

Résultats Course de l'Espoir, Pavilly (76), Dimanche 8 décembre 2019

Résultats téléchargés sur <http://www.normandiecouseapied.com>

| Résultats 5,7 km | | | | | | | | |
|------------------|-------------|--------------|-----|-----|----------------------------------|----------|------------|-----------|
| Clas | Nom | Prénom | Sex | Cat | Club | Temps | Class Cat. | Clas Sexe |
| 1 | GRENER | David | M | SE | | 00:20:20 | 1 | 1 |
| 1 | POUCHAIN | Thomas | M | SE | AYCD | 00:31:48 | 1 | 1 |
| 2 | MORE | Mathias | M | JU | CA CAUCHOIS | 00:20:26 | 1 | 2 |
| 2 | MONNIER | PHILIPPE | M | V2 | AYCD | 00:36:32 | 1 | 2 |
| 3 | GOUJON | Matthieu | M | SE | | 00:21:20 | 2 | 3 |
| 3 | LECOQ | Christophe | M | V2 | ASSO OMNISPORTS RICARVILALISE | 00:36:34 | 2 | 3 |
| 4 | POULLAIN | Jeremy | M | SE | CLUB ATHLETIQUE CAUCHOIS | 00:21:25 | 3 | 4 |
| 4 | NEVEU | Stéphane | M | SE | AYA | 00:38:05 | 2 | 4 |
| 5 | BENSAKOUN | Nicolas | M | JU | CA CAUCHOIS | 00:21:34 | 2 | 5 |
| 5 | LEFORESTIER | Pierre | M | V2 | AYA | 00:39:08 | 3 | 5 |
| 6 | HEROUARD | David | M | SE | Runners 76 | 00:21:43 | 4 | 6 |
| 6 | LEFEBVRE | Emmanuel | M | V2 | AYA | 00:39:16 | 4 | 6 |
| 7 | BLANPAIN | Nathan | M | SE | | 00:21:47 | 5 | 7 |
| 7 | JOUEN | Eric | M | V1 | LITTORAL FECAMPOIS ATHLÉTISME | 00:40:20 | 1 | 7 |
| 8 | PELFRENE | FREDERIC | M | SE | AYCD | 00:22:39 | 6 | 8 |
| 8 | LE BLOND | Myriam | F | V1 | AYA | 00:41:02 | 1 | 1 |
| 9 | CROCHEMORE | Arnaud | M | V2 | asptt rouen | 00:22:55 | 1 | 9 |
| 9 | LEROY | Bertrand | M | V3 | ASSO OMNISPORTS RICARVILALISE | 00:42:48 | 1 | 8 |
| 10 | LABBE | Tony | M | V1 | | 00:23:21 | 1 | 10 |
| 10 | LORION | Marie-Pierre | F | V3 | AYA | 00:42:58 | 1 | 2 |
| 11 | BALDACCHINO | Maxime | M | SE | 76013 | 00:23:30 | 7 | 11 |
| 11 | GOHE | Jean Luc | M | V3 | AYCD | 00:43:53 | 2 | 9 |
| 12 | GENDRIN | Samuel | M | SE | AYCD | 00:23:58 | 8 | 12 |
| 12 | CANCHEL | Marion | F | V1 | AYCD | 00:44:17 | 2 | 3 |
| 13 | BARBAY | Sacha | M | CA | Mathieu Lemaire coaching sportif | 00:24:14 | 1 | 13 |
| 13 | POLET | Sophie | F | V2 | AYCD | 00:45:08 | 1 | 4 |
| 14 | GUEVILLE | Célia | F | JU | 76064 | 00:24:24 | 1 | 1 |
| 14 | HIS | Olivier | M | V1 | AYA | 00:46:58 | 2 | 10 |
| 15 | RIBES | Alexis | M | CA | | 00:25:14 | 2 | 14 |
| 15 | AUTHOUART | Claude | M | V4 | AYA | 00:47:44 | 1 | 11 |
| 16 | PANCHOUT | Nicolas | M | SE | | 00:26:16 | 9 | 15 |
| 16 | BEAUDOUIN | Martial | M | V2 | AYCD | 00:47:48 | 5 | 12 |
| 17 | MOUILLARD | Arnaud | M | V1 | | 00:26:57 | 2 | 16 |
| 17 | HENRI | Nadège | F | V1 | | 00:47:51 | 3 | 5 |
| 18 | BULVESTRE | Philippe | M | V2 | Montigny running club | 00:27:14 | 2 | 17 |
| 18 | LAMARAO | Sarah | F | SE | AYCD | 00:50:36 | 1 | 6 |
| 19 | HAUTI | Mathys | M | CA | | 00:27:38 | 3 | 18 |
| 19 | MONNIER | SYLVIE | M | V2 | AYCD | 00:50:45 | 6 | 13 |
| 20 | DELEQUE | Jonathan | M | SE | | 00:27:43 | 10 | 19 |
| 20 | LEPILLER | Didier | M | V3 | ASSO OMNISPORTS RICARVILALISE | 00:50:48 | 3 | 14 |
| 21 | DAUGE | Christophe | M | V1 | | 00:27:46 | 3 | 20 |
| 21 | PREVEL | Willy | M | V3 | ASSO OMNISPORTS RICARVILALISE | 00:51:08 | 4 | 15 |
| 22 | HAMELET | Pascal | M | V2 | | 00:27:56 | 3 | 21 |

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| 22 | LANCHON | Dominique | F | V3 | RUNNING VALLOUREC MANNESMANN | 00:51:16 | 2 | 7 |
| 23 | PONTY | Florian | M | SE | | 00:28:01 | 11 | 22 |
| 23 | POLET | Eric | M | V2 | | 00:51:23 | 7 | 16 |
| 24 | VLC | Guillaume | M | SE | S/L LE TRAIT DUCLAIR ATLETIQUE CLUB | 00:28:05 | 12 | 23 |
| 24 | GAUDRAY | Virginie | F | SE | ASSO OMNISPORTS RICARVILALISE | 00:51:26 | 2 | 8 |
| 25 | ANQUETIL | Céline | F | SE | AC BARENTIN | 00:28:54 | 1 | 2 |
| 25 | GOHE | Cindy | F | SE | AYCD | 00:51:29 | 3 | 9 |
| 26 | ROQUIN | Nathan | M | CA | | 00:28:57 | 4 | 24 |
| 26 | MARYE--MAILLOT | Emilye | F | JU | | 00:51:31 | 1 | 10 |
| 27 | QUELEN | Ronan | M | V2 | | 00:29:02 | 4 | 25 |
| 27 | PREVOST | Christian | M | V3 | | 00:52:08 | 5 | 17 |
| 28 | LABBE | Maxandre | M | MI | | 00:29:32 | 1 | 26 |
| 28 | PREVOST | Mireille | F | V3 | | 00:52:10 | 3 | 11 |
| 29 | LABBE | DENIS | M | V3 | | 00:29:33 | 1 | 27 |
| 29 | SAMANTHA | Marye | F | V1 | | 00:53:21 | 4 | 12 |
| 30 | PASCAL | Turmel | M | V2 | | 00:29:37 | 5 | 28 |
| 30 | RABAEY | Olivier | M | V2 | | 00:54:16 | 8 | 18 |
| 31 | HAMELET | Sandrine | F | V1 | | 00:29:51 | 1 | 3 |
| 31 | HÉLOUIN | Lysiane | F | V3 | | 00:54:20 | 4 | 13 |
| 32 | GAUTIER | Bruno | M | V3 | MONTVILLE RUNNING CLUB | 00:29:56 | 2 | 29 |
| 32 | LECLERCQ | Hélène | F | SE | AYCD | 00:55:43 | 4 | 14 |
| 33 | DUJARDIN | Emmanuel | M | SE | | 00:29:59 | 13 | 30 |
| 33 | TABARY | Jeanine | F | V4 | AYCD | 00:55:46 | 1 | 15 |
| 34 | LEMERCIER | Quentin | M | MI | | 00:30:20 | 2 | 31 |
| 34 | BRONIQUE | Bernard | M | V4 | VIKING CLUB YVETOT | 00:56:22 | 2 | 19 |
| 35 | LEMERCIER | Thomas | M | JU | | 00:30:44 | 3 | 32 |
| 35 | CANCHEL | Sylvain | M | V1 | AYCD | 00:56:52 | 3 | 20 |
| 36 | LEMAIR | Mathieu | M | SE | | 00:31:13 | 14 | 33 |
| 36 | BERNIERE | Michel | M | V4 | | 00:57:14 | 3 | 21 |
| 37 | DUMONT | Cédric | M | SE | | 00:31:27 | 15 | 34 |
| 37 | PREVOST | Audrey | F | SE | | 00:59:48 | 5 | 16 |
| 38 | RIDEL | Mathilde | F | SE | ASPTT ROUEN | 00:31:41 | 2 | 4 |
| 38 | DANET | Stéphanie | F | V1 | | 01:02:27 | 5 | 17 |
| 39 | LANDRIN | Margaux | F | SE | | 00:31:44 | 3 | 5 |
| 39 | CHARQUET | Magali | F | SE | RUNNERS76 | 01:02:53 | 6 | 18 |
| 40 | CRUDER | Brigitte | F | V2 | | 00:32:01 | 1 | 6 |
| 40 | SAMSON | Marie Christine | F | V3 | | 01:05:03 | 5 | 19 |
| 41 | GARITO | Robert | M | V2 | Messagers de l'espoir | 00:32:10 | 6 | 35 |
| 41 | BIGAUD | Jean Pierre | M | V4 | | 01:05:07 | 4 | 22 |
| 42 | MORIN | Xavier | M | V1 | Itinéraire Trail | 00:32:22 | 4 | 36 |
| 42 | BIZET | Patrick | M | V1 | Comté Départemental Sport Adapté 76 | 01:09:52 | 4 | 23 |
| 43 | TIPHAGNE | Laurent | M | SE | | 00:32:47 | 16 | 37 |
| 44 | DELAUNAY | Angéline | F | SE | | 00:32:56 | 4 | 7 |
| 45 | BLANPAIN | Alice | F | ES | | 00:33:00 | 1 | 8 |
| 46 | POULLAIN | Vanessa | F | SE | | 00:33:30 | 5 | 9 |
| 47 | VOISIN | Quentin | M | ES | | 00:33:33 | 1 | 38 |
| 48 | DRAGEE | Juliette | F | SE | COUREURS D EXTREME | 00:34:01 | 6 | 10 |
| 49 | MARTIN | Cécilia | F | V1 | | 00:34:27 | 2 | 11 |
| 50 | LEMAÎTRE | Leopold | M | V2 | CARREFOUR MARCKET PAVILLY | 00:34:30 | 7 | 39 |
| 51 | PGC | Julien | M | V1 | CARREFOUR MARCKET PAVILLY | 00:34:32 | 5 | 40 |
| 52 | DAUBIN | Clémentine | F | SE | Olympique Pavillais | 00:34:35 | 7 | 12 |
| 53 | LEMERCIER | Timothe | M | MI | | 00:34:49 | 3 | 41 |
| 54 | LEMERCIER | Rodolphe | M | V1 | | 00:34:52 | 6 | 42 |

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| 55 | VATINEL | Benoit | M | SE | | 00:34:54 | 17 | 43 |
| 56 | HEBERT | Ludovic | M | V1 | 76004 | 00:34:57 | 7 | 44 |
| 57 | DUVAL | Manon | F | SE | | 00:35:00 | 8 | 13 |
| 58 | LEFRANCOIS | Vivien | M | SE | | 00:35:05 | 18 | 45 |
| 59 | MARIE | Flocon | F | V1 | | 00:35:09 | 3 | 14 |
| 60 | DEMARES | Juliette | F | SE | | 00:35:35 | 9 | 15 |
| 61 | BARBAY | Yann | M | V1 | | 00:35:38 | 8 | 46 |
| 62 | MAUGER | Valérie | F | V1 | | 00:35:41 | 4 | 16 |
| 63 | GOUGEARD | Phillipe | M | V2 | | 00:35:48 | 8 | 47 |
| 64 | GUÉDON | Jean-baptiste | M | V2 | | 00:35:50 | 9 | 48 |
| 65 | SANDRINE | Paillette | F | V2 | | 00:35:52 | 2 | 17 |
| 66 | DUTHIL | Laurent | M | V1 | | 00:35:59 | 9 | 49 |
| 67 | BRASSE | Ludivine | F | SE | | 00:36:00 | 10 | 18 |
| 68 | PHILIPPE | Christelle | F | V1 | | 00:36:04 | 5 | 19 |
| 69 | ROBERT | Flavie | F | SE | | 00:36:16 | 11 | 20 |
| 70 | DUMONT | Adeline | F | SE | | 00:36:20 | 12 | 21 |
| 71 | BONNET | Emilie | F | SE | | 00:36:29 | 13 | 22 |
| 72 | PONSOT | Hervé | M | V3 | | 00:36:32 | 3 | 50 |
| 73 | PREVOST | Maxime | M | SE | | 00:36:37 | 19 | 51 |
| 74 | VAN COLEN | Astrid | F | V1 | | 00:36:42 | 6 | 23 |
| 75 | MIRETE | Franck | M | V1 | | 00:36:45 | 10 | 52 |
| 76 | HÉBERT | Alexandre | M | CA | | 00:36:47 | 5 | 53 |
| 77 | MAURY | Charles | M | ES | | 00:36:55 | 2 | 54 |
| 78 | LECABLE | Laura | F | SE | | 00:37:02 | 14 | 24 |
| 79 | PAPILLON | Mélina | F | SE | | 00:37:13 | 15 | 25 |
| 80 | MERAULT | Estelle | F | SE | | 00:37:17 | 16 | 26 |
| 81 | LECLERCQ | Cedric | M | SE | | 00:37:29 | 20 | 55 |
| 82 | CHAVIGNY | Thibault | M | CA | | 00:37:35 | 6 | 56 |
| 83 | TURMEL | Nathalie | F | V2 | | 00:37:36 | 3 | 27 |
| 84 | LEMIEUX | Johanna | F | V1 | AC Barentin | 00:37:40 | 7 | 28 |
| 85 | DAIGREMONT | Sylvia | F | V1 | ACB | 00:37:48 | 8 | 29 |
| 86 | CHAVIGNY | Emmanuel | M | V1 | | 00:37:56 | 11 | 57 |
| 87 | CANU | Valerie | F | V2 | CARREFOUR MARCKET PAVILLY | 00:38:12 | 4 | 30 |
| 88 | NARCISSE | Mathieu | M | V1 | CARREFOUR MARCKET PAVILLY | 00:38:13 | 12 | 58 |
| 89 | DUCHESNE | PHILIPPE | M | V5 | | 00:38:20 | 1 | 59 |
| 90 | BORRELLI | Dominique | F | V2 | RUNNING VALLOUREC/MANNESSMANN | 00:38:39 | 5 | 31 |
| 91 | MONFRAY | Nicole | F | V2 | | 00:38:43 | 6 | 32 |
| 92 | LEMAISTRE | Catherine | F | V3 | | 00:39:22 | 1 | 33 |
| 93 | LEBRET | Yannick | M | V1 | | 00:39:37 | 13 | 60 |
| 94 | BIGAND | Nicole | F | V4 | | 00:39:42 | 1 | 34 |
| 95 | MOGIS | Jacques | M | V3 | RUNNING VALLOUREC/MANNESSMANN | 00:40:09 | 4 | 61 |
| 96 | MOGIS | Marie annick | F | V2 | RUNNING VALLOUREC/MANNESSMANN | 00:40:10 | 7 | 35 |
| 97 | ZEDE | Aurelie | F | V1 | | 00:40:21 | 9 | 36 |
| 98 | BENOIST | SYLVIE | F | V2 | AYCD | 00:40:46 | 8 | 37 |
| 99 | MERAI | Sarah | F | ES | | 00:40:59 | 2 | 38 |
| 100 | BENCHABANE | Celine | F | SE | | 00:41:14 | 17 | 39 |
| 101 | HÉBERT | Ludovic | M | V2 | | 00:41:18 | 10 | 62 |
| 102 | HANIN | Isabelle | F | V2 | | 00:41:40 | 9 | 40 |
| 103 | LE TALLEC | Veronique | F | V2 | | 00:41:42 | 10 | 41 |
| 104 | MOUCHARD | VALERIE | F | V1 | AYCD | 00:42:12 | 10 | 42 |
| 105 | LECOSSAIS | Marjorie | F | SE | | 00:42:40 | 18 | 43 |
| 106 | LECOSSAIS | Maximilien | M | SE | | 00:42:42 | 21 | 63 |
| 107 | LEMERCIER | Sandrine | F | V1 | | 00:42:59 | 11 | 44 |

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| 108 | DELAMARE | Edwige | F | V1 | CARREFOUR MARCKET PAVILLY | 00:43:26 | 12 | 45 |
| 109 | SANSON | Malika | F | SE | CARREFOUR MARCKET PAVILLY | 00:43:30 | 19 | 46 |
| 110 | DAMOUR | Marilyne | F | SE | | 00:43:38 | 20 | 47 |
| 111 | LA,GLOIS | Thomas | M | SE | CARREFOUR MARCKET PAVILLY | 00:44:19 | 22 | 64 |
| 112 | BIZET | Isabelle | F | V1 | St Nicolas D'Aliermont Handball | 00:44:38 | 13 | 48 |
| 113 | RABAEY | Faustine | F | ES | | 00:45:33 | 3 | 49 |
| 114 | TIPHAGNE | Francine | M | V3 | | 00:45:43 | 5 | 65 |
| 115 | FOLLIOT | Liliane | F | V2 | CARREFOUR MARCKET PAVILLY | 00:46:06 | 11 | 50 |
| 116 | CHEUVA | Estelle | F | V1 | | 00:47:03 | 14 | 51 |
| 117 | LEMIRE | Sophie | F | V2 | RUNNING VALLOUREC/MANNESSMANN | 00:47:37 | 12 | 52 |
| 118 | LEMIRE | Denis | M | V2 | RUNNING VALLOUREC/MANNESSMANN | 00:47:39 | 11 | 66 |
| 119 | DUVAL | Céline | F | V1 | | 00:48:30 | 15 | 53 |
| 120 | CLOAREC | Laetitia | F | V1 | | 00:49:22 | 16 | 54 |
| 121 | PORET | Dominique | F | V2 | Idefhi | 00:52:24 | 13 | 55 |
| 122 | CARON | Yannick | M | SE | CARREFOUR MARCKET PAVILLY | 00:52:44 | 23 | 67 |
| 123 | CARON | Ingrid | F | V1 | CARREFOUR MARCKET PAVILLY | 00:55:14 | 17 | 56 |
| 124 | LORNIER | Aurèlie | F | SE | CARREFOUR MARCKET PAVILLY | 00:55:27 | 21 | 57 |
| 125 | BRUNETTE | Brunette | F | V1 | CARREFOUR MARCKET PAVILLY | 00:55:41 | 18 | 58 |
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Résultats 10 km

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|----|-----------|-----------|---|----|------------------------------------------|----------|----|----|
| 1 | JACQUES | Sebastien | M | V1 | MONTIGNY LA VAUPALIERE RUNNING CLUB | 00:36:16 | 1 | 1 |
| 2 | SIMON | Joël | M | V2 | CA CAUCHOIS | 00:38:00 | 1 | 2 |
| 3 | BURÉ | Gaylord | M | V1 | Les coureurs du lin | 00:38:00 | 2 | 3 |
| 4 | THIFAGNE | Guillaume | M | SE | | 00:38:22 | 1 | 4 |
| 5 | PERJOC | Romain | M | SE | MSA triathlon | 00:38:41 | 2 | 5 |
| 6 | HERVEIC | Gaël | M | V1 | | 00:38:47 | 3 | 6 |
| 7 | BARBIER | Thierry | M | V2 | triathlon club de st quentin en yvelines | 00:39:16 | 2 | 7 |
| 8 | DUPONQ | Clément | M | SE | | 00:39:23 | 3 | 8 |
| 9 | LE JEAN | Tony | M | V1 | YVETOT TRIATHLON | 00:39:26 | 4 | 9 |
| 10 | PENA | Nicolas | M | V1 | Barentin Cyclo Sport | 00:39:50 | 5 | 10 |
| 11 | PETIT | Benjamin | M | SE | Trail Normands | 00:40:01 | 4 | 11 |
| 12 | LOURETTE | Corentin | M | CA | | 00:40:40 | 1 | 12 |
| 13 | DELARUE | Kevin | M | SE | Montigny la vaupaliere running club | 00:40:43 | 5 | 13 |
| 14 | DUCHÊNE | Emilien | M | SE | MVRC | 00:40:44 | 6 | 14 |
| 15 | CAUVET | Emmanuel | M | SE | | 00:41:51 | 7 | 15 |
| 16 | DUSEAUX | Alain | M | V2 | ASAA | 00:41:53 | 3 | 16 |
| 17 | GABORIEAU | Manuel | M | V1 | ACBARENTIN | 00:41:56 | 6 | 17 |
| 18 | LEPREVOST | Stephane | M | V1 | AC BARENTIN | 00:42:09 | 7 | 18 |
| 19 | CHEVALIER | Chloé | F | SE | Messagers de l'espoir | 00:42:24 | 1 | 1 |
| 20 | FEAT | Emmanuel | M | SE | | 00:42:26 | 8 | 19 |
| 21 | PARRY | Victoria | F | SE | | 00:42:29 | 2 | 2 |
| 22 | MARCADÉ | Antonin | M | SE | Trail Roumare 76 | 00:42:32 | 9 | 20 |
| 23 | MARTY | Maxime | M | SE | | 00:43:18 | 10 | 21 |
| 24 | FERVIN | Baptiste | M | SE | | 00:43:21 | 11 | 22 |
| 25 | SIVY | Fabrice | M | V2 | Les Lions Triathlon Vernon | 00:43:23 | 4 | 23 |
| 26 | SERIZOT | Mickael | M | V1 | | 00:43:25 | 8 | 24 |
| 27 | LEMERCIER | Stéphane | M | V2 | Les Messagers de l'Espoir | 00:43:27 | 5 | 25 |
| 28 | CHEVALIER | Frederic | M | SE | ASCBNPPARIBAS | 00:43:35 | 12 | 26 |
| 29 | BLONDEL | William | M | V2 | AYA | 00:43:50 | 6 | 27 |
| 30 | LAVICE | Baptiste | M | SE | CE CHEVRON | 00:43:57 | 13 | 28 |
| 31 | ALLIGNY | JEROME | M | V2 | AYCD | 00:43:59 | 7 | 29 |
| 32 | VALLE | Oceane | F | CA | STADE DIEPPOIS | 00:44:02 | 1 | 3 |
| 33 | LEFEBVRE | Ludovic | M | V1 | Coueurs du Lin | 00:44:04 | 9 | 30 |

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| 34 | LE COZLER | Mathieu | M | SE | | 00:44:32 | 14 | 31 |
| 35 | LEGER | Michaël | M | V1 | | 00:44:37 | 10 | 32 |
| 36 | VAUGEOIS | Cédric | M | V1 | RUNNING VALLOUREC MANNESMANN | 00:44:46 | 11 | 33 |
| 37 | FONTAINE | Alexandre | M | SE | | 00:44:53 | 15 | 34 |
| 38 | VUE | Nicolas | M | SE | | 00:44:59 | 16 | 35 |
| 39 | BOS | Florian | M | ES | | 00:45:11 | 1 | 36 |
| 40 | PICOT | Charles | M | V1 | neant | 00:45:13 | 12 | 37 |
| 41 | SAVREUX | Nicolas | M | V1 | | 00:45:22 | 13 | 38 |
| 42 | PENA | Mickaël | M | V1 | | 00:45:32 | 14 | 39 |
| 43 | BUTAEYE | Julien | M | SE | AC BARENTIN | 00:45:44 | 17 | 40 |
| 44 | BORRELLI | Pietro | M | V3 | RUNNING VALLOUREC/MANNESMANN | 00:45:48 | 1 | 41 |
| 45 | MAUROUARD | Dany | M | SE | Auffay running club | 00:45:50 | 18 | 42 |
| 46 | HUBERT | Capucine | F | SE | AC barentin | 00:45:53 | 3 | 4 |
| 47 | SOUDAIS | Guillaume | M | SE | AYA | 00:45:56 | 19 | 43 |
| 48 | NOLLEAU | Gilles | M | V3 | | 00:45:59 | 2 | 44 |
| 49 | MARIAGE | Damien | M | V1 | | 00:46:03 | 15 | 45 |
| 50 | LESOBRE | Tony | M | SE | | 00:46:09 | 20 | 46 |
| 51 | SAINT REQUIER | Jim | M | V1 | | 00:46:20 | 16 | 47 |
| 52 | MOUSSA | Mohamed | M | SE | | 00:46:25 | 21 | 48 |
| 53 | SOW | Aminata | F | V1 | | 00:46:41 | 1 | 5 |
| 54 | JEANNE | Aurélien | M | SE | | 00:46:42 | 22 | 49 |
| 55 | CANNESAN | Maxime | M | SE | | 00:46:43 | 23 | 50 |
| 56 | THOMASSIN | Denis | M | V2 | | 00:47:02 | 8 | 51 |
| 57 | FRANCOIS | Elouan | M | CA | CYSC | 00:47:18 | 2 | 52 |
| 58 | DELAHAYE | Giovani | M | V1 | | 00:47:36 | 17 | 53 |
| 59 | SCHLEUNIGER | Christophe | M | V2 | AYA | 00:47:39 | 9 | 54 |
| 60 | SCHLEUNIGER | Christine | F | V2 | AYA | 00:47:39 | 1 | 6 |
| 61 | FERVIN | Stéphane | M | V2 | | 00:47:40 | 10 | 55 |
| 62 | HUGOT | Johann | M | V1 | OD RUN - ORTHODYNAMICA | 00:47:42 | 18 | 56 |
| 63 | ARTISIEN | LAETITIA | F | V1 | AYCD | 00:47:44 | 2 | 7 |
| 64 | LEON | Elisabeth | F | V1 | Caqc76 | 00:47:47 | 3 | 8 |
| 65 | RAVIART | Benoit | M | SE | | 00:47:58 | 24 | 57 |
| 66 | BOURGUIGNON | Judicael | M | SE | CA CAUCHOIS | 00:48:09 | 25 | 58 |
| 67 | MADEC | Kevin | M | SE | | 00:48:11 | 26 | 59 |
| 68 | SAILLARD | Julien | M | SE | | 00:48:17 | 27 | 60 |
| 69 | BOUILLON | Daniel | M | V3 | | 00:48:25 | 3 | 61 |
| 70 | GIET | Alexis | M | SE | RUNNING VALLOUREC/MANNESMANN | 00:48:28 | 28 | 62 |
| 71 | BOUVIER | Elodie | F | V1 | | 00:48:31 | 4 | 9 |
| 72 | CREVEL | Serge | M | V2 | ACB | 00:48:32 | 11 | 63 |
| 73 | DANIEL DIT ANDRIEU | Alvin | M | SE | AYA | 00:48:35 | 29 | 64 |
| 74 | LE TALLEC | Erwan | M | SE | | 00:48:41 | 30 | 65 |
| 75 | VANNIER | Sebastien | M | V1 | | 00:48:46 | 19 | 66 |
| 76 | PENOT | Matthieu | M | V1 | | 00:48:50 | 20 | 67 |
| 77 | LEGER | Eric | M | V2 | AC BARENTIN | 00:48:52 | 12 | 68 |
| 78 | LANCHON | Jose | M | V3 | RUNNING VALLOUREC/MANNESMANN | 00:48:53 | 4 | 69 |
| 79 | MANDEVILLE | Martine | F | V2 | | 00:49:05 | 2 | 10 |
| 80 | DESBOIS | Antoine | M | SE | | 00:49:15 | 31 | 70 |
| 81 | BEQUET | Marc | M | JU | La Feuillie Cycliste | 00:49:18 | 1 | 71 |
| 82 | FOUQUE | Bérengère | F | SE | 76055 | 00:49:22 | 4 | 11 |
| 83 | BERNARD | Jean luc | M | V3 | AC VEULAIS | 00:49:29 | 5 | 72 |
| 84 | GARDEMBAS | Alain | M | V3 | | 00:49:32 | 6 | 73 |
| 85 | HANIN | Sébastien | M | SE | | 00:49:34 | 32 | 74 |
| 86 | ANSOULT | Christelle | F | V2 | ROUEN TRIATHLON | 00:49:37 | 3 | 12 |

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|-----|------------------|-------------|---|----|----------------------------------|----------|----|-----|
| 87 | CHOPLAIN SERIZOT | Anne sophie | F | SE | | 00:49:43 | 5 | 13 |
| 88 | BENARD | Fabrice | M | V2 | | 00:49:48 | 13 | 75 |
| 89 | CREVEL | Claire | F | V2 | ACB | 00:49:57 | 4 | 14 |
| 90 | LE TALLEC | Yannick | M | V2 | | 00:50:13 | 14 | 76 |
| 91 | VERMANDEL | Alain | M | V3 | 76004 | 00:50:27 | 7 | 77 |
| 92 | GUERY | Joel | M | V2 | | 00:50:34 | 15 | 78 |
| 93 | ZANOUNE | MUSTAPHA | M | SE | | 00:50:36 | 33 | 79 |
| 94 | LEVESQUE | Arnaud | M | V2 | | 00:50:49 | 16 | 80 |
| 95 | JOSSET | Thierry | M | V2 | | 00:50:52 | 17 | 81 |
| 96 | BLANCHET | Pascal | M | V3 | | 00:50:58 | 8 | 82 |
| 97 | ROULLAND | François | M | V2 | | 00:51:02 | 18 | 83 |
| 98 | MARTIN | Olivier | M | V2 | | 00:51:04 | 19 | 84 |
| 99 | THOREL | ALEXANDRE | M | SE | AYCD | 00:51:06 | 34 | 85 |
| 100 | GADONNA | François | M | V1 | ASSO OMNISPORTS RICARVILALISE | 00:51:08 | 21 | 86 |
| 101 | FOUQUIER | NICOLAS | M | V1 | AYCD | 00:51:10 | 22 | 87 |
| 102 | TABARY | JACQUES | M | V4 | AYCD | 00:51:13 | 1 | 88 |
| 103 | PREVOST | Anais | F | SE | Runners76 | 00:51:15 | 6 | 15 |
| 104 | CHAUVIN | Nicolas | M | V1 | | 00:51:17 | 23 | 89 |
| 105 | NICOLLE | Magali | F | V1 | | 00:51:41 | 5 | 16 |
| 106 | MIRABEL | Ludovic | M | V1 | Runners76 | 00:51:44 | 24 | 90 |
| 107 | DELEQUE | Patrice | M | V2 | | 00:51:46 | 20 | 91 |
| 108 | PIGNÉ | Frédéric | M | SE | AUFFAY RUNNING CLUB | 00:51:48 | 35 | 92 |
| 109 | CHARQUET | Laurent | M | V1 | runens76 | 00:52:03 | 25 | 93 |
| 110 | ONFROY | Nicolas | M | SE | AYA | 00:52:05 | 36 | 94 |
| 111 | CAPRON | Lucile | F | V1 | | 00:52:09 | 6 | 17 |
| 112 | LEROUX | Jerome | M | V1 | | 00:52:10 | 26 | 95 |
| 113 | ROQUIN | Grégory | M | V1 | | 00:52:13 | 27 | 96 |
| 114 | RICHARD | Daniel | M | V3 | DLTAC | 00:52:16 | 9 | 97 |
| 115 | MAILLOT | Pascal | M | V1 | | 00:52:19 | 28 | 98 |
| 116 | LABBÉ | Stéphanie | F | V1 | AC BARENTIN | 00:52:24 | 7 | 18 |
| 117 | MONTAGNA | Ingrid | F | V1 | ACBarentin | 00:52:28 | 8 | 19 |
| 118 | GADONNA | Virginie | F | V1 | ASSO OMNISPORTS RICARVILALISE | 00:52:29 | 9 | 20 |
| 119 | BILLAUX | Yannick | M | SE | F76058 aycd | 00:52:33 | 37 | 99 |
| 120 | MIGNOT | Christophe | M | V2 | AC BARENTIN | 00:52:53 | 21 | 100 |
| 121 | MESUREUX | Vincent | M | V2 | Ac Barentin | 00:52:56 | 22 | 101 |
| 122 | BEAUFILS | Mickael | M | SE | | 00:53:00 | 38 | 102 |
| 123 | MORISSE | Laurent | M | V1 | | 00:53:25 | 29 | 103 |
| 124 | VIGNÉ | Pascal | M | V2 | Runners76 | 00:53:47 | 23 | 104 |
| 125 | BOS | Christopher | M | SE | Duclair le trait athlétique club | 00:53:51 | 39 | 105 |
| 126 | LE TALLEC | Certificat | M | SE | | 00:53:53 | 40 | 106 |
| 127 | FIGUER | Yannick | M | V3 | | 00:53:55 | 10 | 107 |
| 128 | GUERY | Alexis | M | SE | | 00:53:57 | 41 | 108 |
| 129 | TRAVERS | Francois | M | V3 | | 00:54:00 | 11 | 109 |
| 130 | LHEUREUX | David | M | V1 | | 00:54:03 | 30 | 110 |
| 131 | SOUDAIS | Thierry | M | V2 | AYA | 00:54:12 | 24 | 111 |
| 132 | GRENIER | Xavier | M | V1 | AC BARENTIN | 00:54:21 | 31 | 112 |
| 133 | GRAUX | Michel | M | V3 | 76004 | 00:54:28 | 12 | 113 |
| 134 | PROVOST | Emmanuel | M | V1 | | 00:54:31 | 32 | 114 |
| 135 | VALLERAN | Philippe | M | V2 | RUNNING VALLOUREC/MANNESMANN | 00:54:54 | 25 | 115 |
| 136 | BUCAILLE | Fabre | M | V1 | | 00:54:57 | 33 | 116 |
| 137 | ROUSSELET | Eric | M | V2 | | 00:55:06 | 26 | 117 |
| 138 | LEPICARD | Isabelle | F | V1 | CGHN | 00:55:09 | 10 | 21 |
| 139 | PENA | Alexandra | F | V1 | | 00:55:12 | 11 | 22 |

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| 140 | DE ARAUJO | Georges | M | V1 | Police Rouen | 00:55:20 | 34 | 118 |
| 141 | MORAND | Frederic | M | SE | TRAIL THE WORLD | 00:55:22 | 42 | 119 |
| 142 | DEBS | Maud | F | SE | TRAIL THE WORLD | 00:55:26 | 7 | 23 |
| 143 | MORAND | Mélanie | F | SE | CA CAUCHOIS | 00:55:29 | 8 | 24 |
| 144 | LANCHON BREUIL | Helene | F | SE | RUNNING VALLOUREC/MANNESMANN | 00:55:30 | 9 | 25 |
| 145 | MARIE | David | M | SE | | 00:55:33 | 43 | 120 |
| 146 | LEMERCIER | Denis | M | V2 | | 00:55:35 | 27 | 121 |
| 147 | MARICAL | Sophie | F | V2 | AYA | 00:55:43 | 5 | 26 |
| 148 | VELLY | Aurelie | F | V1 | | 00:55:47 | 12 | 27 |
| 149 | CACHELEUX | KATIA | F | V1 | AYCD | 00:55:52 | 13 | 28 |
| 150 | MARTINEZ | CLAIRE | F | V1 | AYCD | 00:55:56 | 14 | 29 |
| 151 | DUCHESNE | Cyprien | M | ES | | 00:55:58 | 2 | 122 |
| 152 | MERCIER | Muriel | F | V2 | | 00:56:11 | 6 | 30 |
| 153 | HELUIN | Eric | M | V2 | | 00:56:22 | 28 | 123 |
| 154 | VIDAL LANGLOIS | Gilles | M | SE | | 00:56:23 | 44 | 124 |
| 155 | HANIN | Dominique | M | V2 | | 00:56:27 | 29 | 125 |
| 156 | MARRO | Elodie | F | SE | | 00:56:41 | 10 | 31 |
| 157 | RENAUX | LAURENCE | F | V1 | AYCD | 00:56:49 | 15 | 32 |
| 158 | ANQUETIL | Candice | F | SE | | 00:56:58 | 11 | 33 |
| 159 | MULLER | Bénédicte | F | V1 | | 00:57:03 | 16 | 34 |
| 160 | LEPINE | Jérôme | M | V2 | MONTVILLE RUNNING CLUB | 00:57:06 | 30 | 126 |
| 161 | MAILLARD | Jean-louis | M | V3 | | 00:57:08 | 13 | 127 |
| 162 | PRIETO | Guillaume | M | V1 | LVM "les volants de la mivoie" | 00:57:12 | 35 | 128 |
| 163 | CLAVERIE | Antoine | M | ES | | 00:57:14 | 3 | 129 |
| 164 | PEZANT | Arnaud | M | V2 | | 00:57:17 | 31 | 130 |
| 165 | MARCOND'HUY | Stéphane | M | V2 | APPI JOELETTE TEAM | 00:57:54 | 32 | 131 |
| 166 | EMMENECKER | Olivier | M | V1 | APPI JOELETTE TEAM | 00:57:57 | 36 | 132 |
| 167 | AUBER | Guillaume | M | V1 | APPI JOELETTE TEAM | 00:58:01 | 37 | 133 |
| 168 | GUILLOIN | Damien | M | SE | APPI JOELETTE TEAM | 00:58:08 | 45 | 134 |
| 169 | DUFRESNE | Nicolas | M | V1 | APPI JOELETTE TEAM | 00:58:12 | 38 | 135 |
| 170 | VIARD | Bruno | M | V1 | APPI JOELETTE TEAM | 00:58:15 | 39 | 136 |
| 171 | OVIDE | Bruno | M | V3 | APPI JOELETTE TEAM | 00:58:17 | 14 | 137 |
| 172 | BORYS | Pascal | M | V3 | | 00:58:20 | 15 | 138 |
| 173 | THIEULIN | Mickaël | M | SE | APPI JOELETTE TEAM | 00:58:33 | 46 | 139 |
| 174 | LEMOINE | Grégory | M | V1 | APPI JOELETTE TEAM | 00:58:34 | 40 | 140 |
| 175 | GUERIN | Sébastien | M | V1 | APPI JOELETTE TEAM | 00:58:39 | 41 | 141 |
| 176 | DELAUNAY BRONIQUE | Chrystelle | F | V1 | VIKING CLUB YVETOT | 00:58:42 | 17 | 35 |
| 177 | GALLOIS | Christophe | M | V1 | | 00:58:46 | 42 | 142 |
| 178 | POTTIER | Vincent | M | SE | | 00:58:49 | 47 | 143 |
| 179 | SANNIER | Olivier | M | V2 | | 00:58:51 | 33 | 144 |
| 180 | BEUX | Virginia | F | V1 | | 00:58:55 | 18 | 36 |
| 181 | RIBEIRO | José | M | V3 | jk76 | 00:58:58 | 16 | 145 |
| 182 | CHEUVA | Christophe | M | V1 | | 00:59:00 | 43 | 146 |
| 183 | GUITTET | STEPHANIE | F | V1 | AYCD | 00:59:12 | 19 | 37 |
| 184 | GUITTET | ARNAUD | M | V1 | AYCD | 00:59:19 | 44 | 147 |
| 185 | VIVIEN | Florence | F | V2 | | 00:59:28 | 7 | 38 |
| 186 | LERESTIF | Régine | F | V2 | | 00:59:47 | 8 | 39 |
| 187 | BEAUFILS | Thierry | M | V2 | | 00:59:51 | 34 | 148 |
| 188 | CHAPRE | Cannelle | F | SE | | 01:00:04 | 12 | 40 |
| 189 | PONTHIEUX | Jean michel | M | V2 | | 01:00:09 | 35 | 149 |
| 190 | PARRY | Hubert | M | V2 | | 01:00:52 | 36 | 150 |
| 191 | BALLUET | Sarah | F | V1 | | 01:01:15 | 20 | 41 |
| 192 | BERNARD | Simone | F | V3 | AC VEULAIS | 01:01:21 | 1 | 42 |

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| 193 | LEFRANCOIS | VIRGINIE | F | V1 | AYCD | 01:01:24 | 21 | 43 |
| 194 | DE CASTRO | Manuel | M | V2 | | 01:01:27 | 37 | 151 |
| 195 | HEDIN | Frédéric | M | V1 | | 01:02:16 | 45 | 152 |
| 196 | CALI | Gregory | M | SE | | 01:03:21 | 48 | 153 |
| 197 | PREVEL | Jennifer | F | SE | ASSO OMNISPORTS RICARVILALISE | 01:03:25 | 13 | 44 |
| 198 | PREVEL | Frédéric | M | SE | ASSO OMNISPORTS RICARVILALISE | 01:03:27 | 49 | 154 |
| 199 | TANGUY | Annabelle | F | V1 | | 01:03:31 | 22 | 45 |
| 200 | TINEL | Christophe | M | V2 | 76004 | 01:03:53 | 38 | 155 |
| 201 | DELAHAYE | Laëtitia | F | V1 | | 01:03:57 | 23 | 46 |
| 202 | MOUCHARD | MICKAEL | M | V1 | AYCD | 01:04:07 | 46 | 156 |
| 203 | BERTIN | Jerome | M | V1 | | 01:04:25 | 47 | 157 |
| 204 | BLONDEL | Maxime | M | SE | | 01:04:47 | 50 | 158 |
| 205 | THIBEAUD | Morgan | F | SE | | 01:04:54 | 14 | 47 |
| 206 | DECRETTE | Clémentine | F | SE | | 01:04:57 | 15 | 48 |
| 207 | LESEIGNEUR | Carole | F | V2 | | 01:05:01 | 9 | 49 |
| 208 | DELABRE | Francis | M | V3 | | 01:05:03 | 17 | 159 |
| 209 | CHAMAILLARD | David | M | V1 | | 01:05:09 | 48 | 160 |
| 210 | LERAT | ISABELLE | F | V3 | AYCD | 01:06:22 | 2 | 50 |
| 211 | COLLIBEAUX | Denis | M | V1 | | 01:06:34 | 49 | 161 |
| 212 | MAHAY | Arnaud | M | V3 | | 01:06:38 | 18 | 162 |
| 213 | LEGRAND | Laura | F | V1 | | 01:07:09 | 24 | 51 |
| 214 | BERGERE | Pascal | M | V2 | | 01:07:10 | 39 | 163 |
| 215 | DUVAL | Marc | M | V2 | | 01:07:52 | 40 | 164 |
| 216 | FRUSQUE | Karine | F | V1 | | 01:08:02 | 25 | 52 |
| 217 | FRUSQUE | Sebastien | M | V1 | | 01:08:03 | 50 | 165 |
| 218 | MOAL | Dominique | M | V3 | | 01:08:19 | 19 | 166 |
| 219 | BIGER | François | M | SE | | 01:09:10 | 51 | 167 |
| 220 | ANQUETIL | Camille | F | SE | | 01:09:12 | 16 | 53 |
| 221 | MARTHAZ | Karine | F | V2 | | 01:09:14 | 10 | 54 |
| 222 | ANQUETIL | Bruno | M | V2 | | 01:09:24 | 41 | 168 |
| 223 | PEAUGER | Karine | F | V1 | | 01:10:36 | 26 | 55 |
| 224 | BRANDEL | Alexia | F | SE | | 01:10:41 | 17 | 56 |
| 225 | CAËS | Maxime | M | SE | | 01:10:42 | 52 | 169 |