | HUE Helene | | VEF/78 |
| 113 | 46'21" | JEAN Nadine | | VEF/69 |
| 114 | 46'37" | MAUPAS COCHARD Veronique | | VEF/76 |
| 115 | 46'55" | BRAZY Fabienne | Ac Avranches | V1F/70 |

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| 116 | 46'59" | JEAN Agnes | | VEF/63 |
| 117 | 47'25" | MARGRITE Bruno | | VEM/75 |
| 118 | 47'25" | HAMEL Florent | | SEM/80 |
| 119 | 47'33" | LAIR Marion | | SEF/94 |
| 120 | 47'35" | GUYOT Jacqueline | Gdm Saint-james | V3F/56 |
| 121 | 47'39" | PANIER Anne marie | | VEF/74 |
| 122 | 47'41" | CREN Melanie | | VEF/77 |
| 123 | 47'47" | RENOUF Marie | | SEF/84 |
| 124 | 47'53" | LESAULNIER Aline | | SEF/80 |
| 125 | 48'00" | DUMAINE DAUGEARD Marie leonie | | CAF/02 |
| 126 | 48'01" | LOUISE Marion | | SEF/88 |
| 127 | 48'03" | JEHAN Nadia | | SEF/80 |
| 128 | 48'04" | GALAIS Thierry | | VEM/66 |
| 129 | 48'05" | LACOLLEY Philippe | Team Angelina | VEM/60 |
| 130 | 48'31" | GOGO Amandine | | SEF/86 |
| 131 | 48'33" | ROUSSEL Justine | Granville Ac | JUF/00 |
| 132 | 48'33" | GOUABAULT Lisa | | SEF/94 |
| 133 | 48'33" | RENAULT Laurence | | VEF/67 |
| 134 | 48'35" | VATEL Edwige | | SEF/82 |
| 135 | 48'39" | SINEUX Sonia | | VEF/79 |
| 136 | 48'45" | GUILLOCHE Melanie | | SEF/86 |
| 137 | 48'50" | BELLOIR Elodie | | SEF/94 |
| 138 | 48'59" | BLEMUS Marie | | SEF/84 |
| 139 | 49'04" | LEBLANC Natacha | | VEF/79 |
| 140 | 49'05" | SAUVAGET Sarah | Jogging Corpo Coutançais | VEF/73 |
| 141 | 49'06" | FOUCHARD Christine | Jogging Corpo Coutançais | VEF/57 |
| 142 | 49'17" | GILLOT Jean francois | | VEM/54 |
| 143 | 49'29" | PROST Azilis | | SEF/92 |
| 144 | 49'51" | LETOURNEUR Serge | | VEM/55 |
| 145 | 49'57" | LANGÉARD Stephanie | | SEF/84 |
| 146 | 50'07" | LELIARD Pierre-olivier | | VEM/66 |
| 147 | 50'15" | GILLOT Sabrina | | SEF/81 |
| 148 | 50'28" | PARIS Jean jacques | | VEM/61 |
| 149 | 50'36" | LEBRUN Estelle | | VEF/76 |
| 150 | 50'36" | BRAULT Elisa | Mdlz Sports | SEF/95 |
| 151 | 50'38" | PESSAULT Christophe | | VEM/72 |
| 152 | 50'41" | PRINGAULT Marina | | VEF/75 |
| 153 | 50'44" | LOUIS Daniel | | VEM/52 |
| 154 | 50'51" | CAZOULAT Marie-christine | | VEF/62 |
| 155 | 51'49" | SEURET Sandrine | | VEF/73 |
| 156 | 51'50" | SENECHAL-JAVALET Anne | | SEF/81 |
| 157 | 52'00" | BRIENS Yann | | SEM/88 |
| 158 | 52'13" | VIVIEN Manon | | SEF/94 |
| 159 | 52'13" | VIVIEN Sarah | | VEF/67 |
| 160 | 52'16" | RIVETTE Marie | | SEF/82 |
| 161 | 52'16" | RIVETTE Charles | | SEM/82 |
| 162 | 52'36" | LHOTE Delphine | Mj Authon Du Perche | VEF/73 |
| 163 | 52'37" | HARDEL Corinne | Mj Authon Du Perche | VEF/62 |
| 164 | 52'38" | BAZIRE Denis | | VEM/54 |
| 165 | 52'41" | LELOUP Coline | | SEF/94 |
| 166 | 53'10" | GUILLIN Martine | Lc Bretteville Sur Odon | V3F/58 |
| 167 | 53'10" | BERARDO Violette | | SEF/84 |
| 168 | 53'55" | PRUDENT Cecilia | | SEF/84 |
| 169 | 54'07" | POTTIER Stephane | | SEM/80 |
| 170 | 54'07" | BARBIN Valerie | | SEF/81 |
| 171 | 54'11" | FLEURY Sandrine | | SEF/94 |
| 172 | 54'13" | CHENE Clarisse | | SEF/80 |

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| 173 | 54'37" | NEEL Laura | | SEF/91 |
| 174 | 55'32" | BELLAIL Clemence | | SEF/90 |
| 175 | 55'42" | CHURIN Delphine | | SEF/81 |
| 176 | 55'46" | PAQUET Morgane | | SEF/83 |
| 177 | 55'53" | HENKART Mylene | | VEF/71 |
| 178 | 56'10" | HERLAUT Manon | | SEF/90 |
| 179 | 57'12" | HERLAUT Morgane | | SEF/94 |
| 180 | 57'34" | FAUTRAT Louis | Jogging Corpo Coutançais | VEM/47 |
| 181 | 57'43" | LERICOLAIS Marine | | SEF/87 |
| 182 | 58'11" | DHO Emilie | | VEF/78 |
| 183 | 58'56" | FELIX Noel | | VEM/50 |
| 184 | 59'26" | DUBOT Emilie | | SEF/81 |
| 185 | 59'34" | JULLIEN Etienne | | SEM/85 |
| 186 | 59'35" | THELOT Isabelle | Granville Triathlon | VEF/77 |
| 187 | 1h00'06" | COUILLARD Stephanie | Inter Entreprise | SEF/90 |
| 188 | 1h00'08" | ROYER Sophie | Inter Entreprise | VEF/74 |
| 189 | 1h00'30" | MARGRITE Celine | | VEF/70 |
| 190 | 1h00'30" | MARGRITE Sylvain | | VEM/70 |